



INSTITUTE FOR  
YOUTH RESEARCH  
MALAYSIA

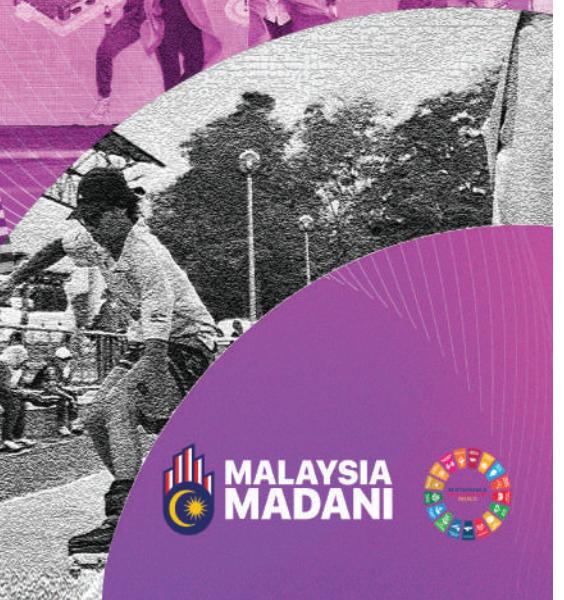
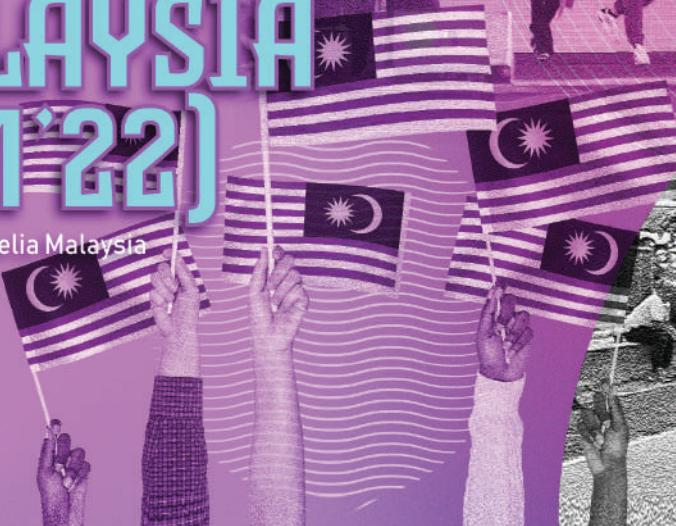


# Facts & Figures **KAJIAN INDEKS BELIA MALAYSIA 2022 (IBM'22)**

Mengukur Kualiti & Kesejahteraan Hidup Belia Malaysia



15-17 JULI 2022  
CIRI-CIRI MELAKA, S.





# Facts & Figures MALAYSIAN YOUTH INDEX 2022 (MYI'22)

Measuring Quality of Life & Well-Being of Malaysian Youth



SAMBUTAN  
BELIA NEGARA 2022

PERINGKAT KEDUNGHORON



AKTIVITAS  
BELIA  
SELEKEDUA

15 - 17 JULI 2022  
C.D. COLLEGE, PRRAN, SA



 MALAYSIA  
MADANI



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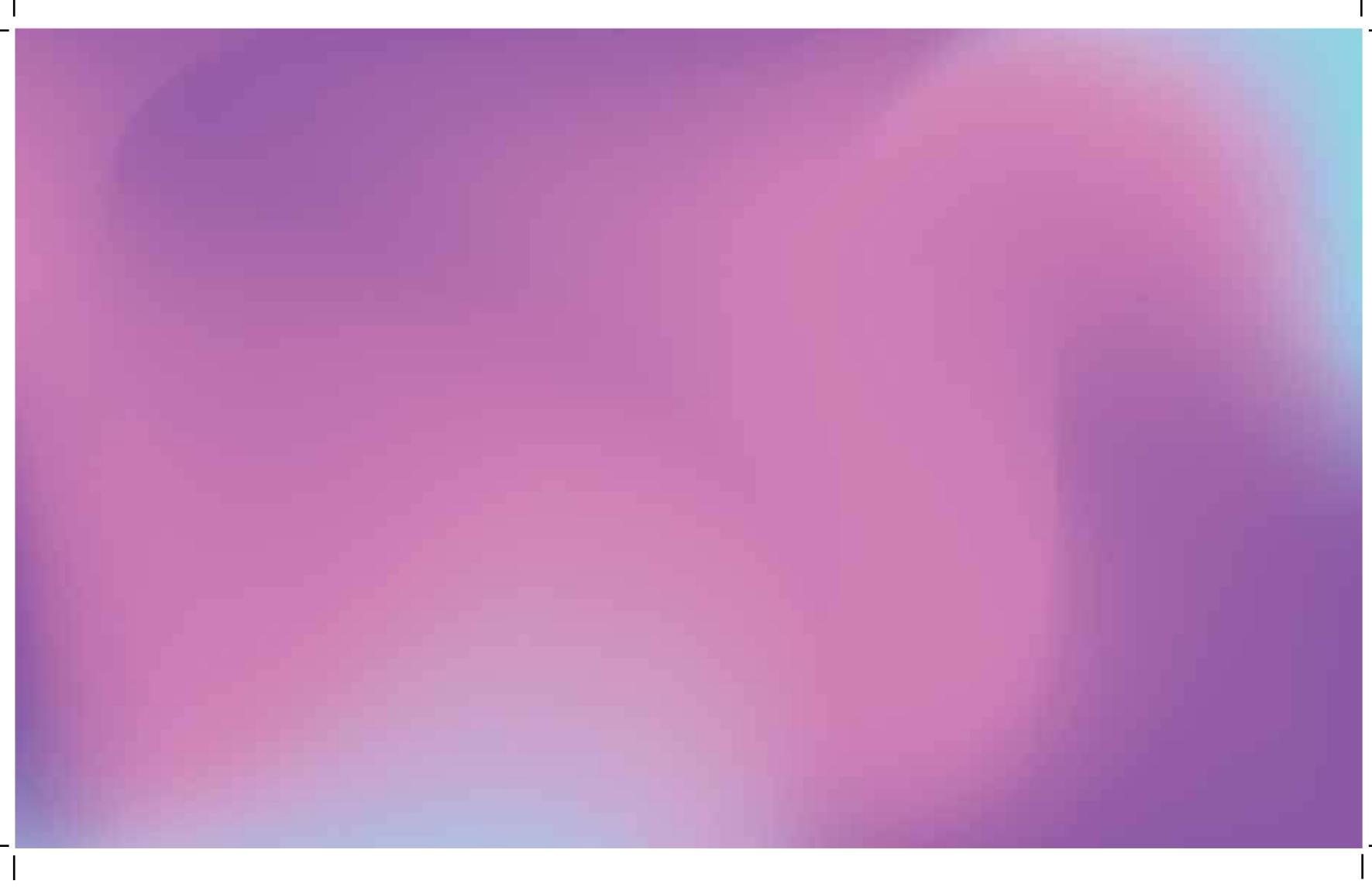
Laman Web : [www.iyres.gov.my](http://www.iyres.gov.my)

# ISI

## KANDUNGAN

NO	TAJUK	MUKA SURAT
1	STATISTIK BELIA MALAYSIA	6
2	SENARIO DAN CABARAN BELIA MALAYSIA	10
3	INDEKS BELIA MALAYSIA 2022 (IBM'22)	16
4	SASARAN PENCAPAIAN INDEKS BELIA MALAYSIA (IBM) 2021-2025	24
5	KRONOLOGI INDEKS BELIA MALAYSIA (IBM)	26

NO	TAJUK	MUKA SURAT
6	KONSEP KUALITI & KESEJAHTERAAN HIDUP BELIA MALAYSIA	30
7	METODOLOGI KAJIAN	40
8	<i>TREND PENCAPAIAN IBM BAGI TAHUN 2015-2022</i>	44
9	PENCAPAIAN IBM DI PERINGKAT NASIONAL	80
10	PENCAPAIAN IBM DI PERINGKAT ANTARABANGSA	82
11	STRATEGI BAGI MENINGKATKAN PNCAPAIAN IBM	88
12	SOALAN LAZIM	92

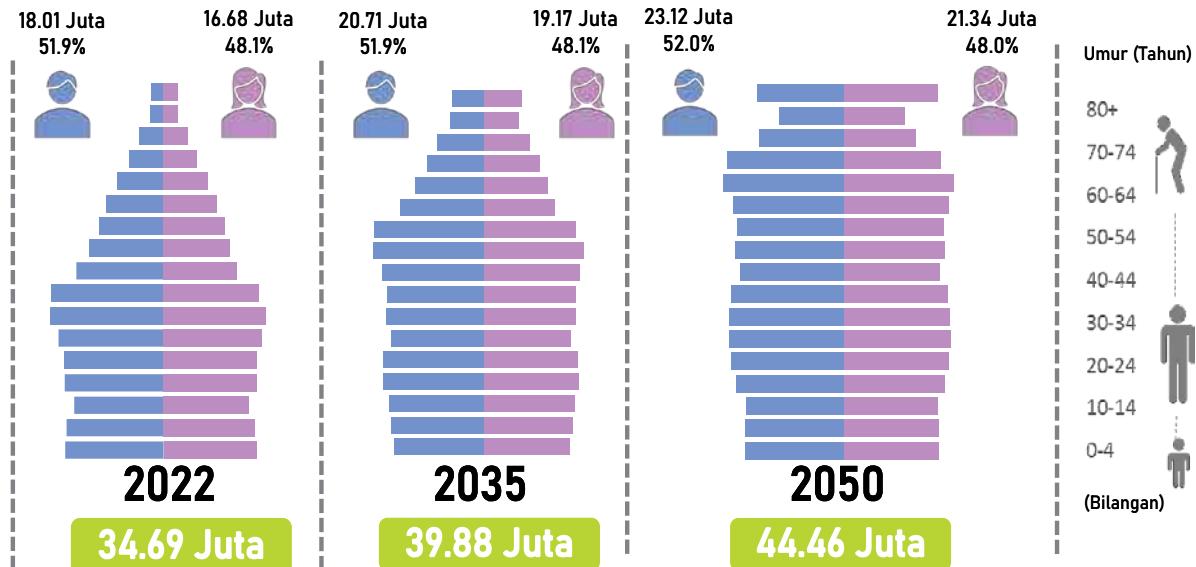


# STATISTIK BELIA MALAYSIA



# UNJURAN PENDUDUK BAGI TAHUN 2022, 2035 & 2050

\*Berdasarkan unjuran penduduk 2022 hingga 2050, Malaysia berhadapan masalah pertumbuhan populasi menua (*Aging Population*) di mana kadar peningkatan sebanyak 16% menjelang tahun 2050.



Nota:

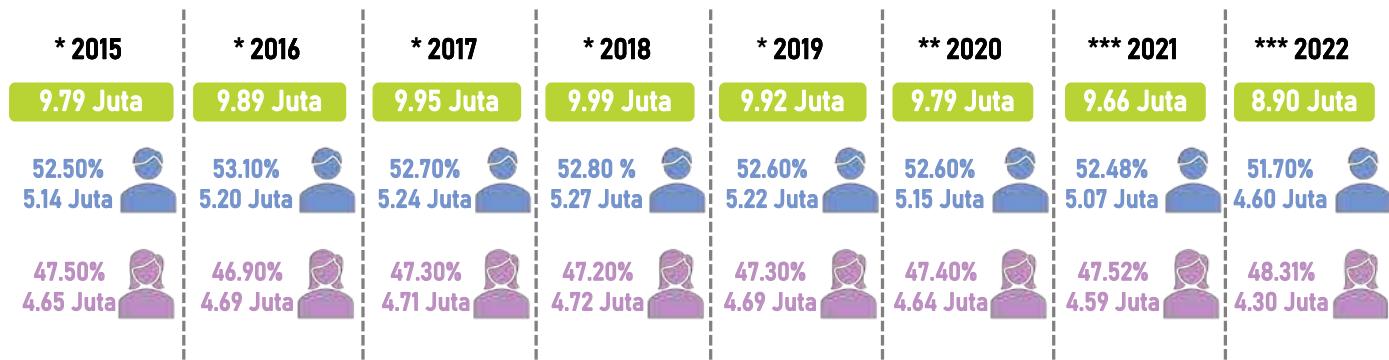
1. Merujuk kepada Kadar Pertumbuhan Tahunan (GR)

2. 2022-2050: Unjuran Penduduk (semakan semula) berdasarkan data Banci Penduduk & Perumahan 2010

3. Hasil tambah mungkin berbeza disebabkan oleh pembundaran

Sumber: Jabatan Perangkaan Malaysia, 2022

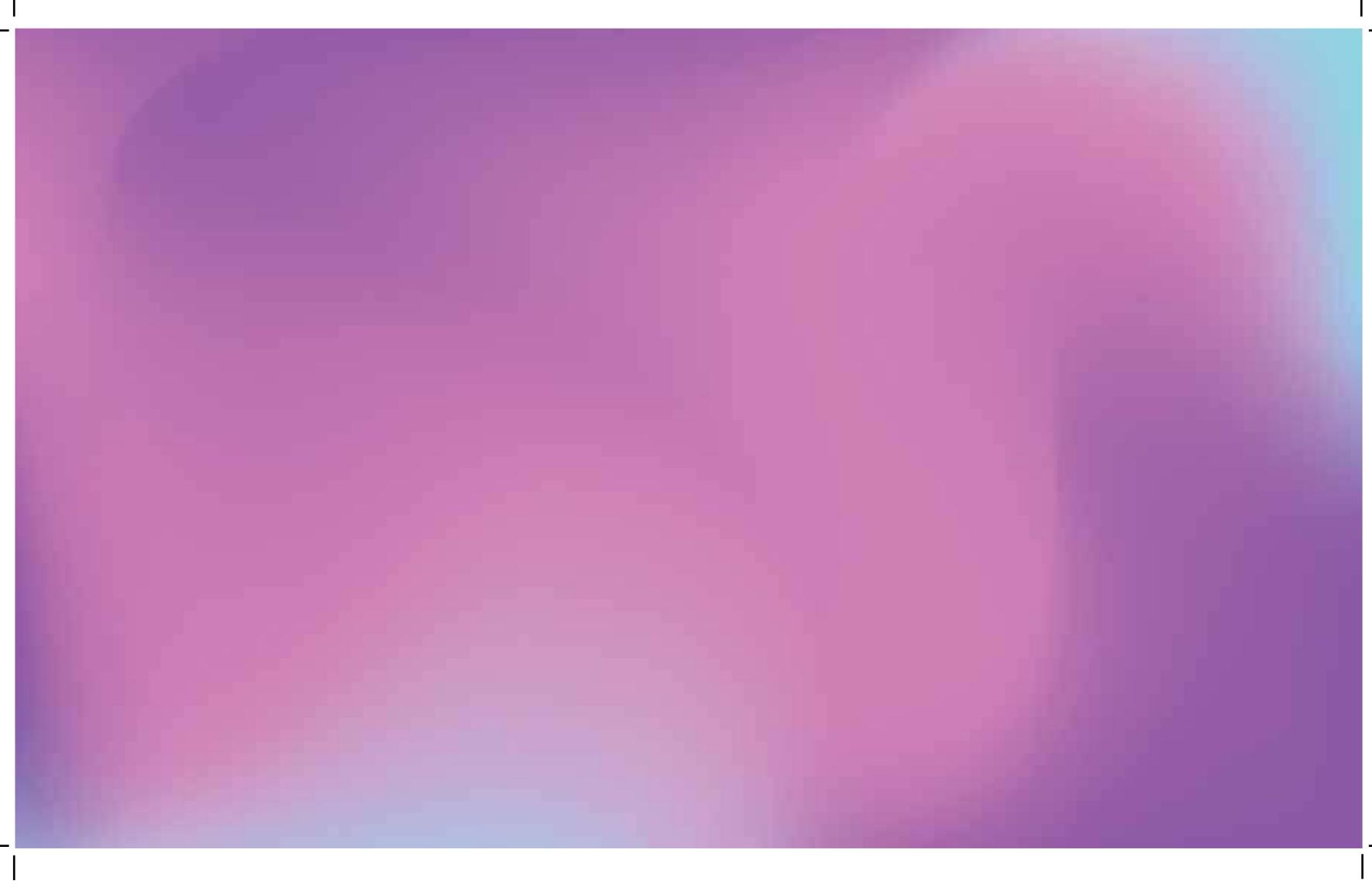
# JUMLAH POPULASI BELIA (15-30 TAHUN) MENGIKUT JANTINA BAGI TAHUN 2015-2022



Nota:

1. \* Anggaran Penduduk Pertengahan Tahun berdasarkan data Banci Penduduk dan Perumahan Malaysia 2010
2. \*\* Unjuran Penduduk (semakan semula) berdasarkan data Banci Penduduk dan Perumahan Malaysia 2010
3. \*\*\* Unjuran Penduduk (semakan semula) berdasarkan data Banci Penduduk dan Perumahan Malaysia 2010
4. Hasil tambah mungkin berbeza kerana pembudaran

Sumber: Jabatan Perangkaan Malaysia, 2022



# SENARIO DAN CABARAN BELIA MALAYSIA



# SENARIO DAN CABARAN BELIA MALAYSIA



## POLITIK

- Literasi Politik
- Kematangan Politik
- Kepimpinan
- Pemikiran Global
- Hubungan Serantau dan Antarabangsa



## SOSIAL

- Pendidikan
- Gejala Sosial
- Kerohanian dan Keagamaan
- Nilai Murni
- Jati Diri dan Perpaduan
- Kesukarelawanan
- Kesihatan Mental dan Fizikal
- Institusi Kekeluargaan
- Sentuhan Insaniah
- Institusi Masyarakat



## EKONOMI

- Kos Sara Hidup
- Budaya Keusahawanan
- Kemahiran
- Pekerjaan
- Belia Miskin Bandar



## TEKNOLOGI

- Teknologi Maklumat dan Komunikasi
- Media Digital atau Sosial
- Inovasi dan Kreativiti
- Sains dan Teknologi

Sumber: Dasar Belia Malaysia(DBM) 2015-2035

# DASAR BELIA MALAYSIA (DBM) 2015-2035

## 4 KONSEP DASAR BELIA MALAYSIA



# RANCANGAN MALAYSIA KEDUA BELAS (2021-2025)

## Bab 5: Menangani Kemiskinan Dan Membangunkan Masyarakat Inklusif

Strategi F2: Membangunkan Belia yang Dinamik, Berdaya Tahan dan Berdaya Saing

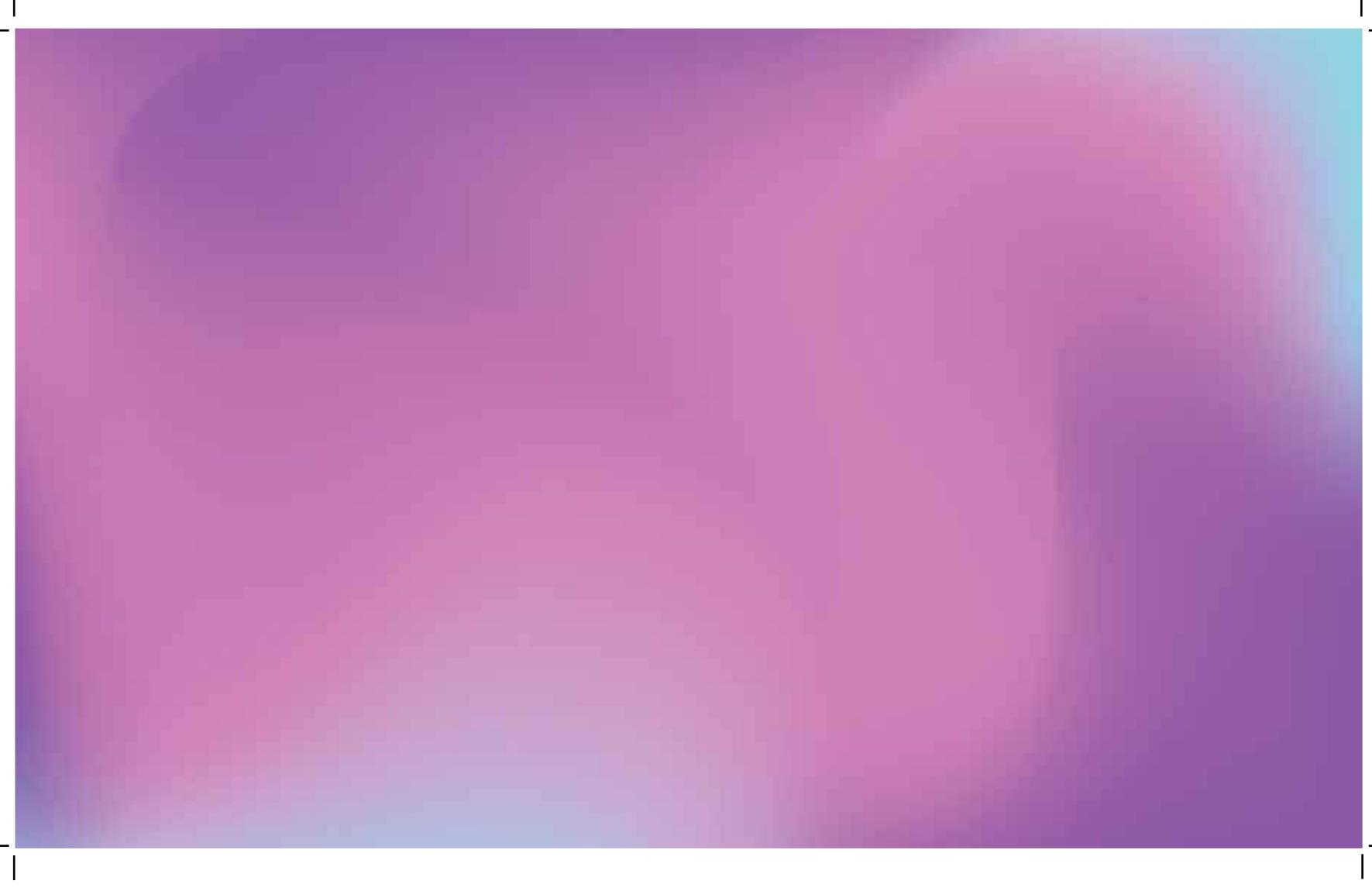


Sumber: Unit Perancang Ekonomi, Jabatan Perdana Menteri (2021)

# PELAN STRATEGIK KBS 2021-2025

Pelan Strategik merumuskan hala tuju dan strategi KBS dalam memacu pembangunan belia dan sukan negara. KBS harus meneraju pelaksanaan dasar dan program yang berkesan bagi memastikan belia diperkasa; sukan digunakan sebagai medium perpaduan terbaik; dan sukan dijadikan sebagai industri yang menyumbang kepada peningkatan ekonomi negara. Pelan ini dirangka berdasarkan 4 teras strategik yang merupakan perkhidmatan teras (*core business*) kementerian

5 Teras strategik	5 Objektif strategik
Pemerkasaan belia yang inklusif berteraskan model baharu pembangunan belia	Meningkatkan kualiti dan kesejahteraan belia
Pembudayaan dan pembangunan sukan secara holistik	Meningkatkan kesejahteraan rakyat melalui sukan
Pemerkasaan bidang TVET berdasarkan industri dan pendigitalan	Pendigitalan ILKBS bagi memenuhi keperluan IR4.0 dan ekonomi gig menjelang tahun 2025
Mengiktiraf industri sukan sebagai pamacu sumber ekonomi negara	Transformasi industri sukan sebagai pemangkin ekosistem negara yang mampan
Pemantapan penyampaian Perkhidmatan Kementerian	Meningkatkan kecekapan dan keberkesanan perkhidmatan penjawat awam kementerian



# INDEKS BELIA MALAYSIA 2022 (IBM'22)



## INDEKS BELIA MALAYSIA 2022 (IBM'22)

Merupakan instrumen atau **penanda aras** yang dibentuk bagi memantau perkembangan kualiti dan kesejahteraan hidup generasi belia Malaysia



Pembentukan domain dan indikator baharu pada tahun 2021 mengandungi **6 Domain dan 41 Indikator** bagi mengenal pasti pola gaya fikir dan gaya hidup semasa belia Malaysia



Input bagi memandu pemegang taruh agar lebih **sensitif dengan perubahan** dalam indikator yang diukur



Rujukan terhadap perubahan dan pembangunan **inovatif** bagi program-program pembangunan belia pada masa akan datang

# KEPENTINGAN IBM'22



# OBJEKTIF IBM'22

1

Menilai perubahan gaya hidup belia melalui perbandingan dengan indeks semasa;

2

Menilai perubahan pencapaian yang berlaku ke atas **domain dan indikator** kualiti dan kesejahteraan hidup belia Malaysia;

3

Menyediakan **input serta cadangan** bagi membentuk polisi dan membangunkan program bersesuaian untuk meningkatkan kualiti dan kesejahteraan hidup belia;

4

Menyediakan input bagi mekanisme **penilaian Dasar Belia Malaysia (DBM) 2015-2035.**

# LIMITASI KAJIAN

## Maklumbalas Responden

Bergantung kepada maklumbalas responden



## Tempoh masa

Pengumpulan data dilaksanakan semasa fasa pasca pandemik



## Belia Malaysia

Responden berumur 15 – 30 tahun sahaja



## Lokasi Kajian

Berpandukan Blok Perhitungan (BP) yang disediakan oleh Jabatan Perangkaan Malaysia (DOSM)



# LITERATURE REVIEW

## *Global Youth Development Index (YDI)*

2013: 0.700  
2016: 0.729  
2020: 0.775

## *ASEAN YDI*

2017: 3/ 10 negara (*Education; Employment & Opportunity; Health & Well-being; & Participation & Engagement*)  
2021: *Values, Awareness & Identity*)

## *Sustainable Development Goals (SDG) 2030*

Goal 1: *No Poverty*  
Goal 3: *Good Health & Well-being*  
Goal 4: *Quality Education*

Goal 6: *Clean Water & Sanitation*  
Goal 8: *Decent Work & Economic Growth*  
Goal 17: *Partnership for The Goals*

## **Rancangan Malaysia Kedua Belas (2021 – 2025)**

Tema 2: Memperkuuh Keselamatan, Kesejahteraan dan Inklusiviti

## **Wawasan Kemakmuran Bersama 2030**

Kumpulan sasaran - belia

## **Dasar Belia Malaysia (DBM) 2015 – 2035**

Enam Mekanisme Penilaian DBM 2015 – 2035

# LITERATURE REVIEW

## Pelan Strategik KBS 2021-2025

Teras Strategik 1: Pemerkasaan belia yang inklusif berteraskan model baharu pembangunan belia

## Membangun Negara Madani

Lapan Teras Utama iaitu:

1. Ekonomi & Kewangan
2. Perundungan
3. Institusi
4. Pendidikan
5. Kebudayaan
6. Kemasyarakatan
7. Bandar
8. Luar bandar

## Sosialisasi Politik, Kenegaraan dan Demokrasi Belia

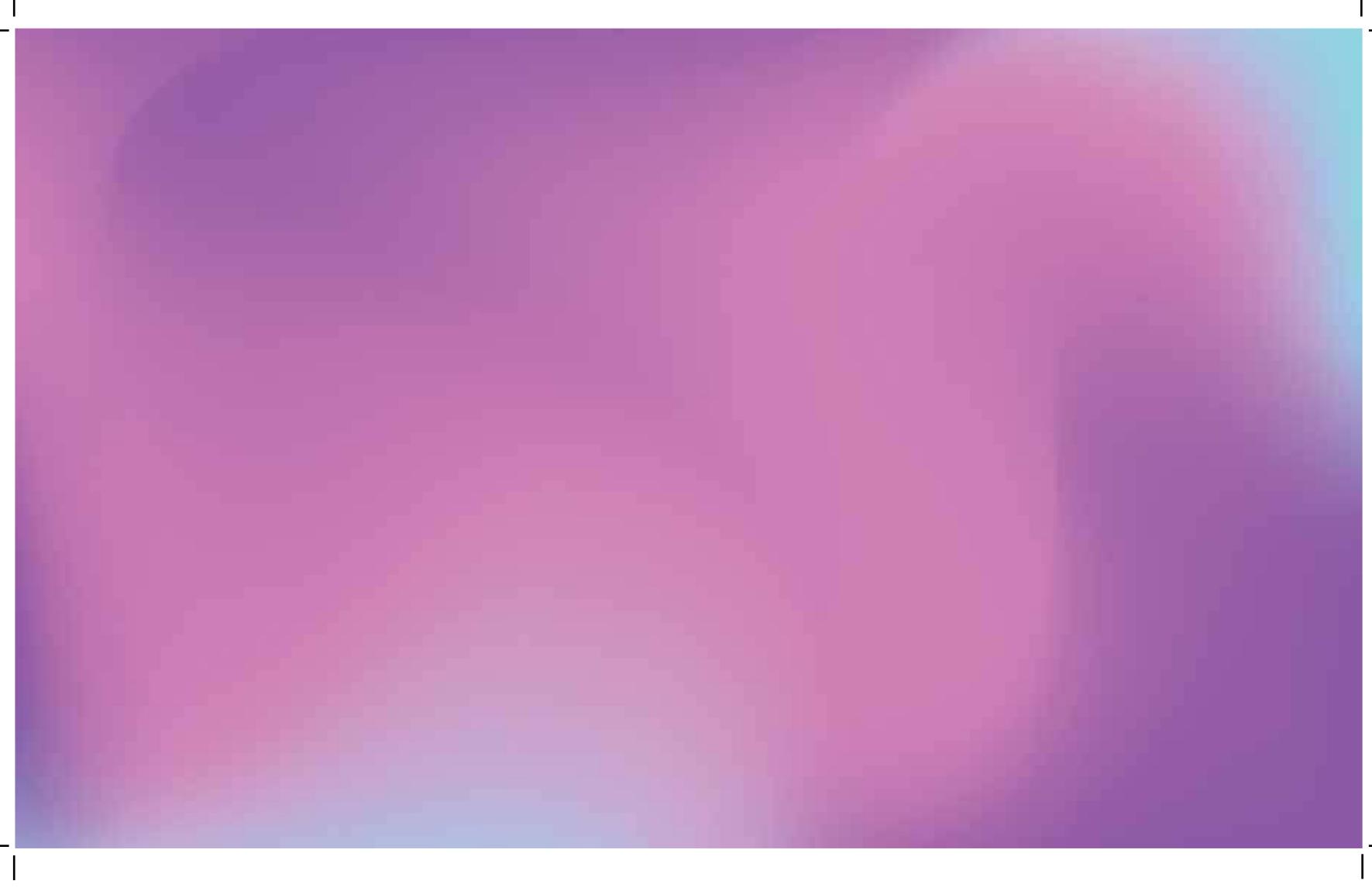
Inisiatif dan strategi bagi meningkatkan celik politik, kenegaraan dan demokrasi

## Perpaduan Belia

Inisiatif dan strategi bagi meningkatkan perpaduan dalam kalangan belia

## Belia Muflis

Inisiatif dan strategi intervensi belia muflis

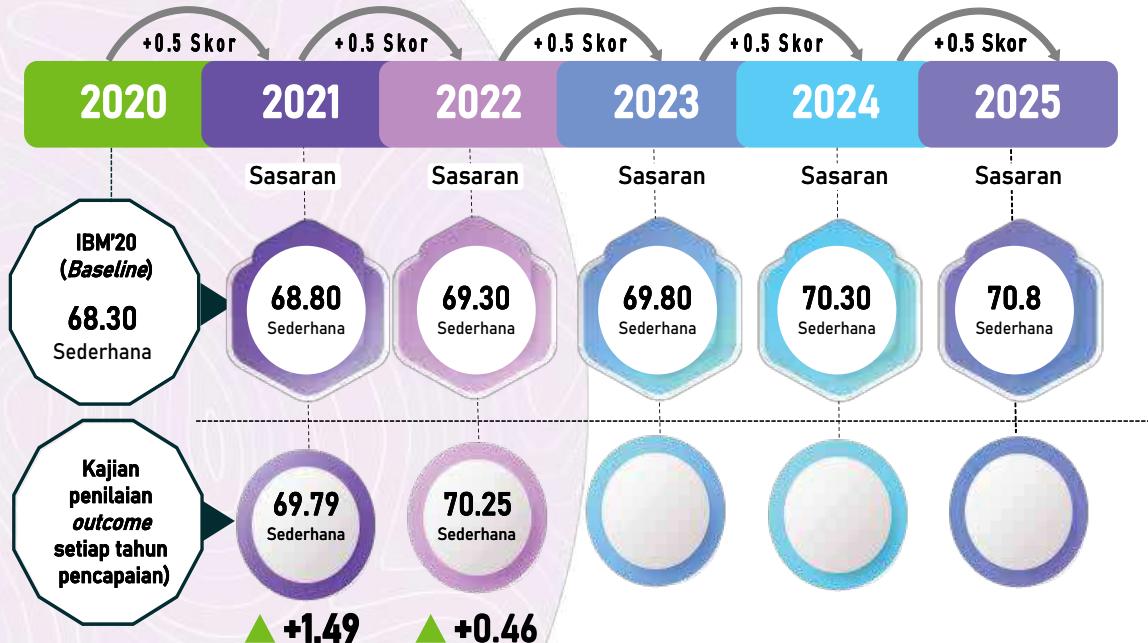


# SASARAN PENCAPAIAN IBM 2021-2025



# SASARAN PENCAPAIAN TAHAP KUALITI & KESEJAHTERAAN HIDUP BELIA MALAYSIA 2021-2025

Sasaran pertambahan sebanyak 0.5 skor setiap tahun. Dipersetujui dan telah diperakurkan di peringkat EPU dan KBS



Sumber: Mesyuarat Penetapan Sasaran Skor Dalam RMKe-12 pada 5 Mac 2020 dan Bab 5, Dokumen RMKe-12 (2021-2025)

# KRONOLOGI IBM



# KRONOLOGI INDEKS BELIA MALAYSIA (IBM)

## *ASEAN Workplan on Youth 2016-2020*

- 2016 - Pembentangan Indeks Belia Malaysia 2015 (IBM'15) di peringkat Sekretariat ASEAN
- Pembentukan Indeks Belia Malaysia merupakan inisiatif di bawah *ASEAN Workplan on Youth 2016-2020*
- 2017 - Pembentangan Indeks Belia Malaysia 2015 (IBM'15) di peringkat Sekretariat Komanwel

## Pengemaskinian dan Penambahbaikan Domain dan Indikator IBM

- Pengemaskinian dan penambahbaikan Indeks Belia Malaysia melalui enam (6) Domain dan 41 Indikator
- Skor Domain dengan nilai pemberat (weightage)

## IBM sebagai input Rancangan Malaysia Ketiga Belas (2026-2030)

- Input kepada perancangan strategik pembangunan belia di peringkat nasional



## *Global Youth Development Index (GYDI) 2020*

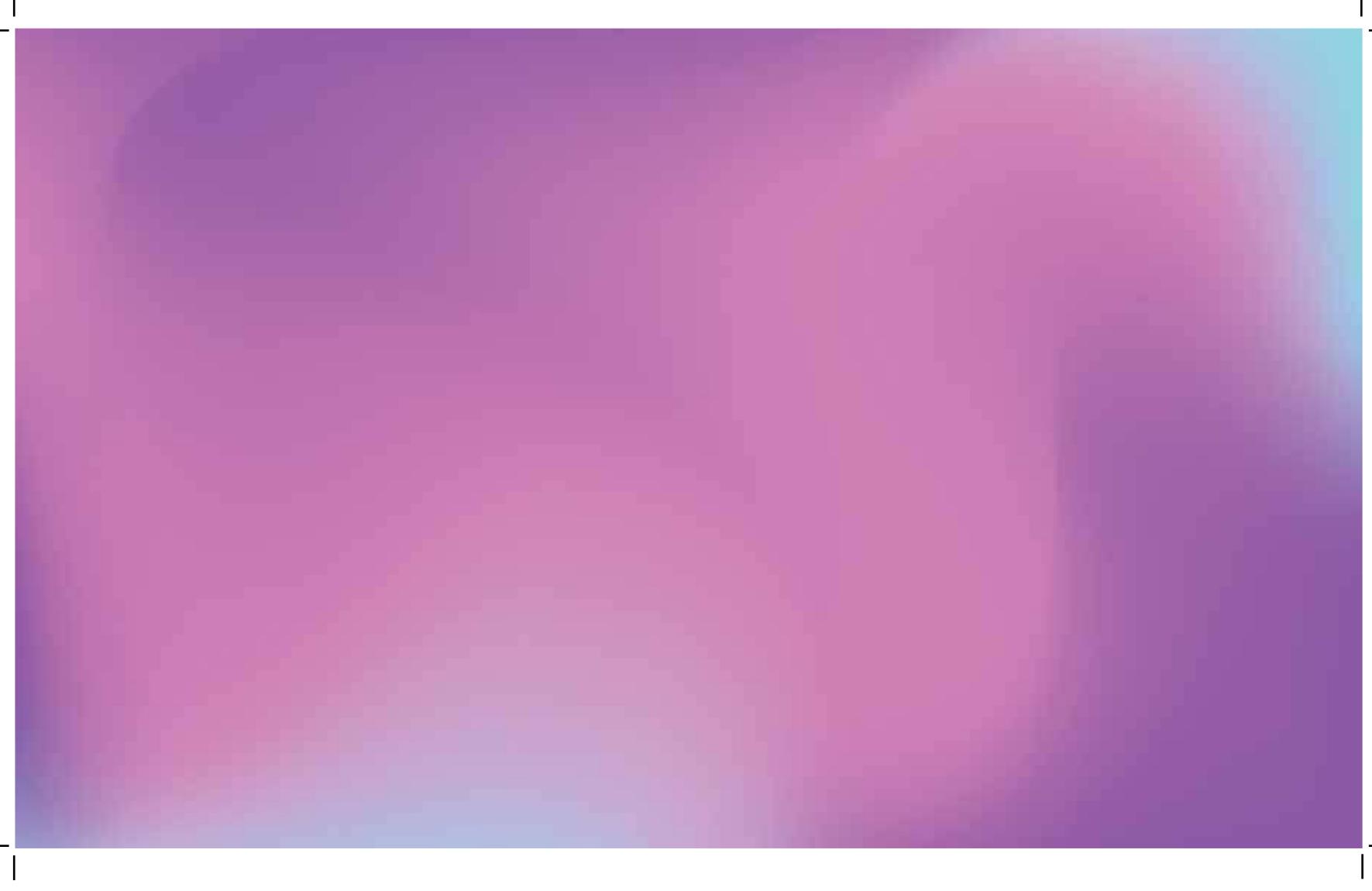
- Pengemaskinian domain dan indikator di peringkat global

## *Key Performance Indicator (KPI) Nasional (RMKe-12)*

- IBM merupakan *Key Performance Indicator (KPI) Nasional* untuk Rancangan Malaysia Kedua Belas (2021 – 2025)
- Sasaran skor IBM 70.8 (Sederhana) pada tahun 2025
- Pelaksanaan Indeks Belia Malaysia merupakan inisiatif di bawah *ASEAN Workplan on Youth 2021-2025*

# KRONOLOGI DOMAIN DAN INDIKATOR IBM





# KONSEP KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA

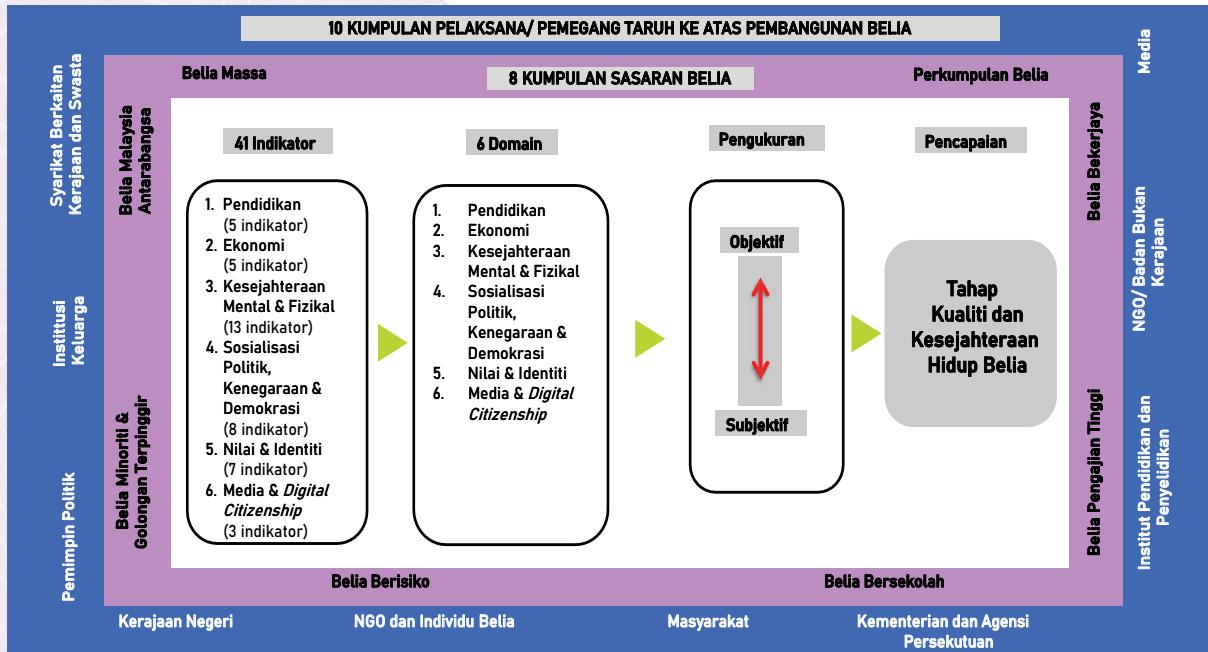


# KONSEP KUALITI DAN KESEJAHTERAAN HIDUP



Sumber : Bubolz et al. 1980, Ventegodt et al., 2003, Zaimah Ramli et al. 2012, Sulaiman Md Yasin et al. 2015

# KERANGKA KONSEP KUALITI & KESEJAHTERAAN MELALUI NATIONAL KEY YOUTH DEVELOPMENT AREA (NKYDA) 2021-2025



Sumber: Diadaptasi dan diubahsuai berdasarkan Kerangka Konsep "Global Youth Development Index" 2016 dan Dasar Belia Malaysia (DBM) 2015-2035

# DEFINISI 6 DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA

## PENDIDIKAN



Akses kepada Pendidikan, pencapaian akademik tertinggi dan tahap penguasaan dalam membaca dan menulis.

## KESEJAHTERAAN MENTAL & FIZIKAL



Tahap literasi kesihatan, kesejahteraan mental dan fizikal, bebas dari penyakit yang dikaitkan dengan amalan cara hidup dan tingkah laku berisiko.

## NILAI & IDENTITI



Prinsip/ garis panduan menjalani kehidupan, ciri-ciri psikologi, semangat, siri kepercayaan, pegangan, nilai diri, kekuatan dan kemampuan dalam diri seseorang yang boleh dibangunkan secara optimum ke arah mencapai sahsiah unggul dan jati diri yang mantap.

## EKONOMI



Tahap ekonomi seseorang yang menggambarkan sejauh mana kedudukan kewangannya.

## SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI



Keterlibatan dalam aktiviti politik meliputi kewujudan polisi berkaitan belia, kewujudan pendidikan pengundi, suara belia secara formal, perbincangan, penyertaan dan mengikuti perkembangan berkaitan isu politik, kenegaraan dan demokrasi.

## MEDIA & DIGITAL CITIZENSHIP



Segala bentuk medium dan saluran bagi menyampaikan informasi dan kemampuan mengelola dan memantau perilaku dalam menggunakan teknologi merangkumi etika, norma dan budaya.

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



**PENDIDIKAN** Akses kepada Pendidikan, pencapaian akademik tertinggi dan tahap penguasaan dalam membaca dan menulis

<b>PENCAPAIAN PENDIDIKAN</b>	Pencapaian Pendidikan pasca menengah belia
<b>ENROLMENT PENDIDIKAN MENENGAH</b>	Nisbah jumlah enrolmen pendidikan menengah (tanpa had umur) kepada populasi yang merujuk kepada kumpulan umur sepadan dengan tahap Pendidikan tersebut
<b>KADAR TAMAT PENDIDIKAN MENENGAH</b>	Kadar belia yang menamatkan pendidikan menengah
<b>LITERASI PENDIDIKAN</b>	Kemahiran membaca dan menulis untuk memahami pernyataan ringkas tentang kehidupan sehari-hari
<b>ENROLMENT TERTIARI</b>	Nisbah enrolmen pendidikan tertiarai (tanpa had umur) kepada populasi yang merujuk kepada kumpulan umur sepadan dengan tahap pendidikan tersebut

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



## EKONOMI    Tahap ekonomi seseorang yang menggambarkan sejauh mana kedudukan kewangannya

JAMINAN KEWANGAN	Keadaan di mana seseorang itu mempunyai perancangan kewangan yang teliti iaitu simpanan atau pelaburan yang membolehkan beliau melalui umur persaraan tanpa perasaan risau
LITERASI KEWANGAN	Kebolehan menggunakan pengetahuan dan kemahiran untuk menguruskan sumber kewangan secara berkesan bagi mencapai kesejahteraan kewangan
BEBAS HUTANG	Kebolehan untuk mengekalkan gaya hidup yang selesa dan pada masa yang sama mempunyai simpanan masa depan serta mengelak daripada bebanan hutang
KEBOLEHPEKERJAAN	Keupayaan untuk mendapat pekerjaan yang sesuai dengan tahap kelayakan
KADAR PENGANGGURAN BELIA	Perkadaran belia yang menganggur (tidak bekerja) kepada jumlah penduduk belia di dalam tenaga buruh

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



## KESEJAHTERAAN MENTAL & FIZIKAL

Tahap literasi kesihatan, kesejahteraan mental dan fizikal, bebas dari penyakit yang dikaitkan dengan amalan cara hidup dan tingkah laku berisiko

KESIHATAN MENTAL	Keupayaan mengatasi ketegangan, perasaan bimbang dan kemurungan disebabkan sesuatu perkara
KESELAMATAN DIRI DAN PERSEKITARAN	Berasa aman dan bebas daripada rasa takut
SANITASI	Sistem kawalan kebersihan diri dan awam
BMI (KADAR BERAT BADAN DAN KETINGGIAN)	Kadar berat badan berbanding ketinggian diri sendiri
WAKTU LAPANG	Kekerapan aktiviti berdasarkan minat seperti hobi, aktiviti rekerasi, hiburan dan penglibatan berpersatuan
MEROKOK/ VAPE	Kadar merokok/ vape belia
AMALAN PEMAKANAN SEIMBANG	Amalan pemakanan belia yang sihat dan seimbang
PENYALAHGUNAAN ALKOHOL	Penggunaan alkohol yang berbahaya mampu merosakkan fizikal dan mental
PENYALAHGUNAAN DADAH	Penggunaan dadah yang bertentangan dengan kepentingan rawatannya
KADAR HIV	Kadar jangkitan HIV
SEXUALLY TRANSMITTED INFECTIONS (STI)	Penyakit yang boleh menjangkiti kesihatan sistem pembiakan daripada seseorang yang mempunyai jangkitan
KADAR KELAHIRAN (ASFR)	Kadar adalah bagi setiap 1,000 perempuan berumur 15-30 tahun
KADAR KEMATIAN (CDR)	Kadar adalah per 1,000 penduduk berumur 15-30 tahun

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



## SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI

Keterlibatan dalam aktiviti politik meliputi kewujudan polisi berkaitan belia, kewujudan pendidikan pengundi, suara belia secara formal, perbincangan, penyertaan dan mengikuti perkembangan berkaitan isu politik, kenegaraan dan demokrasi.

KEWUJUDAN POLISI BERKAITAN PEMBANGUNAN BELIA	Rancangan tindakan yang telah dipersetujui secara rasmi sebagai asas untuk membuat atau melaksanakan sesuatu keputusan berkaitan ketersediaan belia dalam memju belia ke tahap yang lebih tinggi
KEWUJUDAN PENDIDIKAN PENGUNDI <i>(VOTER EDUCATION)</i>	Program memupuk kesedaran masyarakat pelbagai lapisan dan mempromosikan tentang ketelusan dan kecekapan pengurusan pilihan raya dan merancang, membina serta melaksanakan program kesedaran terhadap demokrasi dan pilihan raya
KEBEbasan BERSUARA BELIA	Kebebasan untuk bersuara secara formal melalui saluran yang dipercayai
PERBINCANGAN POLITIK, KENEGARAAN DAN DEMOKRASI	Perbincangan mengenai isu politik, kenegaraan dan demokrasi bersama rakan, keluarga, rakan siber, guru dan lain-lain
MENGIKUTI PERKEMBANGAN AKTIVITI POLITIK, KENEGARAAN DAN DEMOKRASI	Sentiasa mendapat maklumat terkini mengenai politik, kenegaraan dan demokrasi
PENYERTAAN DALAM AKTIVITI POLITIK, KENEGARAAN DAN DEMOKRASI	Menceburi aktiviti yang berkaitan politik termasuk mengundi, menghadiri ceramah politik dan aktif dalam parti politik
PATRIOTISME	Perasaan cinta yang kuat terhadap tanah air
SEMANGAT PERPADUAN	Penyatuan dan perpaduan sosial yang dipamerkan sesebuah masyarakat

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



## NILAI & IDENTITI

**Prinsip/ garis panduan menjalani kehidupan, ciri-ciri psikologi, semangat, siri kepercayaan, pegangan, nilai diri, kekuatan dan kemampuan dalam diri seseorang yang boleh dibangunkan secara optimum ke arah mencapai sahsiah unggul dan jati diri yang mantap.**

BERDAYA	Kemampuan seseorang untuk terus komited dalam melaksanakan sesuatu walaupun menempuh pelbagai cabaran dan halangan
SENSITIVITI/ KEPRIHATINAN	Keprihatinan terhadap nilai dan budaya masyarakat serta penjagaan alam sekitar.
HUBUNGAN SOSIAL	Ikatan antara individu dengan individu lain.
KONSEP KENDIRI	Penghargaan kendiri merupakan darjah penghargaan dan pengiktirafan individu terhadap dirinya sendiri/ harga diri. Efikasi diri melibatkan kepercayaan individu terhadap kebolehan dan keupayaan untuk menyempurnakan sesuatu tugas dengan baik.
GAYA HIDUP	Kepercayaan dan manifestasi kepercayaan kepada tuhan yang berupaya bertindak sebagai petunjuk, pembentukan moral dan melahirkan nilai positif.
KEPIMPINAN	Keupayaan untuk memimpin, bijak membuat keputusan dan mengendalikan sesuatu yang sukar.
KAWALAN DIRI	Kawalan diri merangkumi nilai keikhlasan, keterbukaan, ketulusan, amanah, benar, beretika, tidak mudah dipengaruhi, boleh dipercayai, menepati janji serta potensi belia tidak terlibat dalam aktiviti salah laku sosial.

# DEFINISI INDIKATOR BAGI SETIAP DOMAIN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA



## MEDIA & DIGITAL CITIZENSHIP

Segala bentuk medium dan saluran bagi menyampaikan informasi dan kemampuan mengelola dan memantau perilaku dalam menggunakan teknologi merangkumi etika, norma dan budaya.

AKSES KEPADA MEDIA	Kekerapan penggunaan media.
KESELAMATAN KETIKA MENGGUNAKAN INTERNET	Rasa selamat ketika menggunakan teknologi digital termasuk transaksi kewangan.
LITERASI DIGITAL	Kecekapan menggunakan media digital dengan beretika dan bertanggungjawab untuk memperoleh informasi dan berkomunikasi.

# METODOLOGI KAJIAN



# METODOLOGI KAJIAN INDEKS BELIA MALAYSIA 2022 (IBM'22)

## REKA BENTUK KAJIAN

- Kaedah kuantitatif (edaran sistem soal selidik) dan data sekunder
- *Focus Group Discussion* (Belia: 44 orang dan Pelaksana: 48 orang)
- Analisis dokumen



## SAMPEL KAJIAN

- Belia berumur 15-30 tahun seluruh Malaysia
- 3,202 orang responden seluruh Malaysia



## KAEDAH PERSAMPLEAN

- Pemilihan responden mewakili pelbagai etnik, jantina dan lokaliti tempat tinggal
- Menggunakan blok perhitungan



## PENGUMPULAN DATA

- Menggunakan khidmat IYRES *Community Enumerator* (ICE)
- 156 orang enumerator seluruh Malaysia
- 13 penyelia negeri
- 10 orang enumerator Kajian Rintis



# KAEDAH PEMBENTUKAN SKOR INDEKS BELIA MALAYSIA 2022 (IBM'22)

**Skor Indikator :**  $\bar{x}_{\text{indikator}} = \frac{\sum_k \frac{M_k - M_k^s}{R}}{n_{\text{item}}} \times 100 \quad k = 1, 2, \dots, n_{\text{item}}$

**Skor domain :**  $\bar{x}_{\text{domain}} = \frac{\sum_i \bar{x}_{\text{indikator}}}{n_{\text{indikator}}} \quad i = 1, 2, \dots, n_{\text{indikator}}$

**Indeks** :  $\bar{x}_{\text{indeks}} = \frac{\sum_d \bar{x}_{\text{domain}}}{n_{\text{domain}}} \quad d = 1, 2, \dots, n_{\text{domain}}$

**Petunjuk:**

$M_k^s$  = nilai minimum skala

$M_k$  = min

$R$  = nilai maksima skala – nilai minimum skala

$n$  = bilangan

Kajian ini menggunakan indeks "0" sebagai skor minimum dan indeks "100" sebagai skor maksimum. Semakin tinggi skor, maka lebih baik kualiti dan kesejahteraan hidup keseluruhan belia Malaysia, berdasarkan skala di bawah.



# PEMBERAT DOMAIN IBM'22

BIL.	DOMAIN	PEMBERAT (%)		
		GLOBAL	ASEAN	MALAYSIA
1	PENDIDIKAN	25% ( <i>Global Youth Index, 2016</i> )	30% ( <i>Youth Development Index, 2017</i> )	20.0%
2	EKONOMI	25% ( <i>Global Youth Index, 2016</i> )	30% ( <i>Youth Development Index, 2017</i> )	20.0%
3	KESEJAHTERAAN MENTAL & FIZIKAL	25% ( <i>Global Youth Index, 2016</i> )	30% ( <i>Youth Development Index, 2017</i> )	20.0%
4	SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI	15% ( <i>Global Youth Index, 2016</i> )	-	15.0%
5	NILAI & IDENTITI	10% ( <i>Global Youth Index, 2016</i> )	10% ( <i>Youth Development Index, 2017</i> )	12.5%
6	MEDIA & DIGITAL CITIZENSHIP	10.94% ( <i>The Global Youth Wellbeing Index, 2017</i> )	-	12.5%
<b>JUMLAH</b>		-	<b>100%</b>	<b>100%</b>

Sumber : First ASEAN Youth Development Index (2017); Global Youth Index and Report (2016) & (2020) dan The Global Youth Wellbeing Index (2017)

# *TREND* PENCAPAIAN IBM 2015-2022



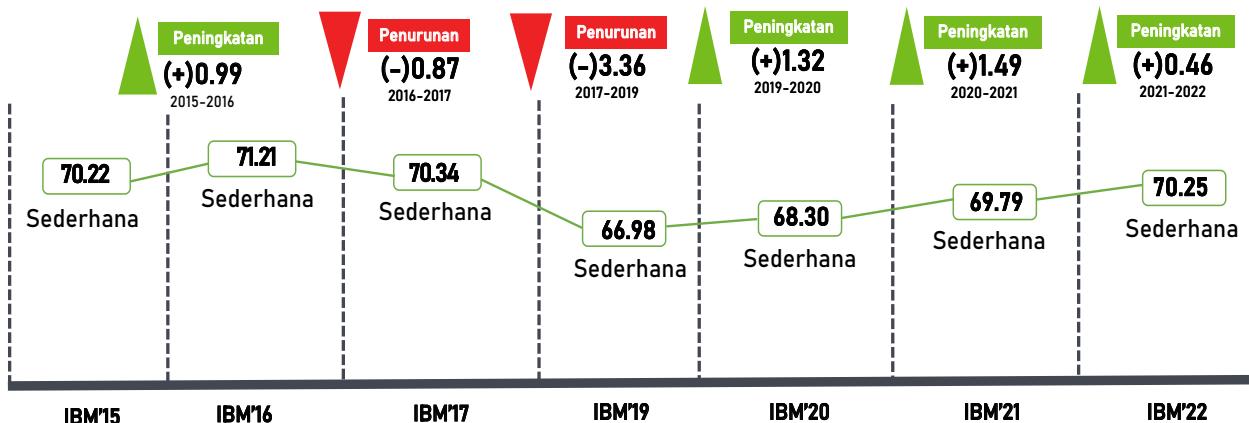
# IBM'22 HIGHLIGHTS



# IBM'22 HIGHLIGHTS



# TREND PENCAPAIAN TAHAP KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA 2015 - 2022



Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2021). Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2020). Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2019). Kajian Penilaian Outcome Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2017). Kajian Penilaian Outcome Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2016). Kajian Penilaian Outcome Indeks Belia Malaysia . Putrajaya: IYRES  
 Institut Penyelidikan Pembangunan Belia Malaysia. (2015). Indeks Belia Malaysia . Putrajaya: IYRES



# SKOR KESELURUHAN IBM'21 DAN IBM'22

BIL	DOMAIN	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22
1	PENDIDIKAN	82.50	83.64	1. Pencapaian Pendidikan 2. Literasi Pendidikan 3. Enrolmen Pendidikan Menengah 4. Kadar Tamat Pendidikan Menengah 5. Enrolmen Tertiari	97.20 95.00 89.41 82.30 48.59	96.78 94.97 92.11 84.59 49.75
2	EKONOMI	59.07	58.55	1. Jaminan Kewangan 2. Literasi Kewangan 3. Bebas Hutang 4. Kebolehpekerjaan 5. Kadar Pengangguran Belia	50.45 62.90 45.08 42.10 9.20	41.67 62.72 47.74 44.02 7.40
3	KESEJAHTERAAN MENTAL & FIZIKAL	68.91	72.23	1. Kesihatan Mental 2. Keselamatan Diri dan Persekutuan 3. Sanitasi 4. BMI (Kadar Berat Badan Dan Ketinggian) 5. Waktu Lapang 6. Merokok/ Vape 7. Amalan Pemakanan Seimbang 8. Penyalahgunaan Alkohol 9. Penyalahgunaan Dadah 10. Kadar HIV 11. Kadar Sexually Transmitted Infections (STI) 12. Kadar Kelahiran (ASFR) 13. Kadar Kematian (CDR)	85.03 54.20 33.70 59.00 48.49 16.39 46.11 0.01 0.10 0.02 0.04 53.60	88.56 69.47 67.85 42.05 42.43 26.47 44.69 0.01 0.08 0.02 0.04 58.20 0.60
4	SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI	60.31	58.64	1. Kewujudan Polisi Berkaitan Pembangunan Belia 2. Kewujudan Pendidikan Mengundi 3. Kebebasan Bersuara Belia 4. Perbincangan Politik, Kenegaraan dan Demokrasi 5. Mengikuti Perkembangan Aktiviti Politik, Kenegaraan dan Demokrasi 6. Penyertaan Dalam Aktiviti Politik, Kenegaraan dan Demokrasi 7. Patriotisme 8. Semangat Perpaduan	70.87 69.12 71.19 47.63 42.86 35.52 65.40 79.89	68.12 67.21 68.09 47.34 42.87 34.66 63.37 77.44
5	NILAI & IDENTITI	75.00	75.22	1. Berdaya 2. Sensitiviti/ Keprahatinan 3. Hubungan Sosial 4. Konsep Kendiri 5. Gaya Hidup 6. Kepimpinan 7. Kawalan Diri	67.52 68.50 74.01 74.30 78.87 74.50 87.28	75.34 67.72 73.90 73.37 77.90 72.67 85.62
6	MEDIA & DIGITAL CITIZENSHIP	74.23	73.21	1. Akses Kepada Media 2. Keselamatan Ketika Menggunakan Internet 3. Literasi Digital	68.33 81.70 72.65	64.63 84.57 70.43
SKOR KESELURUHAN				69.79	70.25	



- Pencapaian skor keseluruhan IBM'22 (70.25) meningkat 0.46 berbanding IBM'21 (69.79);
- Pengiraan skor menggunakan data primer dan sekunder; dan
- Pengiraan skor berdasarkan kepada pemberat mengikut keutamaan domain.

# SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
1	PENDIDIKAN	20	82.50	83.64	1. Pencapaian Pendidikan 2. Literasi Pendidikan 3. Enrolmen Pendidikan Menengah 4. Kadar Tamat Pendidikan Menengah 5. Enrolmen Tertiari	97.20 95.00 89.41 82.30 48.59	96.78 94.97 92.11 84.59 49.75	Primer Sekunder Sekunder Sekunder Sekunder

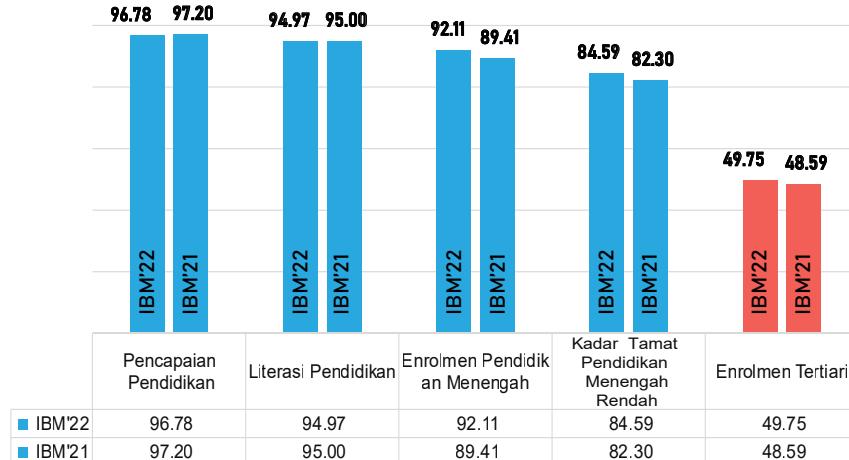




## PENCAPAIAN DOMAIN PENDIDIKAN DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer & Sekunder)

### SKOR DOMAIN PENDIDIKAN

IBM'22      83.64  
*(Sangat Memuaskan)*  
IBM'21      82.50  
*(Sangat Memuaskan)*



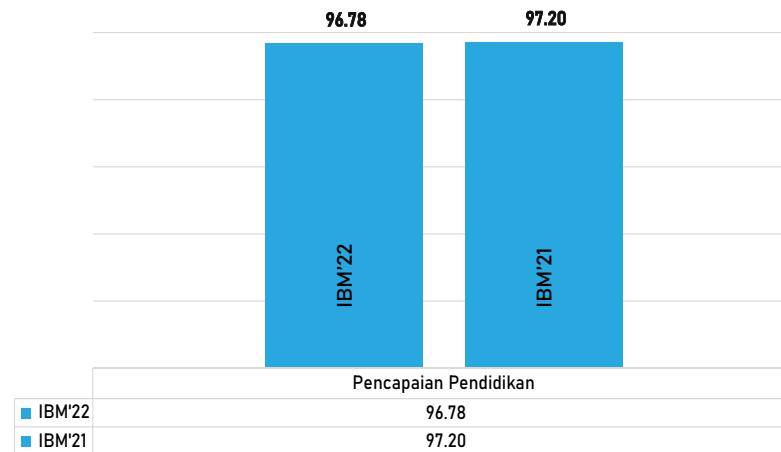
Sumber:  
Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES





## PENCAPAIAN DOMAIN PENDIDIKAN DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Primer)

SKOR DOMAIN PENDIDIKAN	
IBM'22	83.64 (Sangat Memuaskan)
IBM'21	82.50 (Sangat Memuaskan)



*Sumber:*

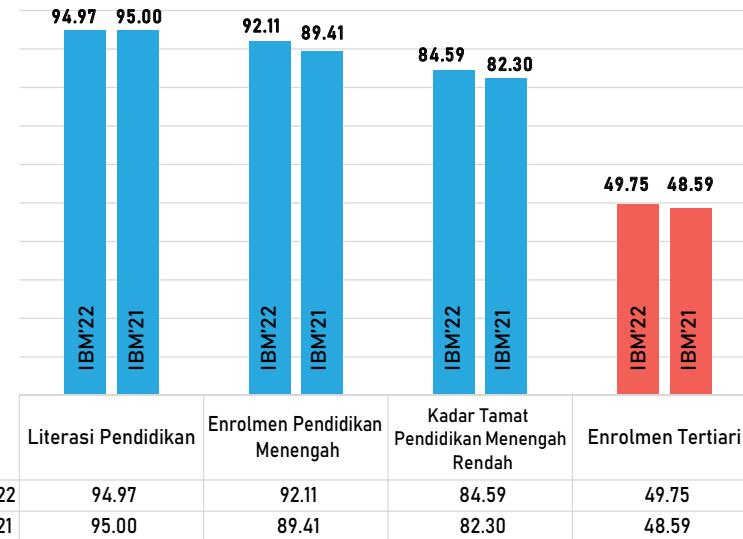
Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES





## PENCAPAIAN DOMAIN PENDIDIKAN DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Sekunder)

SKOR DOMAIN PENDIDIKAN	
IBM'22	83.64 (Sangat Memuaskan)
IBM'21	82.50 (Sangat Memuaskan)



Sumber:  
Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN PENDIDIKAN (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN PENDIDIKAN (PELAKSANA)



# SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

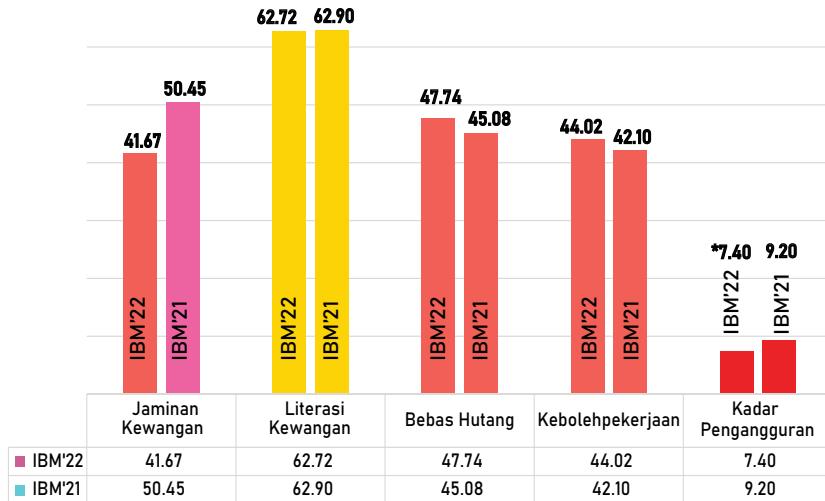
BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
2	EKONOMI	20	59.07	58.55	1. Jaminan Kewangan 2. Literasi Kewangan 3. Bebas Hutang 4. Kebolehpekerjaan 5. Kadar Pengangguran	50.45 62.90 45.08 42.10 9.20	41.67 62.72 47.74 44.02 7.40	Primer Primer Primer Primer Sekunder





## PENCAPAIAN DOMAIN EKONOMI DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer & Sekunder)

SKOR DOMAIN EKONOMI	
IBM'22	58.55 (Kurang Memuaskan)
IBM'21	59.07 (Kurang Memuaskan)



Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES

\* Nota: Kadar pengangguran ialah perkadaran penduduk yang menganggur (tidak bekerja) kepada jumlah penduduk di dalam tenaga buruh. Kadar ini mengukur peratus penduduk di dalam tenaga buruh yang tidak bekerja (menurun pada 2021 (9.20%) berbanding pada Mac 2020 (11.3%).

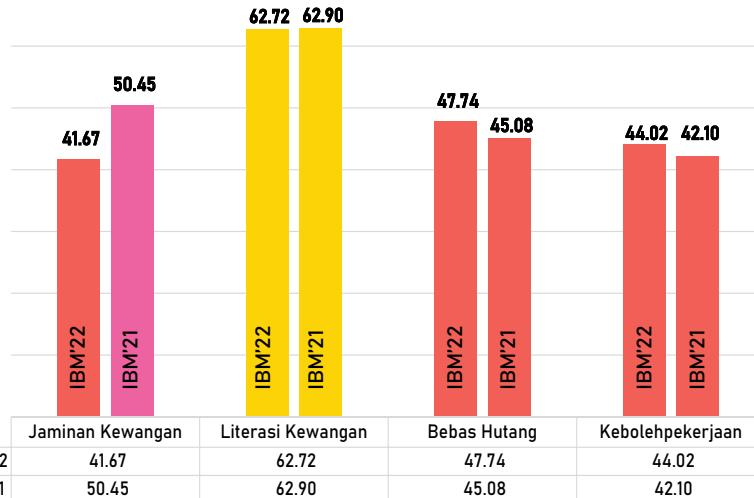




## PENCAPAIAN DOMAIN EKONOMI DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Primer)

### SKOR DOMAIN EKONOMI

IBM'22                    58.55  
                              (Kurang Memuaskan)  
  
IBM'21                    59.07  
                              (Kurang Memuaskan)



Sumber:

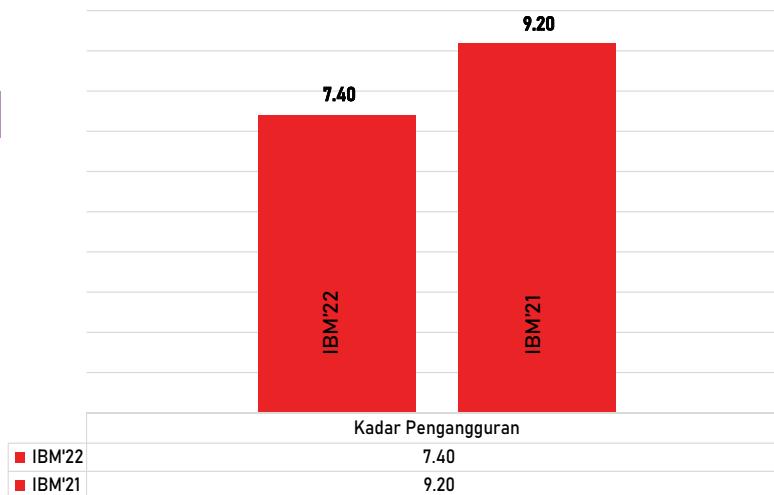
Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES





## PENCAPAIAN DOMAIN EKONOMI DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Sekunder)

SKOR DOMAIN EKONOMI	
IBM'22	58.55 (Kurang Memuaskan)
IBM'21	59.07 (Kurang Memuaskan)



*Sumber:*

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES

\* Nota: Kadar pengangguran ialah perkadaran penduduk yang menganggur (tidak bekerja) kepada jumlah penduduk di dalam tenaga buruh. Kadar ini mengukur peratus penduduk di dalam tenaga buruh yang tidak bekerja (menurun pada 2021 (9.20%) berbanding pada Mac 2020 (11.3%)).



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN EKONOMI (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN EKONOMI (PELAKSANA)



# SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
3	KESEJAHTERAAN MENTAL & FIZIKAL	20	68.91	72.23	1. Kesihatan Mental 2. Keselamatan Diri dan Persekutaran 3. Sanitasi 4. BMI (Kadar Berat Badan dan Ketinggian) 5. Waktu Lapang 6. Merokok/ Vape 7. Amalan Pemakanan Seimbang 8. Penyalahgunaan Alkohol 9. Penyalahgunaan Dadah 10. Kadar HIV 11. <i>Sexually Transmitted Infections (STI)</i> 12. Kadar Kelahiran (ASFR) 13. Kadar Kematian (CDR)	85.03 54.20 33.70 59.00 48.49 16.39 46.11 0.01 0.10 0.02 0.04 53.60 0.58	88.56 69.47 67.85 42.05 42.43 26.47 44.69 0.01 0.08 0.02 0.04 58.20 0.60	Primer Primer Primer Primer Primer Primer Primer Sekunder Sekunder Sekunder Sekunder Sekunder





## PENCAPAIAN DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer & Sekunder)

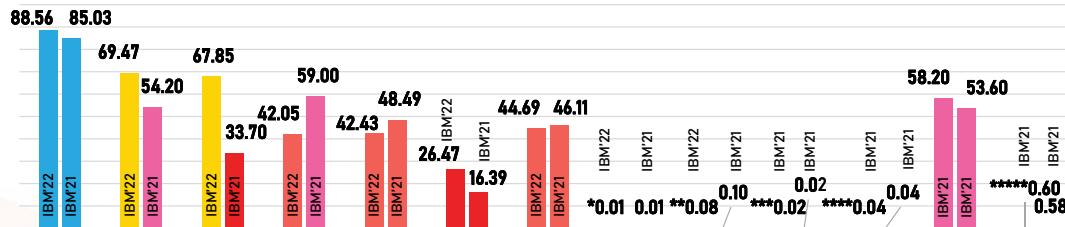
### SKOR DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL

IBM'22

IBM'21

72.23 (Sederhana)

68.91 (Sederhana)



	Kesihatan Mental	Keselamatan Diri dan Persekitaran	Sanitasi	Persepsi Terhadap Berat Badan	Waktu Lapang	Merokok/Vape	Amalan Pemakanan Seimbang	Penyalahgunaan Alkohol	Penyalahgunaan Dadah	Kadar HIV	Sexually Transmitted Infections (STI)	Kadar Kelahiran (ASFR)	Kadar Kematian (CDR)
■	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22	IBM'22
■	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21	IBM'21
	88.56	85.03	69.47	54.20	67.85	33.70	42.05	59.00	42.43	48.49	26.47	16.39	44.69
													46.11

Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES

\*Nota: Tiada Penyalahgunaan Alkohol adalah 99.99 (Sangat Memuaskan)

\*\*Nota: Tiada Penyalahgunaan Dadah adalah 99.92 (Sangat Memuaskan)

\*\*\*Nota: Kadar Tiada HIV adalah 99.98 (Sangat Memuaskan)

\*\*\*\*Nota: Kadar Tiada STI adalah 99.96 (Sangat Memuaskan)

\*\*\*\*\*Nota: Kadar Kematian Kasar merujuk kepada bilangan kematian bagi setiap 1,000 penduduk dengan nilai 5.4 bagi penduduk Malaysia secara keseluruhan.





## PENCAPAIAN DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Primer)

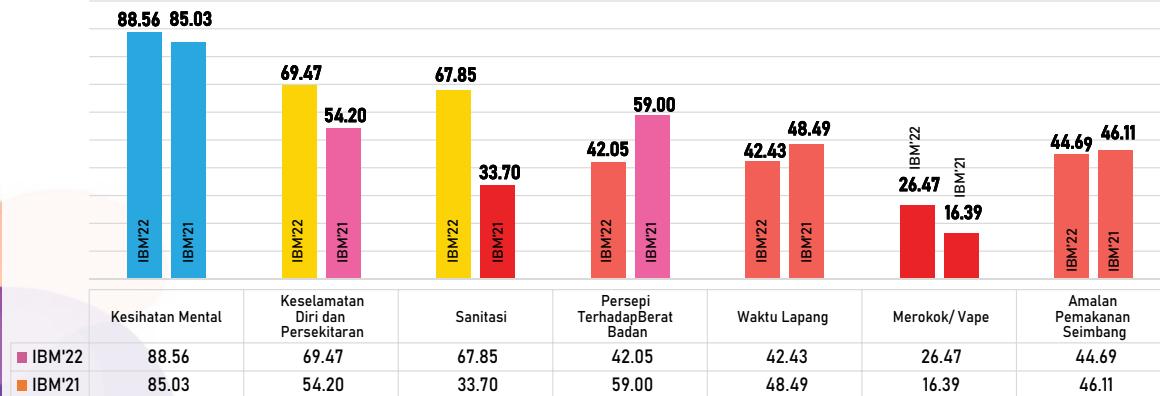
SKOR DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL

IBM'22

72.23 (Sederhana)

IBM'21

68.91 (Sederhana)



Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES





## PENCAPAIAN DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL DAN INDIKATOR BAGI IBM'21 & IBM'22 (Data Sekunder)

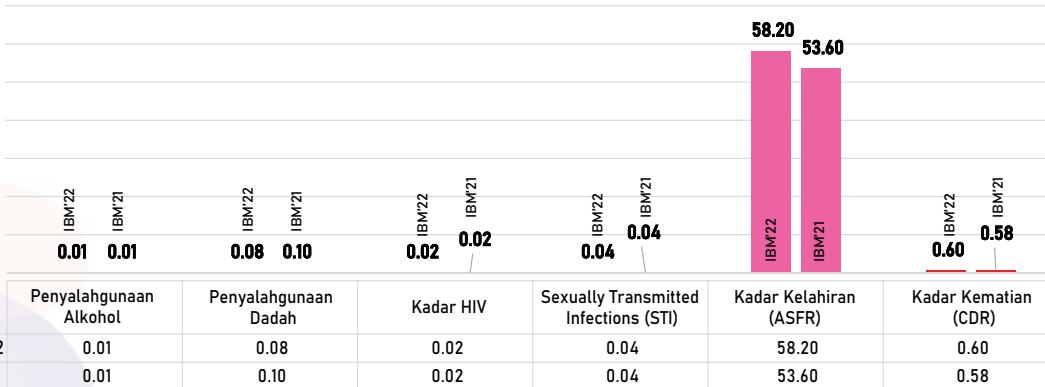
### SKOR DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL

IBM'22

72.23 (Sederhana)

IBM'21

68.91 (Sederhana)



Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES

\*Nota: Tiada Penyalahgunaan Alkohol adalah 99.99 (Sangat Memuaskan)

\*\*Nota: Tiada Penyalahgunaan Dadah adalah 99.92 (Sangat Memuaskan)

\*\*\*Nota: Kadar Tiada HIV adalah 99.98 (Sangat Memuaskan)

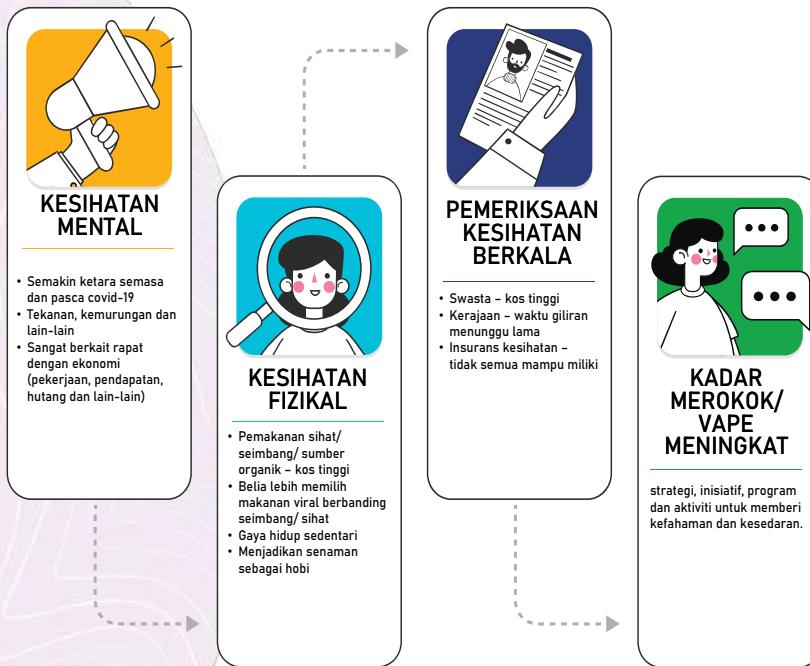
\*\*\*\*Nota: Kadar Tiada STI adalah 99.96 (Sangat Memuaskan)

\*\*\*\*\*Nota: Kadar Kematian Kasar merujuk kepada bilangan kematian bagi setiap 1,000 penduduk dengan nilai 5.4 bagi penduduk Malaysia secara keseluruhan.



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN KESEJAHTERAAN MENTAL & FIZIKAL (PELAKSANA)



# SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
4	SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI	15	60.31	58.64	1. Kewujudan Polisi Berkaitan Pembangunan Belia 2. Kewujudan Pendidikan Mengundi 3. Kebebasan Bersuara Belia 4. Perbincangan Politik, Kenegaraan dan Demokrasi 5. Mengikuti Perkembangan Aktiviti Politik, Kenegaraan dan Demokrasi 6. Penyertaan Dalam Aktiviti Politik, Kenegaraan dan Demokrasi 7. Patriotisme 8. Semangat Perpaduan	70.87 69.12 71.19 47.63 42.86 35.52 65.40 79.89	68.12 67.21 68.09 47.34 42.87 34.66 63.37 77.44	Primer Primer Primer Primer Primer Primer Primer Primer

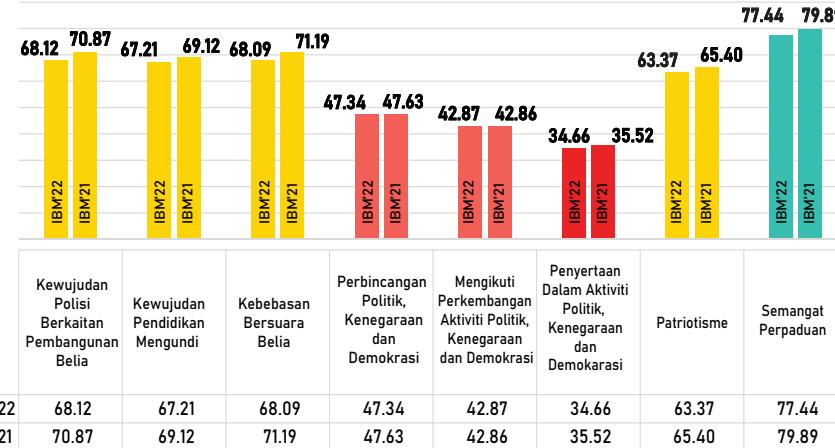




## PENCAPAIAN DOMAIN POLITIK, KENEGARAAN & DEMOKRASI DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer)

### SKOR DOMAIN SOSIALISASI POLITIK, KENEGARAAN & DEMOKRASI

IBM'22                    58.64  
*(Kurang Memuaskan)*  
IBM'21                    60.31  
*(Sederhana)*



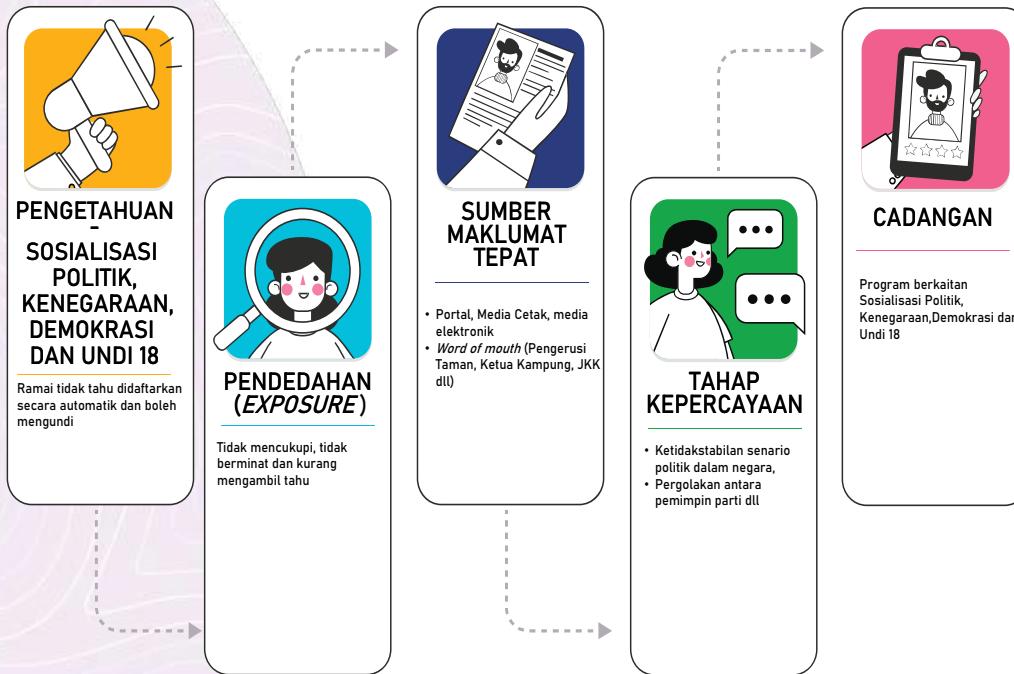
#### Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES



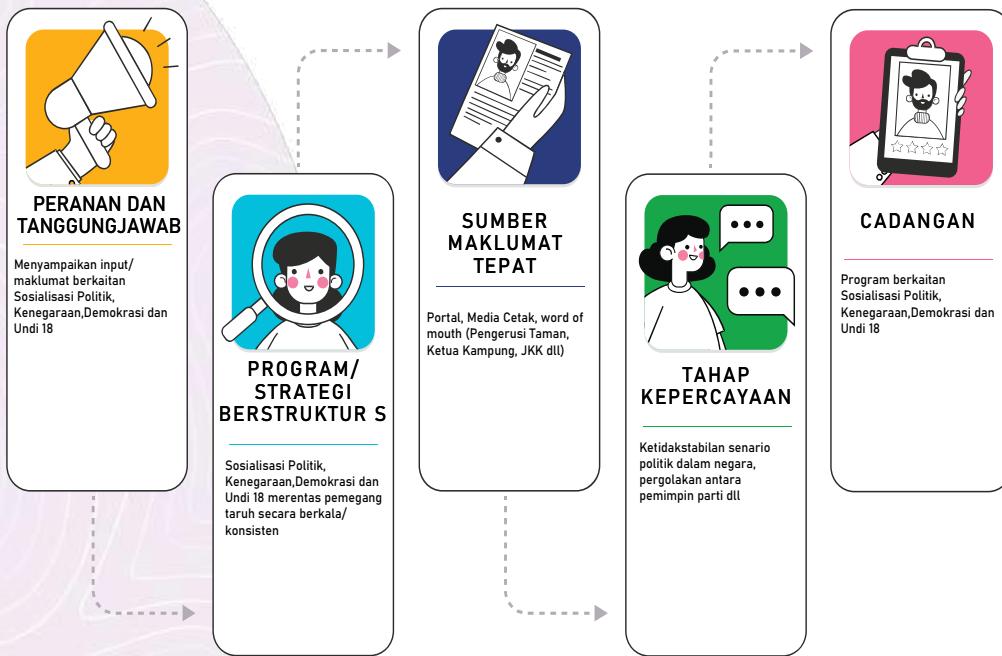
# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN SOSIALISASI POLITIK, KENEGARAAN DAN DEMOKRASI (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN SOSIALISASI POLITIK, KENEGARAAN DAN DEMOKRASI (PELAKSANA)



# SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
5	NILAI & IDENTITI	12.5	75.00	75.22	1. Berdaya 2. Sensitiviti/ Keprihatinan 3. Hubungan Sosial 4. Konsep Kendiri 5. Gaya Hidup 6. Kepimpinan 7. Kawalan Diri	67.52 68.50 74.01 74.30 78.87 74.50 87.28	75.34 67.72 73.90 73.37 77.90 72.67 85.62	Primer

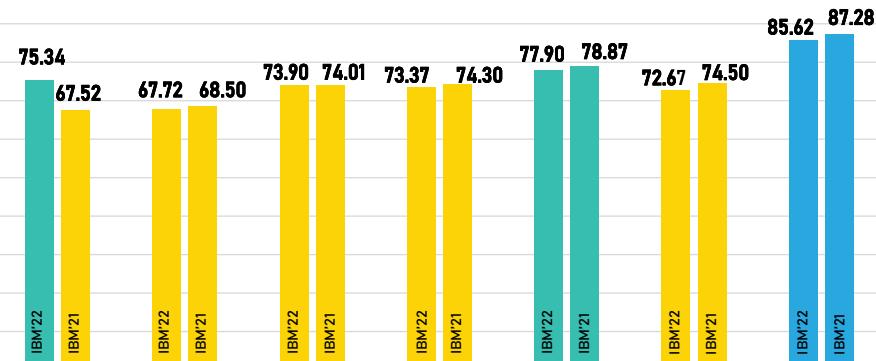




## PENCAPAIAN DOMAIN NILAI & IDENTITI DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer)

### SKOR DOMAIN NILAI & IDENTITI

IBM'22  
75.22  
(Memuaskan)  
IBM'21  
75.00  
(Memuaskan)



	Berdaya	Sensitiviti/ Keprihatinan	Hubungan Sosial	Konsep Kendiri	Gaya Hidup	Kepimpinan	Kawalan Diri
IBM'22	75.34	67.72	73.90	73.37	77.90	72.67	85.62
IBM'21	67.52	68.50	74.01	74.30	78.87	74.50	87.28

Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN NILAI & IDENTITI (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN NILAI & IDENTITI (PELAKSANA)



## SKOR IBM'21 DAN IBM'22 MENGIKUT DOMAIN & INDIKATOR

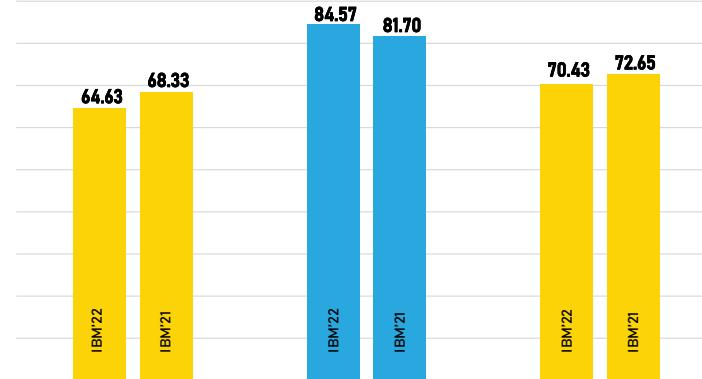
BIL.	DOMAIN	PEMBERAT (%)	SKOR DOMAIN IBM'21	SKOR DOMAIN IBM'22	INDIKATOR	SKOR INDIKATOR IBM'21	SKOR INDIKATOR IBM'22	JENIS DATA
6	<b>MEDIA &amp; DIGITAL CITIZENSHIP</b>	12.5	74.23	73.21	1. Akses Kepada Media	68.33	64.63	Primer
					2. Keselamatan Ketika Menggunakan Internet	81.70	84.57	Primer
					3. Literasi Digital	72.65	70.43	Primer





## PENCAPAIAN DOMAIN MEDIA & *DIGITAL CITIZENSHIP* DAN INDIKATOR BAGI IBM'21 & IBM'22 (Keseluruhan Data Primer)

SKOR DOMAIN MEDIA & <i>DIGITAL CITIZENSHIP</i>	
IBM'22	73.21 (Sederhana)
IBM'21	74.23 (Sederhana)



	Akses Kepada Media	Keselamatan Ketika Menggunakan Internet	Literasi Digital
IBM'22	64.63	84.57	70.43
IBM'21	68.33	81.70	72.65

### Sumber:

Institut Penyelidikan Pembangunan Belia Malaysia. (2022). *Indeks Belia Malaysia 2022 (IBM'22)*. Putrajaya: IYRES  
Institut Penyelidikan Pembangunan Belia Malaysia. (2021). *Indeks Belia Malaysia 2021 (IBM'21)*. Putrajaya: IYRES



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

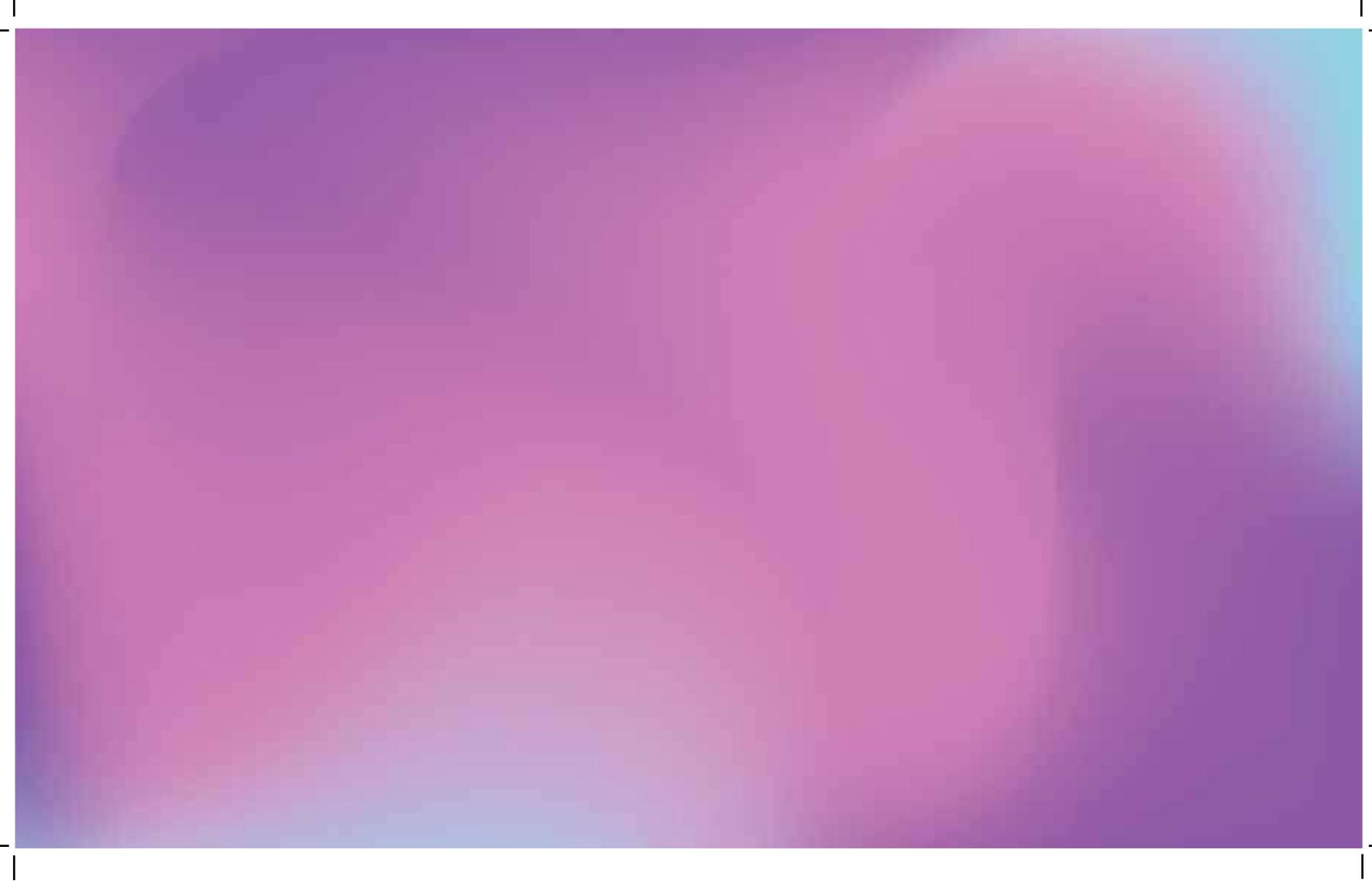
## DOMAIN MEDIA & DIGITAL CITIZENSHIP (BELIA)



# DAPATAN KAJIAN MELALUI SESI *FOCUS GROUP DISCUSSION (FGD)*

## DOMAIN MEDIA DIGITAL CITIZENSHIP (PELAKSANA)





# PENCAPAIAN IBM DI PERINGKAT NASIONAL



# PENCAPAIAN IBM SEHINGGA 2022

1

KPI nasional RMK 11 (2016-2020) dan RMK 12 (2021-2025)

2

Pembentangan di peringkat Majlis Sosial Negara (2016)

3

Pembentangan Indeks Belia Malaysia di Seminar *Youth Cyber Wellness in The Digital Era In Conjunction of Safer Internet Day (SID) 2019 #mydigitalH2O* (2019)

4

*Government Wide Approach* melalui kerjasama rentas kementerian bagi pembangunan belia (2016 – 2021)

5

Mekanisma penilaian Dasar Belia Malaysia (DBM) 2015-2035:

- **Indeks Belia Malaysia**
- Kajian Aset Belia Malaysia
- Kajian Pembangunan Belia Positif 8C
- Perbandingan di peringkat antarabangsa

6

Townhall IYRES 2020, 2021 & 2022

7

Forum Statistik Jabatan Perangkaan Malaysia (DOSM) & Universiti Malaysia Pahang (UMP)

# PENCAPAIAN IBM DI PERINGKAT ANTARABANGSA



# PENCAPAIAN IBM SEHINGGA 2022

1

Rujukan oleh:

- Sekretariat Komanwel bagi Pembentukan Indeks Belia Komanwel (2013)
- Sekretariat ASEAN bagi Pembentukan Indeks Belia ASEAN (2016)
- Strategi dalam dokumen *ASEAN Work Plan On Youth* (2016-2020, 2021-2025)

2

- Dilantik sebagai *Task Force* pembentukan Indeks Belia ASEAN (2016-2020)
- Dilantik sebagai *Task Force* pembentukan Indeks Belia ASEAN (2021-2025)

3

Panel bagi *Emirates Center for Strategic Studies and Research* (ECSSR): *The Role of Malaysian Youth Index as Result Based Management for Malaysian Youth Policy* (2016)

4

Pembentangan Peringkat Komanwel: *Evidence Based Policies On Youth Development in Asia and Southeast Asia Workshop, Bangkok, Thailand* (2017)

# YOUTH DEVELOPMENT INDEX (YDI)

## LAPORAN YDI 2020

### INFO !!

#### MALAYSIA

SKOR Keseluruhan YDI  
0.775 (High)

#### Domain YDI:

- Education (0.83 (Very High))
- Employment & Opportunity (0.881 (Very High))
- Equality & Inclusion (0.887 (Very High))
- Health & Wellbeing (0.724 (High))
- Peace & Security (0.844 (Very High))
- Political & Civic Participation (0.311 (Low))

#### PERINGKAT GLOBAL:

Malaysia - 50/181 negara

#### Peringkat Komanwel:

Malaysia - 11/48 negara

#### Sumber:

*Global Development Index & Report, 2020*



Umur Belia Dalam Indeks  
**15-30 Tahun**

### Indeks Belia Malaysia 2015 12 Domain & 58 Indikator

- Pembangunan Kendiri
- Hubungan Sosial
- Identiti
- Potensi Diri
- Kesihatan
- Kesejahteraan Ekonomi
- Keselamatan
- Sosialisasi Politik
- Penggunaan Media
- Waktu Senggang
- Pendidikan
- Bebas Tingkah Laku Devian



Umur Belia Dalam Indeks  
**15-30 Tahun**

### Indeks Pembangunan Belia Brunei Darussalam 2016 8 Domain & 41 Indikator

- Pembangunan Kendiri
- Aktiviti Masa Lapang
- Nilai & Identiti
- Kesihatan
- Perilaku Potensi Diri
- Pendedahan Multimedia
- Integrasi Masyarakat
- Masalah Sosial



Umur Belia Dalam Indeks  
**15-30 Tahun**

### Indeks Pembangunan Belia Filipina 2016 5 Domain & 17 Indikator

- Pendidikan
- Pekerjaan
- Kesihatan
- Penyertaan
- Organisasi



Umur Belia Dalam Indeks  
**15-30 Tahun**

### Indeks Pembangunan Belia Indonesia 2016 5 Domain & 20 Indikator

- Pendidikan
- Kesihatan
- Kebajikan
- Pembangunan Kepimpinan
- Kepakaran Jantina



Umur Belia Dalam Indeks  
**15-30 Tahun**

### Indeks Pembangunan Belia Asean 2016 5 Domain & 19 Indikator

- Pendidikan
- Pekerjaan & Peluang
- Kesihatan & Kesejahteraan
- Penyertaan & Penglibatan Belia
- Nilai & Identiti



Umur Belia Dalam Indeks  
**15-29 Tahun**

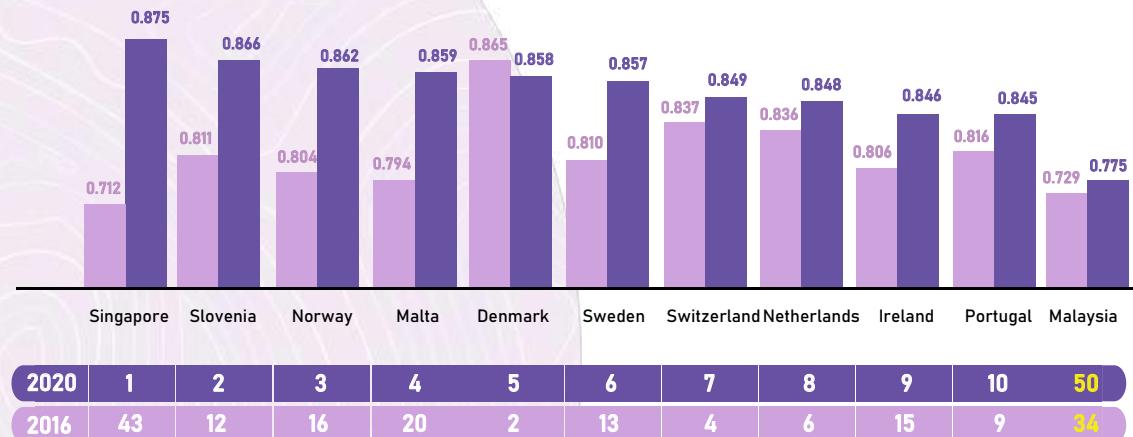
### Indeks Pembangunan Belia Komanwel 2016 5 Domain & 15 Indikator

- Pendidikan
- Kesihatan & Kesejahteraan
- Pekerjaan
- Penyertaan Politik
- Penyertaan Sivil

*Sumber: IYRES, 2020, Indeks Pembangunan Belia Dunia, The Commonwealth, 2020, Global Youth Development Index and Report.*

# PERBANDINGAN TAHAP KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA

## PERINGKAT ANTARABANGSA – KEDUDUKAN DI KALANGAN NEGARA-NEGARA DUNIA

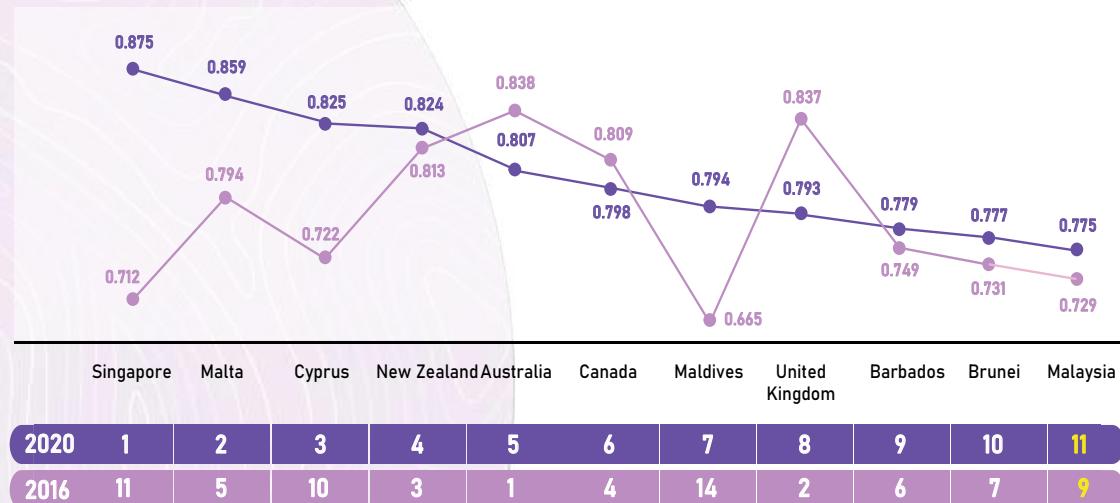


Indikator	
0.000-0.595	Low
0.595-0.691	Medium
0.691-0.78	High
0.78-1000	Very High

*Nota:*  
2016:Malaysia menduduki tangga ke 34/183 negara  
2020:Malaysia menduduki tangga ke 50/181 negara

Sumber: GYDI 2016 & 2020

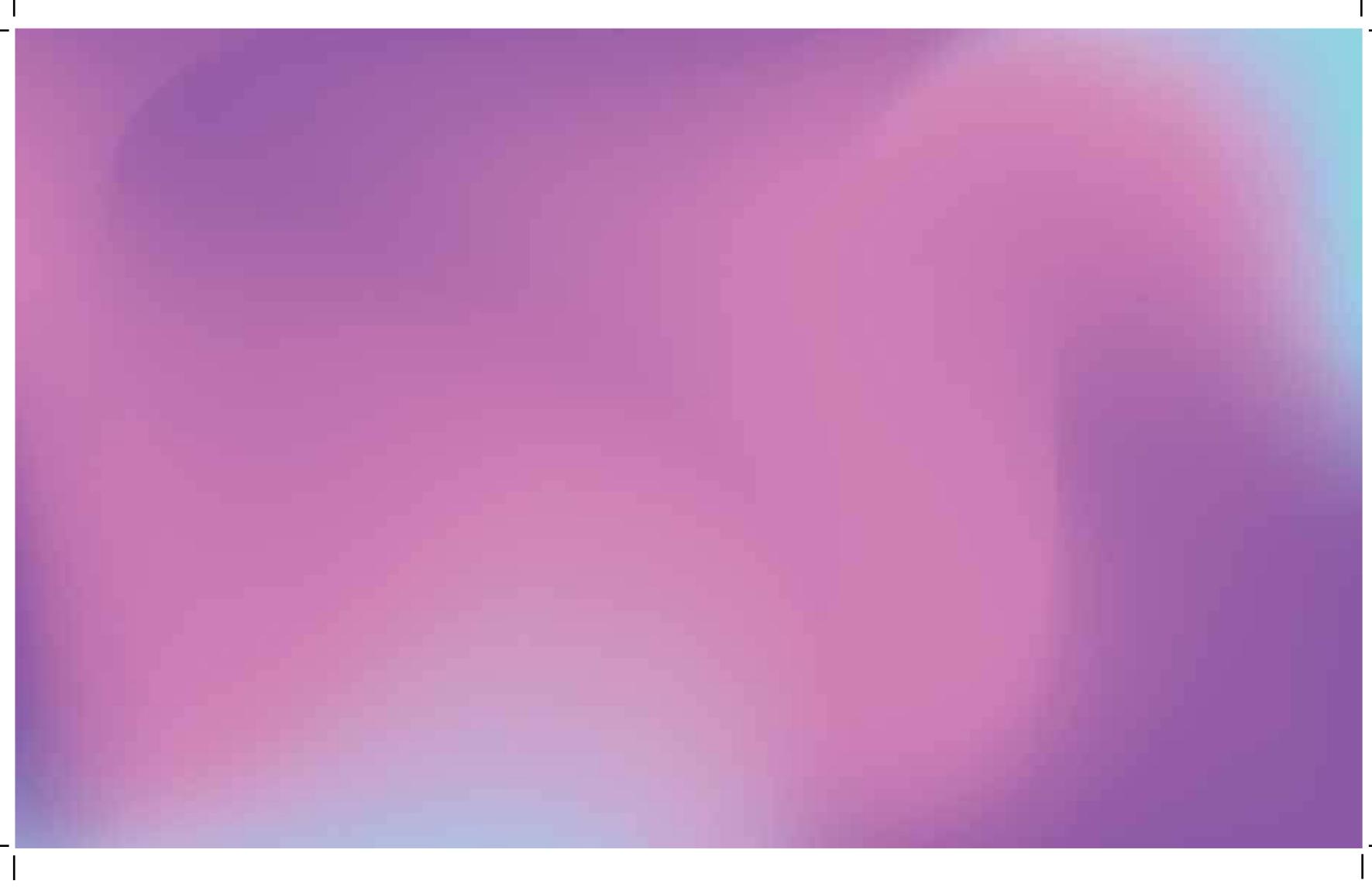
# PERBANDINGAN TAHAP KUALITI DAN KESEJAHTERAAN HIDUP BELIA MALAYSIA PERINGKAT ANTARABANGSA – KEDUDUKAN DI KALANGAN NEGARA-NEGARA COMMONWEALTH



Indikator	
0.000-0.595	Low
0.595-0.691	Medium
0.691-0.78	High
0.78-1000	Very High

*Nota:*  
2016: Malaysia menduduki tangga ke 9/49 negara  
2020: Malaysia menduduki tangga ke 11/48 negara

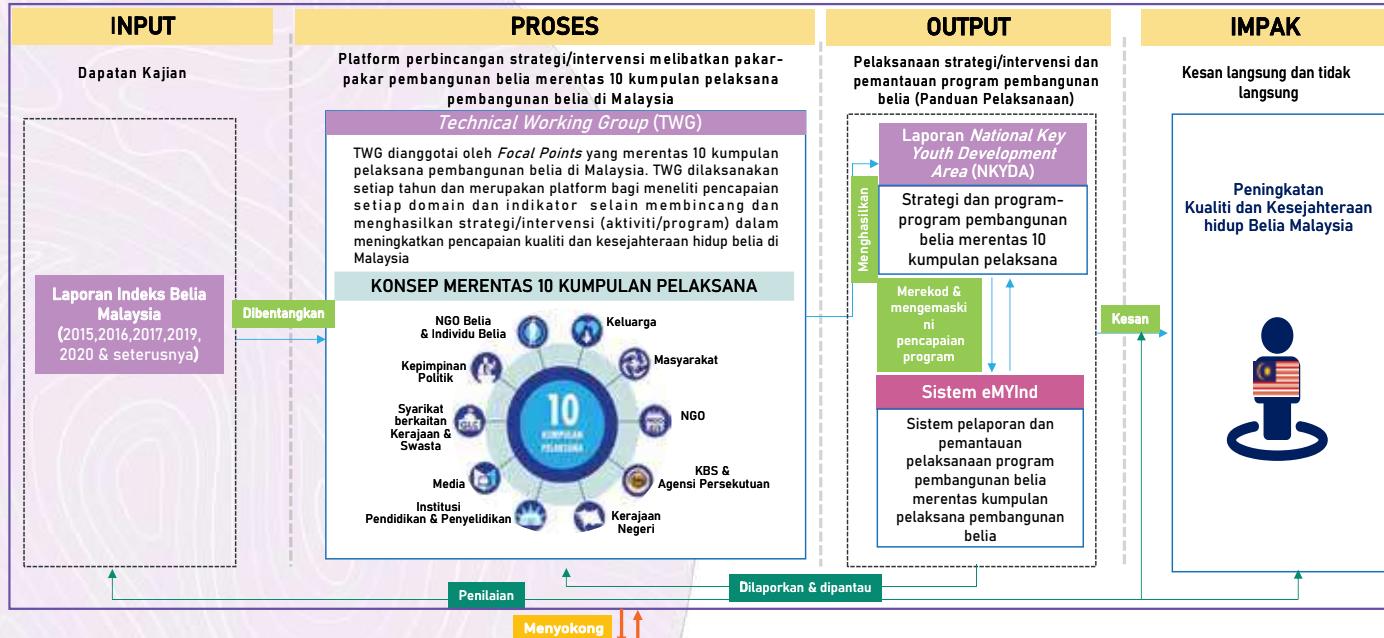
Sumber: GYDI 2016 & 2020



# STRATEGI BAGI MENINGKATKAN PENCAPAIAN IBM



# PELAKSANAAN PEMANTAUAN KUALITI DAN KESEJAHTERAAN HIDUP BELIA MELALUI NATIONAL KEY YOUTH DEVELOPMENT AREA (NKYDA)

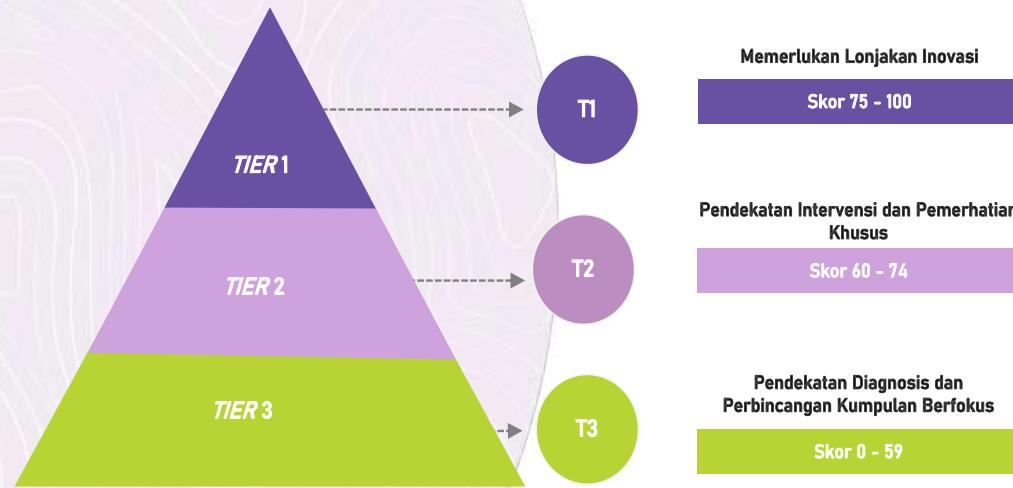


- Wawasan Kemakmuran Bersama 2030
- KPI Nasional (RMK 11 dan 12)
- Pelan Strategik KBS 2021-2025
- Dasar Belia Malaysia (DBM) 2015-2035
- Pelan Strategik IYRES 2021-2025
- Model Pembangunan Belia Madani 2030
- Strategi literasi Kewangan Kebangsaan 2019-2023
- Akta 668
- Global Youth Development Index
- ASEAN Workplan on Youth (2016-2020) & (2021-2025)
- SDG 2030

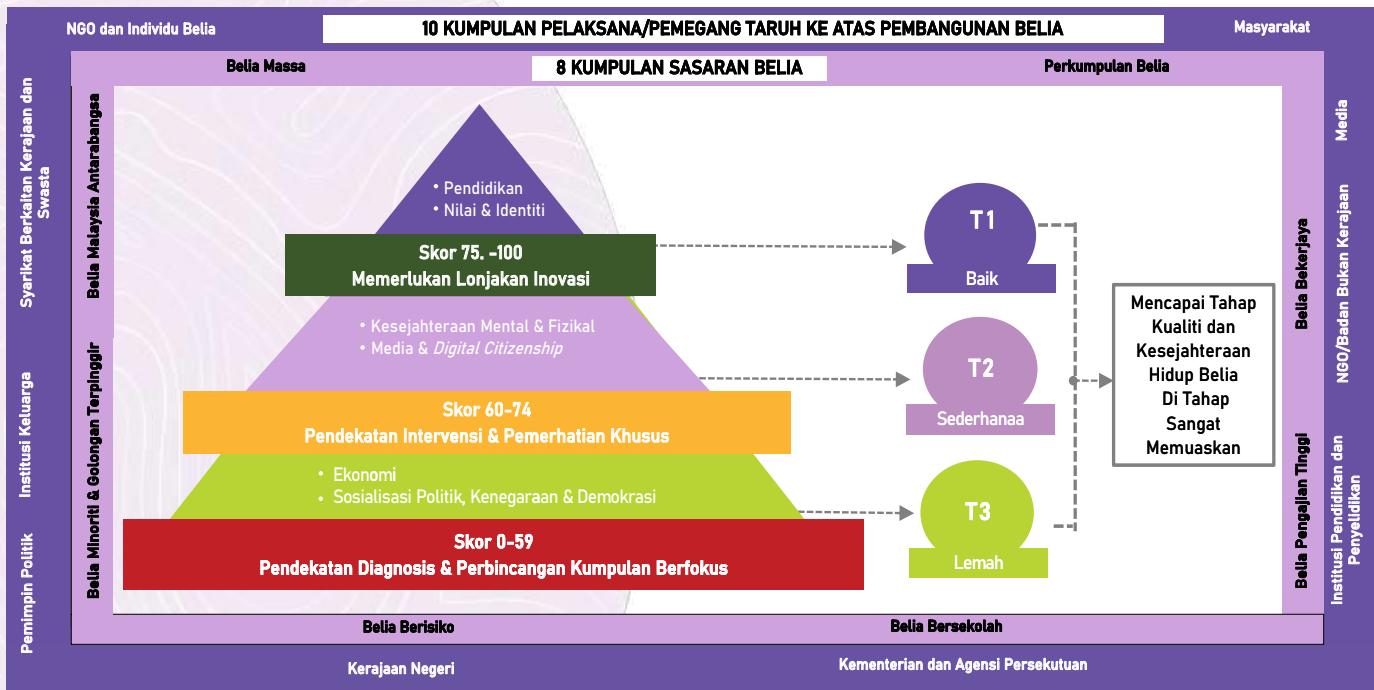
# STRATEGI MERENTAS PELAKSANA/ PEMEGANG TARUH PEMBANGUNAN BELIA

- Cabaran utama pembangunan belia masa kini adalah bagaimana untuk merancang dan melaksanakan program yang dapat memberi impak maksimum kepada kumpulan sasaran secara konsisten dengan sumber dana yang terhad.
- Kejayaan keseluruhan program pembangunan belia akan dapat ditentukan jika semua pemegang taruh memainkan peranan dan fungsinya serta menjadikan IBM sebagai input dan rujukan dalam setiap perancangan program dan aktiviti belia Di Malaysia.

Kerangka Kanvas Pembangunan Belia Malaysia dicadang untuk dibangunkan mengikut tiga *Tier* seperti berikut:



# KERANGKA KANVAS PEMBANGUNAN BELIA



# SOALAN LAZIM



# SOALAN LAZIM



## Apakah Itu Indeks Belia Malaysia (IBM) ?

Indeks Belia Malaysia merupakan satu indeks yang dibangunkan untuk mengukur tahap kualiti dan kesejahteraan hidup belia di Malaysia dan memberikan satu gambaran yang lebih komprehensif mengenai status semasa generasi belia di negara ini.



## Apakah elemen atau domain yang terlibat dalam IBM? Dan bagaimana pemilihan domain ini di buat?

- a) IBM'15 – IBM'20 telah dibangunkan dengan 12 Domain dan 58 Indikator yang penting dalam pembangunan diri individu belia. Indikator-indikator yang positif dipilih agar selaras dengan pendekatan pembangunan belia positif atau *"positive youth development (PYD)*". Indikator yang telah dibangunkan ini dikelompokkan kepada dua belas (12) domain iaitu:

- |                        |                               |
|------------------------|-------------------------------|
| 1. Pembangunan Kendiri | 7. Kesejahteraan Ekonomi      |
| 2. Hubungan Sosial     | 8. Keselamatan                |
| 3. Identiti            | 9. Sosialisasi Politik        |
| 4. Potensi Diri        | 10. Ketembusan Media          |
| 5. Kesehatan           | 11. Waktu Senggang            |
| 6. Pendidikan          | 12. Bebas Tingkah Laku Devian |

- b) IBM'21 pula telah dibangunkan dengan Enam Domain dan 41 Indikator selepas ditambahbaik mengikut keperluan semasa, berlandaskan model analitik dan Realignment dengan Indeks Belia Antarabangsa (Global, ASEAN). Indikator yang telah dibangunkan ini juga dikelompokkan kepada enam domain iaitu:

- |   |  |
|---|--|
| 1. Pendidikan                                 |  |
| 2. Ekonomi                                    |  |
| 3. Kesejahteraan Mental & Fizikal             |  |
| 4. Sosialisasi Politik, Kengaraan & Demokrasi |  |
| 5. Nilai & Identiti                           |  |
| 6. Media & Digital Citizenship                |  |

Beberapa siri sindikasi (*syndication*) bersama pemegang taruh pembangunan belia melibatkan pelbagai kementerian, agensi, syarikat-syarikat korporat, NGO, pakar-pakar akademik, belia massa yang tergolong dalam pelbagai kategori dan individu-individu yang memberikan sumbangan idea telah dilaksanakan untuk mendapatkan maklumat terperinci yang berfokuskan pembangunan, kualiti dan kesejahteraan hidup belia yang menyeluruh.



## Bagaimanakah IBM dibangunkan ?

IBM'15 – IBM'20 kehadiran/ survei menggunakan borang soal selidik dan pelaporan skor menggunakan data Primer, manakala bagi IBM'21, kaedah tinjauan/ survei menggunakan aplikasi sistem kaji selidik dan pelaporan skor menggunakan data Primer dan data Sekunder. Pemilihan sampel kajian mewakili populasi belia yang melibatkan kategori umur belia, etnik, lokalkiti, jantina, dan latar belakang yang pelbagai. Blok Penghitungan (BP) Banci 2010 digunakan bagi menentukan kawasan pemilihan sampel bagi memastikan populasi sasaran mendapat peluang yang sama untuk dipilih. Khidmat nasihat Jabatan Perangkaan Malaysia (DOSM) turut diambil kira untuk memastikan sampel yang terlibat adalah menggambarkan populasi dari belia Malaysia.

Pengumpulan data dilakukan oleh enumerator terlatih (IYRES Community Enumerator) yang mewakili 13 buah negeri dan tiga (3) Wilayah Persekutuan di Malaysia. Manual berlaku merangkumi semua maklumat yang diperlukan tetapi disediakan beserta dengan peta Blok Perhitungan (BP). Rakaman klip video simulasii sesi pengendalian temu duga bersemuka turut dibekalkan.



## Apakah penambahbaikan IBM berbanding tahun-tahun sebelum ini ?

1. Pengumpulan data menggunakan aplikasi sistem kaji selidik berbanding tahun-tahun sebelumnya yang menggunakan borang soal selidik.
2. Penggalan Enam domain dan 41 indikator berbanding IBM'15 – IBM'20 yang dilaporkan melalui 12 domain dan 58 indikator.
3. Pelaporan skor IBM'21 menggunakan data Primer dan data Sekunder.
4. Perubahan kumpulan sasaran responden kajian 15-30 tahun sejalan takrifan umur belia yang baru berdasarkan Dasar Belia Malaysia (DBM) 2015 – 2035.
5. Penambahbaikan aras bagi skala kajian daripada empat tahap (kurang baik, sederhana baik, baik dan sangat baik) kepada enam (6) tahap (enggak tidak memuaskan, tidak memuaskan, kurang memuaskan, sederhana, memuaskan dan sangat tidak memuaskan) mengikut keperluan semasa pembangunan belia bermula dari IBM'15.
6. Bermula pada tahun 2016, kajian penilaian "Outcome" Indeks Belia Malaysia akan dilaksanakan secara berkala bagi tujuan memantau dan menilai prestasi kualiti dan kesejahteraan hidup belia.



## Sejauh mana pengesahan data IBM dilakukan ?

Data IBM dibentangkan dalam platform *Technical Working Group (TWG)* yang melibatkan *Focal Point* yang merentas Kementerian/ Agensi/ Jabatan/ Pakar Akademik/ NGO Pembangunan Belia di Malaysia. Pelaksanaan TWG dilaksanakan setiap tahun bermula dari tahun 2016 dan lanya dijadikan platform bagi penilaian pencapaian setiap domain dan indikator dalam IBM berdasarkan pelaksanaan inisiatif dan program dan aktiviti yang dilaksanakan oleh 10 kumpulan pelaksana yang melibatkan kementerian dan agensi yang berkaitan dengan Agenda Pembangunan Belia di Malaysia.



## Adakah IBM ini boleh dibandingkan dengan indeks yang lain di peringkat antarabangsa ?

Tidak. Pengurusan yang digunakan adalah berbeza iaitu domain dan indikator yang dibangunkan berdasarkan kepada sosio budaya dan pembangunan belia dalam ruang lingkuap serta ekosistem semasa di Malaysia. Tambahan pula, di peringkat antarabangsa indeks tersebut dilaporkan melalui data sekunder sahaja.



## Mengapakah penilaian outcome bagi IBM'21 perlu dilaksanakan setiap tahun?

Penilaian outcome yang dilaksanakan setiap tahun selepas penghasian Indeks Belia Malaysia 2021 (IBM'21) adalah lebih memfokuskan kepada kesan atau outcome hasil daripada IBM'21 bagi mengukur tahap pencapaian kualiti dan kesejahteraan hidup belia serta perbandingan dapat dilihat setiap tahun berdasarkan tahun asas, 2021, dan pencapaian skor dapat memberi gambaran terhadap keperluan pembangunan dalam aktiviti pembangunan belia oleh pemegang-pemegang taruh belia yang berkaitan yang terdiri daripada NGO Belia dan Individu Belia, Keluarga, Masyarakat, NGO, KBS dan Ageni Persekutuan, Kerajaan Negeri, Institusi Pendidikan dan Penyelidikan, Media, Syarikat Berkaitan Kerajaan dan Swasta serta Kepimpinan Politik berdasarkan Dasar Belia Malaysia (DBM) 2015 – 2035.



## Apakah kepentingan IBM kepada pembangunan belia di Malaysia ?

1. Sebagai perana aras mengukur tahap kualiti dan kesejahteraan hidup belia Malaysia;
2. Menyediakan input bagi pembentukan atau mengubah polisi dan dasar;
3. Memandu pembentukan peraturan bagi meningkatkan kualiti dan kesejahteraan hidup belia Malaysia;
4. Sebagai indikator bagi mengukur pencapaian Dasar Belia Malaysia (DBM) 2015 – 2035; dan
5. Panduan kepada pemegang taruh berkaitan pembangunan belia.



## Siapakah yang perlu menggunakan IBM ini ?

- |  |  |
|--|--|
| 1. Pengguna basar dan polisi Pembangunan Belia | 6. Pemegang taruh belia  |
| 2. Badan-badan korporat                        | 7. Lan-lan individu yang berkepentingan dalam pengurusan pembangunan belia |
| 3. Pemimpin-pemimpin belia                     |  |
| 4. Pakar-pakar pembangunan belia               |  |
| 5. Lapan kumpulan sasaran belia iaitu:         |  |
| i. Belia Bersekolah                            | vi. Belia Malaysia Antarabangsa  |
| ii. Belia Pengajian Tinggi                     | vii. Belia Minorit & Golongan Terpinggir                                   |
| iii. Belia Berkerjaya                          | viii. Belia Berisiko   |
| iv. Perkumpulan Belia                          |  |
| v. Belia Massa                                 |  |



## Bagaimana buku atau maklumat berhubung IBM ini boleh diperoleh ?

Anda boleh mendapatkan koleksi IBM seperti berikut:

- **Penerbitan Buku IBM:**  
Institusi Penyelidikan Pembangunan Belia Malaysia  
Ara 10, Menara KBS,  
No.27 Persiaran Perdana,  
62570 Putrajaya

ATAU, Boleh dimuat turun secara **percuma** melalui Portal IYRES iaitu <http://www.iyres.gov.my>.

# PENGHARGAAN

Institut Penyelidikan Pembangunan Belia Malaysia (IYRES), Kementerian Belia dan Sukan (KBS) ingin merakamkan setinggi-tinggi penghargaan dan terima kasih kepada pakar rujuk kajian, penyelia, enumerator, responden dan individu yang terlibat secara langsung dan tidak langsung dalam menjayakan penghasilan kajian ini. Semoga hasil kajian ini menjadi rujukan kepada semua pihak dalam merencana dan membangunkan program pembangunan belia di Malaysia.

## PASUKAN PENYELIDIK

Dr. Vellapandian Ponnusamy  
Shahhanim Yahya  
Asnida Abd. Hamid  
Muhammad Azeem Abdul Aziz  
Rozahiddah Roslee  
Farhan Mat Arisah  
Nur Najmin Naja Zamri

## PAKAR RUJUK/ PENYELIDIK BERSAMA

Prof. Dr. Ismi Arif Ismail (UPM)  
Prof. Dr. Russayani Ismail (UUM)  
Prof. Dr. Haslinda Abdullah (UPM)  
Prof. Ts. Dr. Muhammad Hisyam Lee (UTM)  
Prof. Dr. Siri Eshah Mokshein (UPSI)  
Prof. Madya Dr. Wendy Yee Mei Tien (UM)  
Prof. Madya Dr. Masrah Azrifah Azmi Murad (UPM)  
Dr. Dzulzalani Ismail (UNIMAS)

## ANALISA DATA

Shahhanim Yahya

## EDITOR

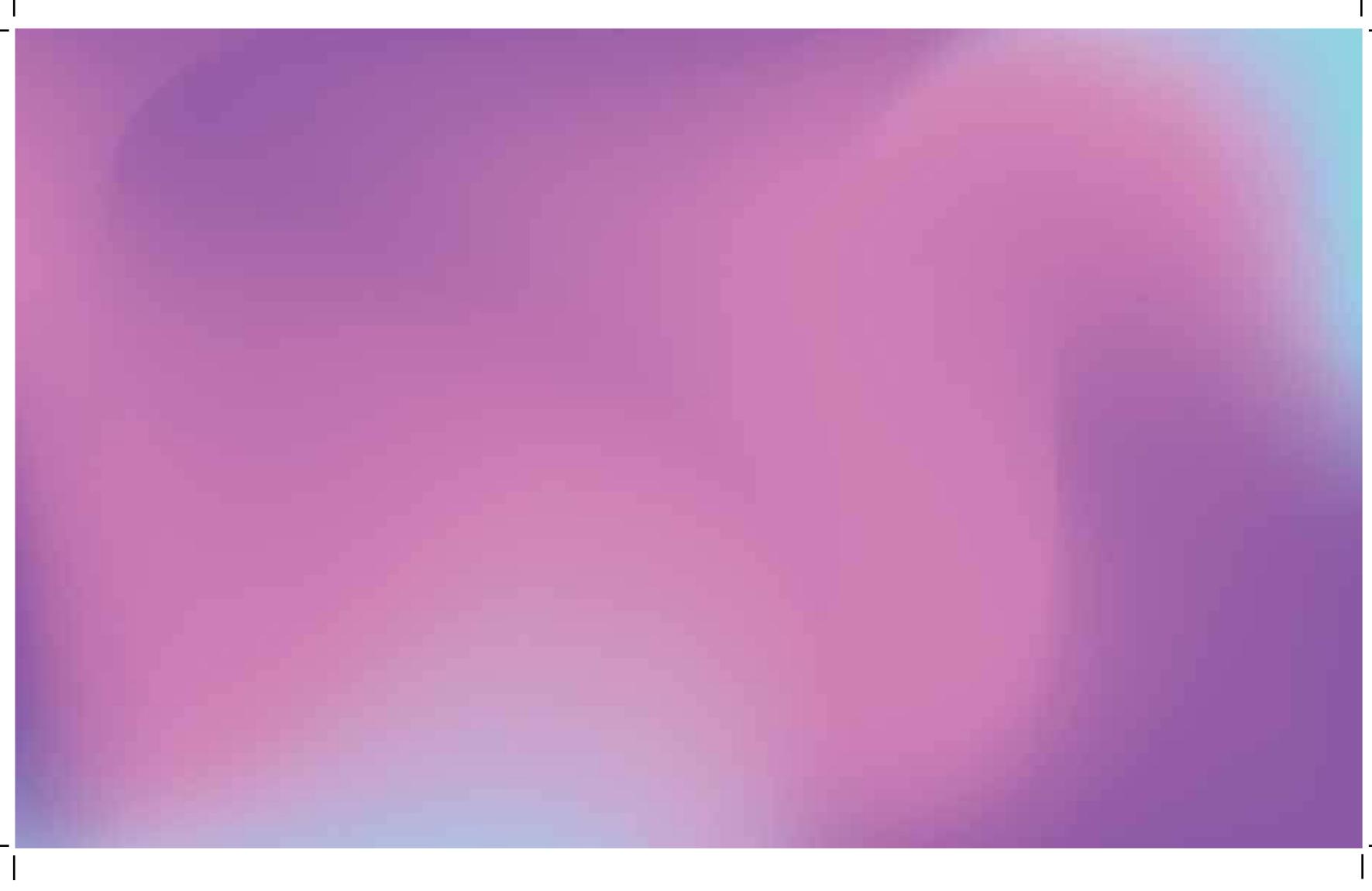
Dr. Vellapandian Ponnusamy  
Shahhanim Yahya

## JAWATANKUASA TEKNIKAL

Kementerian Ekonomi Malaysia  
Pakar Rujuk  
*Ex-Officio*  
Penyelidik IYRES

## EX-OFFICIO:

Kementerian Kesihatan Malaysia  
Kementerian Perpaduan Negara Malaysia  
Kementerian Dalam Negeri Malaysia  
Kementerian Komunikasi dan Digital Malaysia  
Kementerian Pembangunan Wanita, Keluarga dan Masyarakat Malaysia  
Yayasan Waqaf Malaysia  
Kementerian Ekonomi Malaysia  
Jabatan Perangkaan Malaysia  
Agensi Kaunseling dan Pengurusan Kredit  
Institut Kefahaman Islam Malaysia





# Facts & Figures MALAYSIAN YOUTH INDEX 2022 (MYI'22)

Measuring Quality of Life & Well-Being of Malaysian Youth



SAMBUTAN  
BELIA NEGARA 2022

PERINGKAT KEDUNGHORAN



AKTIVITAS  
BELIA  
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 MALAYSIA  
MADANI



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MALAYSIA

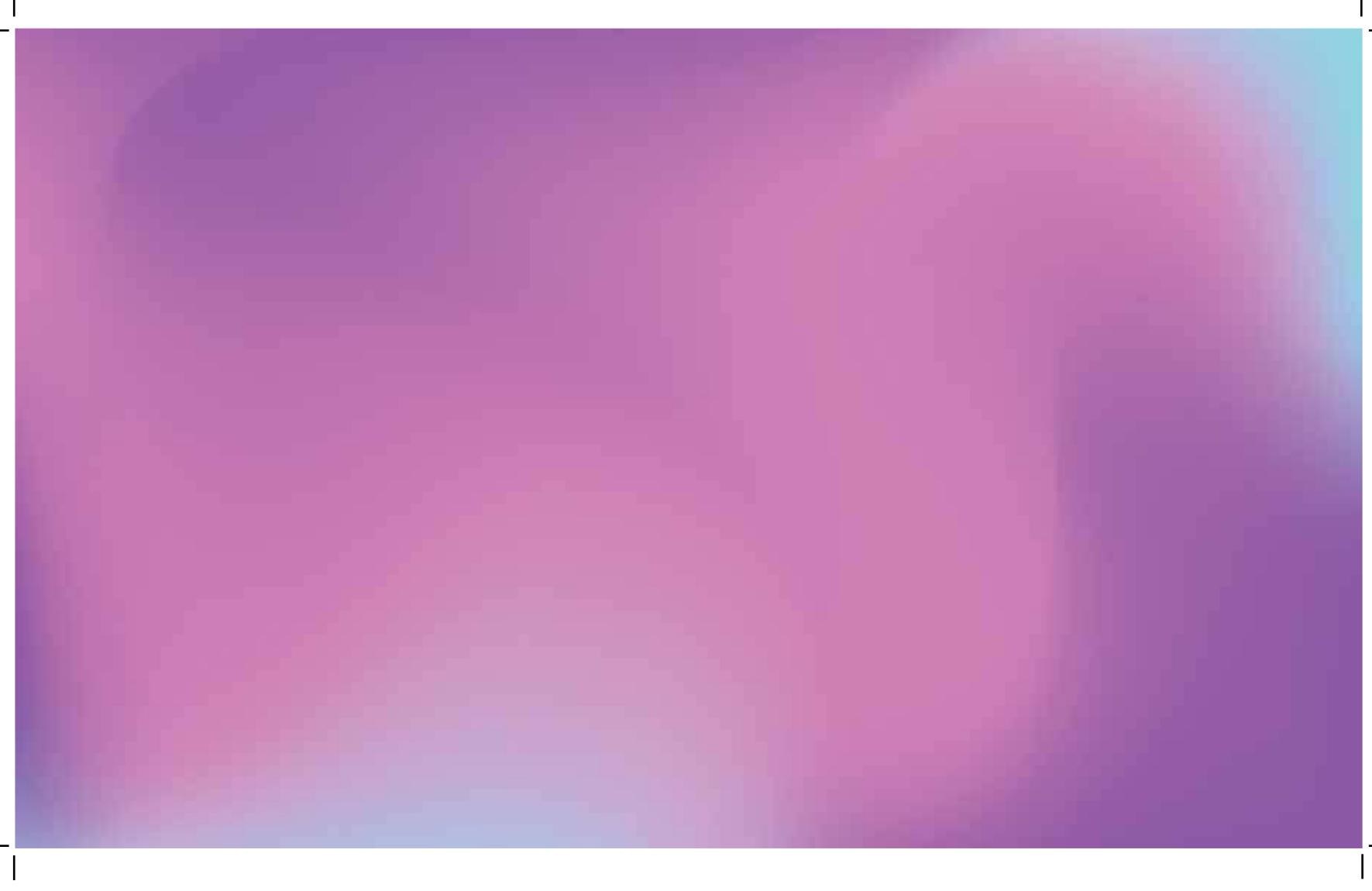
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# CONTENTS

NO	TITLE	PAGE
1	MALAYSIAN YOUTH STATISTICS	100
2	SCENARIO AND CHALLENGES OF MALAYSIAN YOUTHS	104
3	MALAYSIAN YOUTH INDEX 2022 (MYI'22)	110
4	TARGET ACHIEVEMENT OF MALAYSIAN YOUTH INDEX (MYI) 2021 -2025	118
5	CHRONOLOGY OF MALAYSIAN YOUTH INDEX (MYI)	120

NO	TITLE	PAGE
6	QUALITY OF LIFE & WELL-BEING CONCEPT OF MALAYSIAN YOUTH	124
7	RESEARCH METHODOLOGY	134
8	MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT TREND FOR 2015-2022	138
9	MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT AT NATIONAL LEVELS	174
10	MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT AT INTERNATIONAL LEVELS	176
11	MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT IMPROVEMENT STRATEGY	182
12	FAQ (FREQUENTLY ASKED QUESTION)	186

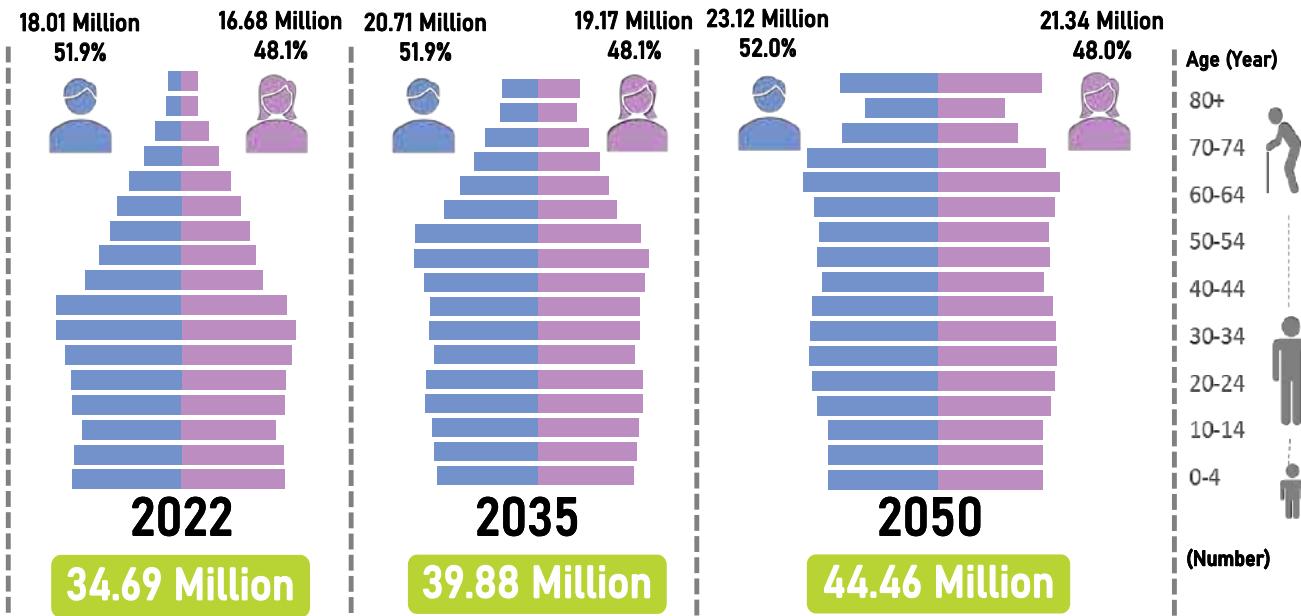


# MALAYSIAN YOUTH STATISTICS



# POPULATION PROJECTION FOR 2022, 2035 & 2050

\*According to the population projection for 2022 to 2050, Malaysia is facing a problem of aging-population growth with an increase in rate of 16% by 2050.

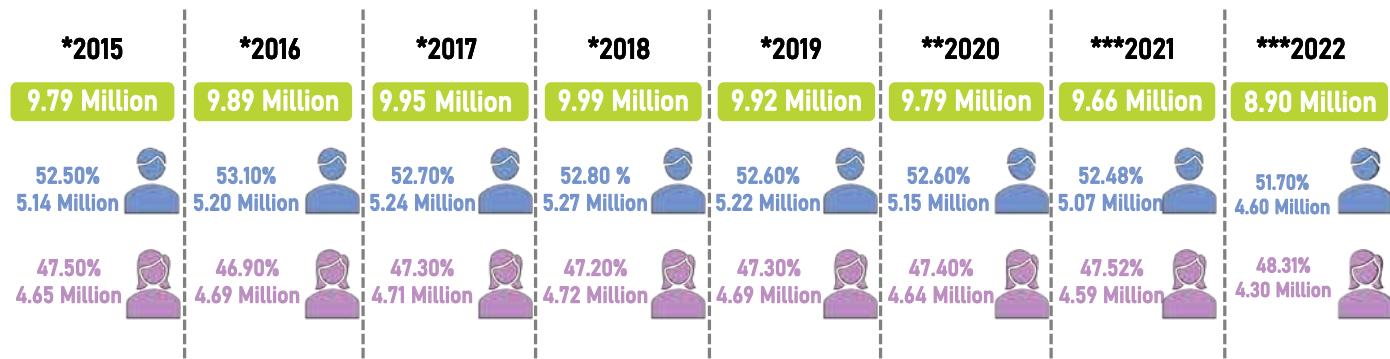


Notes:

1. Refers to Annual Growth Rate (GR)
2. Population Projection (revised) based on 2010 Population & Housing Census data
3. Sum may vary due to rounding

Source: Department of Statistics, 2022

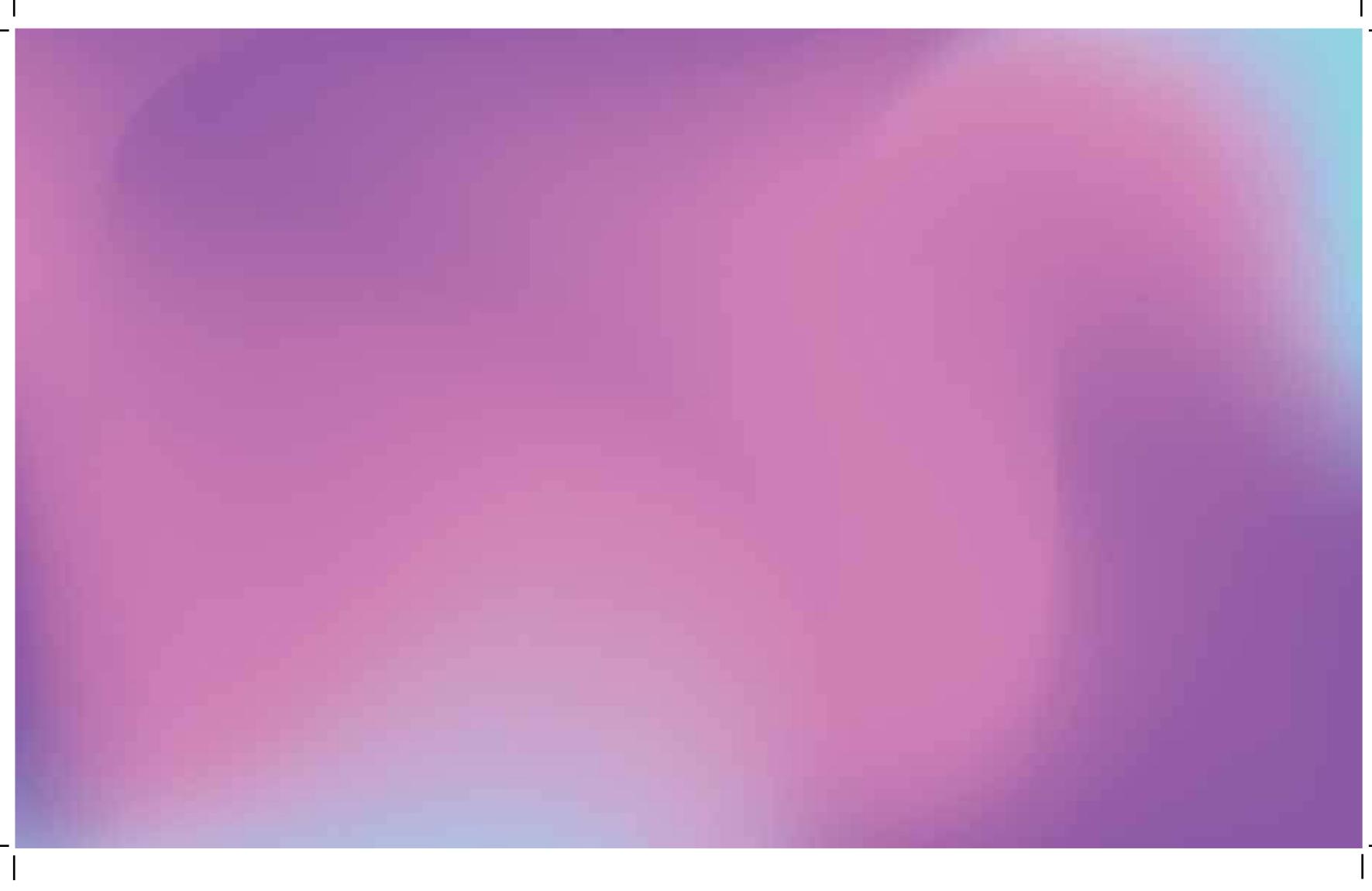
# TOTAL YOUTH POPULATION (15-30 YEARS OLD) ACCORDING TO GENDER FOR 2015-2022



Notes:

1. \* Mid-year Population Projections based on 2010 Population & Housing Census data
2. \*\* Population Projections (Revised) based on 2010 Population & Housing Census data
3. \*\*\* Population Projections (Revised) based on 2010 Population & Housing Census data
4. Sum may vary due to rounding

Source: Department of Statistics Malaysia, 2022



# SCENARIO AND CHALLENGES OF MALAYSIAN YOUTHS



# SCENARIO AND CHALLENGES OF MALAYSIAN YOUTHS



## POLITICS

- Political Literacy
- Political Maturity
- Leadership
- Global Thoughts
- Regional and International Relations



## SOCIAL

- Education
- Social Network
- Spirituality and Religion
- Values
- Self-Reliance and Unity
- Volunteerism
- Physical and Mental Health
- Family Institution
- Humanitarian Touch
- Community Institution



## ECONOMY

- Cost of Living
- Entrepreneurial Culture/Spirit
- Skill
- Employment
- Urban Poor Youth



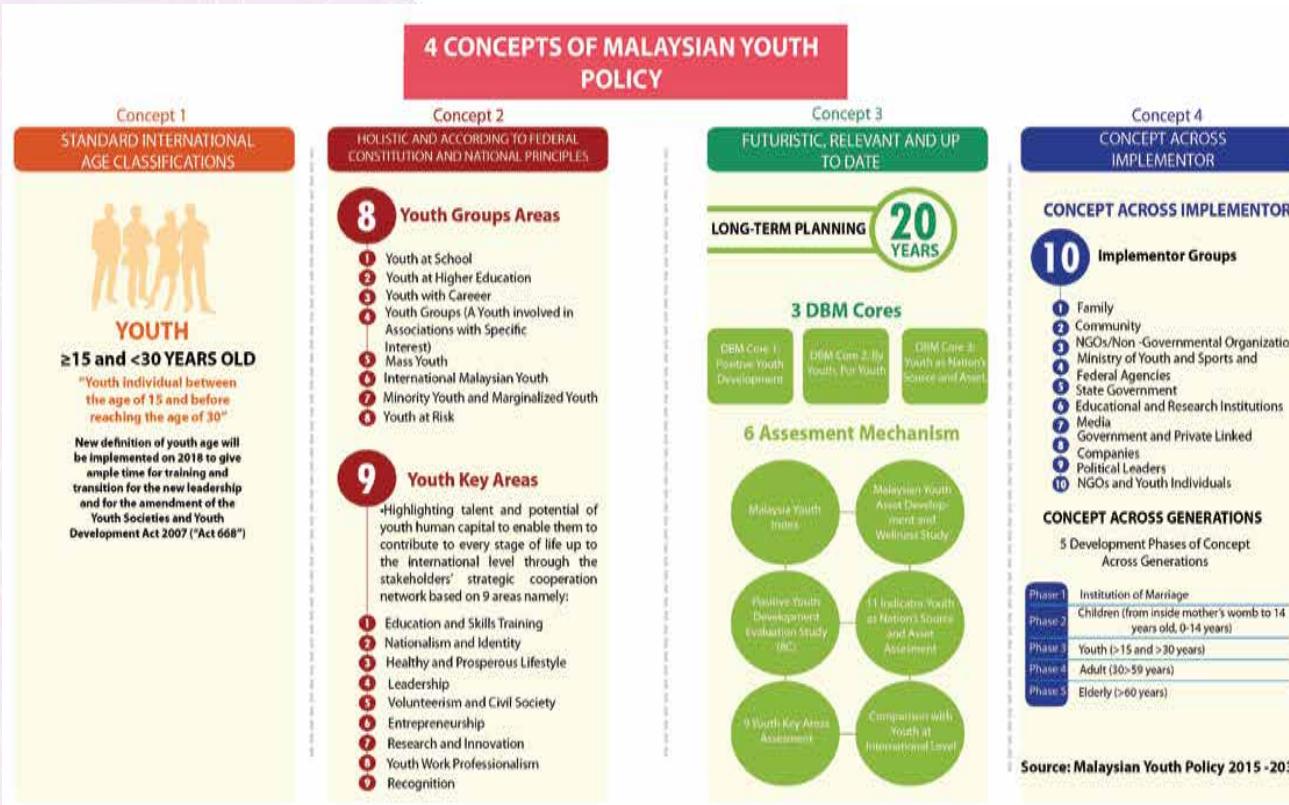
## TECHNOLOGY

- Information Technology and Communications
- Digital or Social Media
- Innovation and Creativity
- Science and Technology

Source: Malaysian Youth Policy 2015-2035

# MALAYSIAN YOUTH POLICY (MYP) 2015-2035

## 4 CONCEPTS OF MALAYSIAN YOUTH POLICY



# TWELFTH MALAYSIA PLAN (2021-2025)

## Chapter 5: Address Poverty and Develop an Inclusive Society

Strategy F2: Develop Dynamic, Resilient and Competitive Youth

11MP  
Address needs of  
Specific Target Group



Malaysian Youth Index

Targets      Performance      Targets Achieved      SDG

12MP  
Empowering  
Specific Target  
Group



Malaysian Youth Index

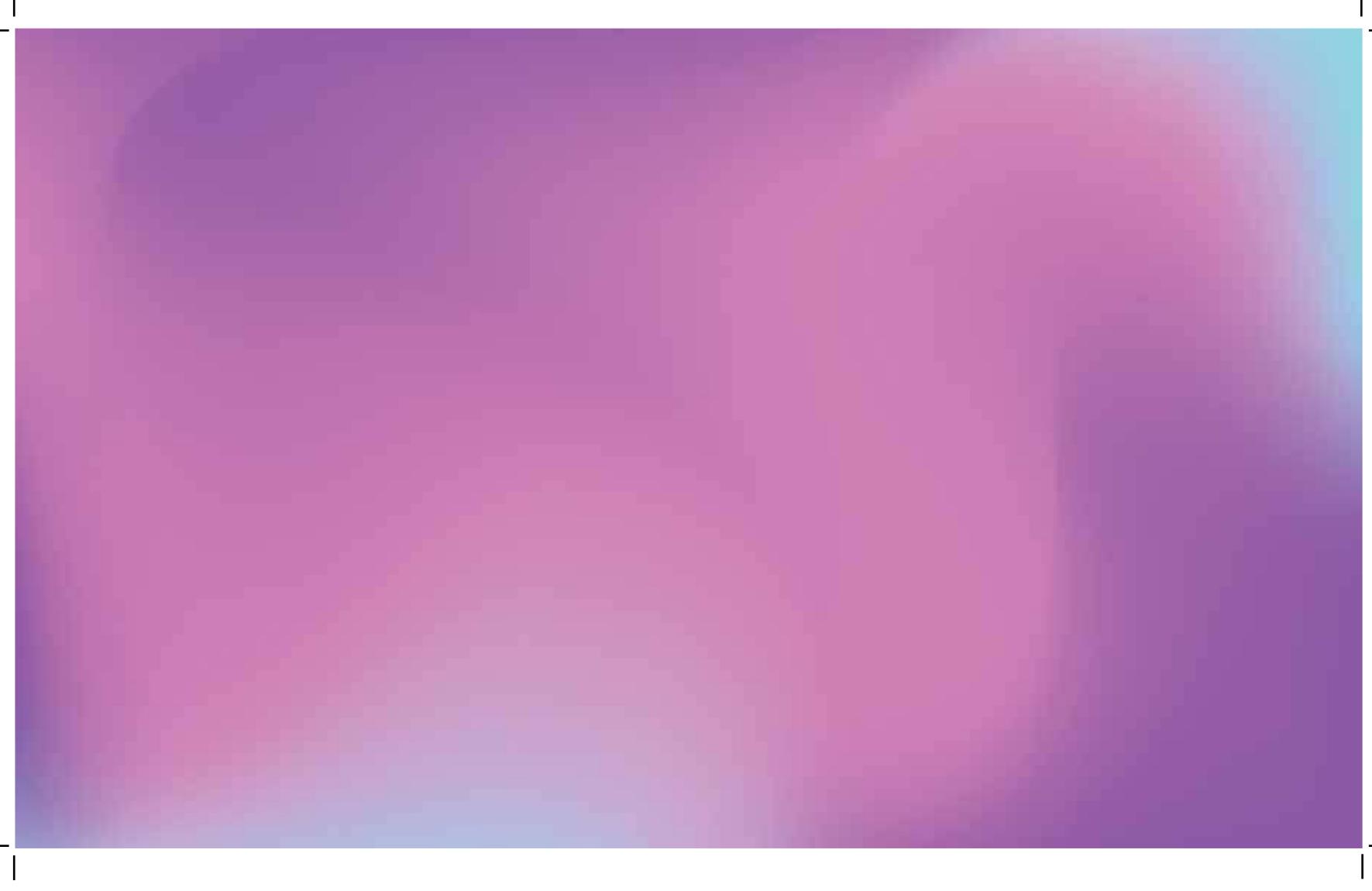
Targets      SDG      WKB 2030

Source: Economic Planning Unit, Prime Minister's Department (2021)

# KBS STRATEGIC PLAN 2021-2025

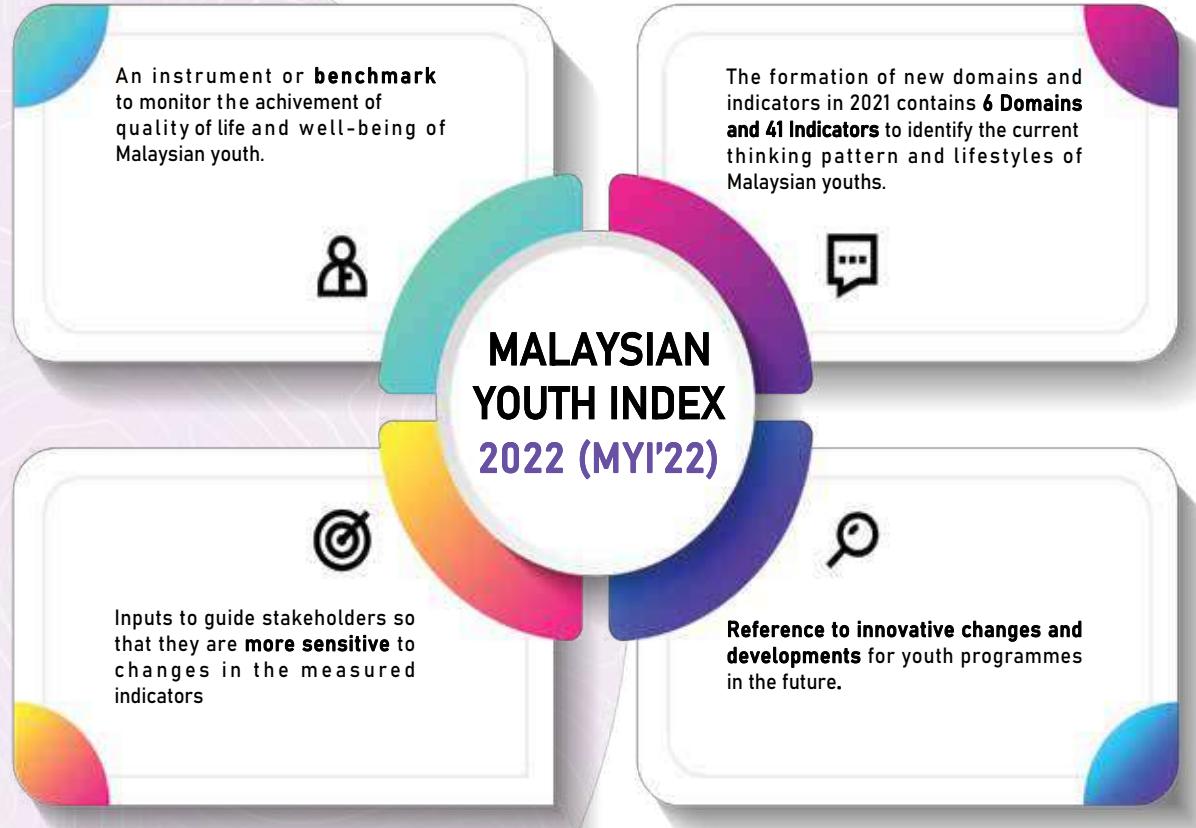
The Strategic Plan summarises the direction and strategy of KBS in driving the development of national youths and sports. KBS must lead the effective implementation of policies and programmes to ensure that youths are empowered; sports is the best medium of unity; and sports can be made an industry that contributes to the country's economic growth. This plan was developed based on 4 strategic cores, which are the core business of the ministry.

5 Strategic Cores	5 Strategic Objectives
Empowerment of inclusive youths based on new youth development model	To enhance the quality and well-being of youths
Enculturation and development of sports holistically	To enhance the well-being of citizens through sport
Empowerment of TVET based on industry and digitalisation	Digitalisation of ILKBS to fulfill the needs of IR4.0 and gig economy by 2025
Recognition of sport industry as driver of the country's economic growth	Transformation of sport industry to fuel the ecosystem of a sustainable country
Strengthening of the ministry service delivery	To enhance the efficiency and effectiveness of ministry public officers' services

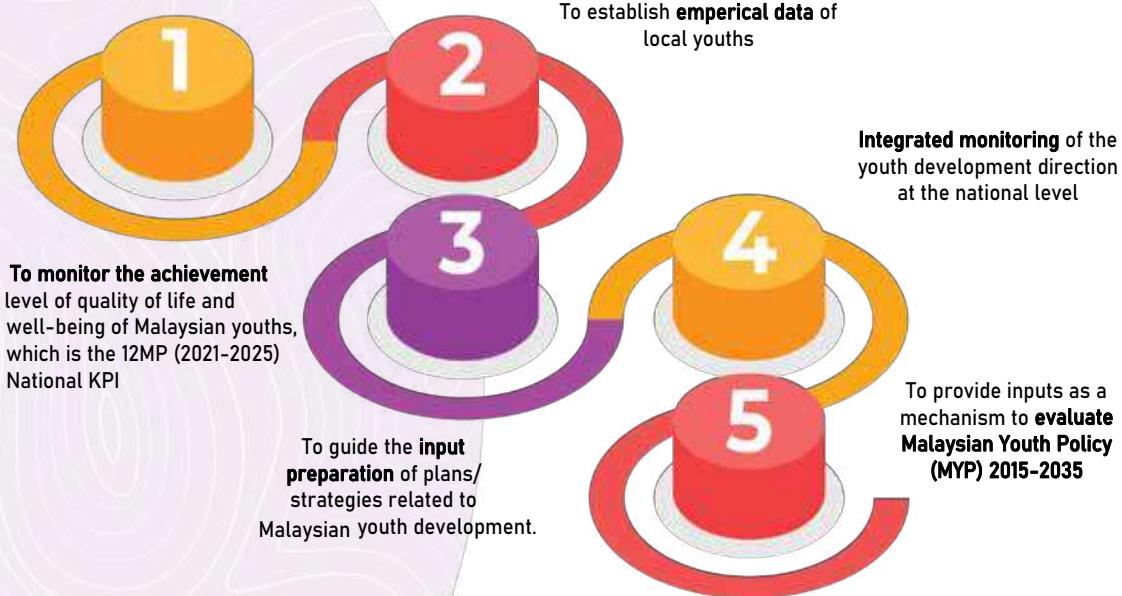


# MALAYSIAN YOUTH INDEX 2022 (MYI'22)





# SIGNIFICANCE OF MYI'22



# OBJECTIVES OF MYI'22

1

To evaluate **the change of the lifestyle** of youths through a comparison with the current index;

2

Evaluate **changes of achievement** obtained in **domain and indicator** of quality of life and well-being of Malaysian youths;

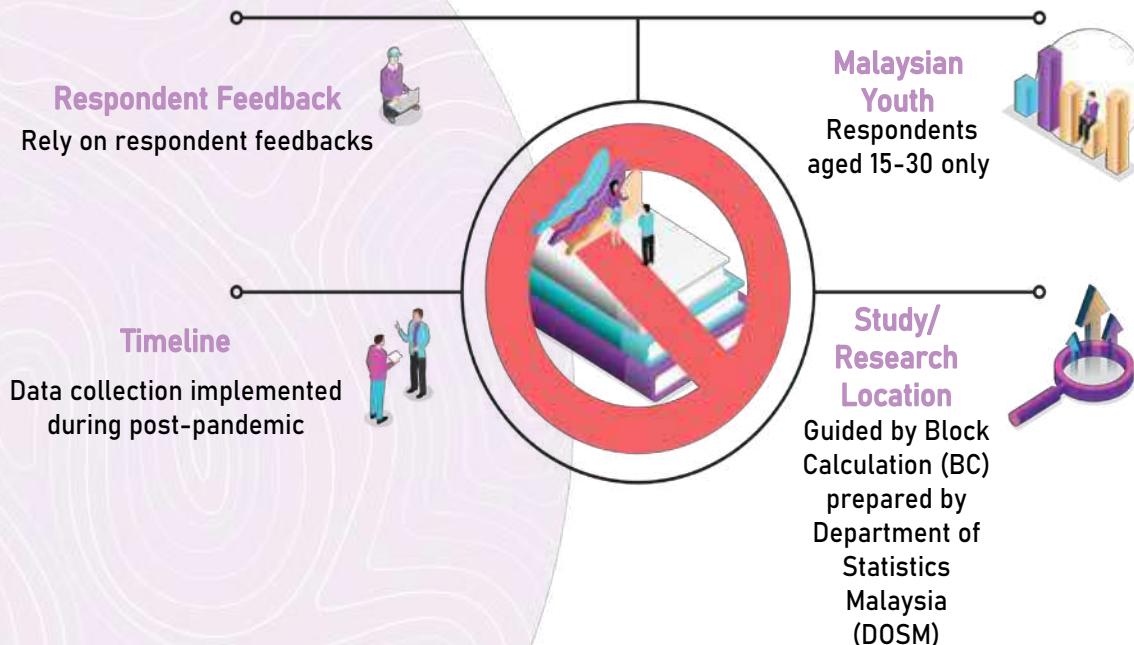
3

To provide **inputs and suggestions** to form a policy and to develop suitable programme to improve the quality of life and well-being of youths;

4

To provide inputs for **Malaysian Youth Policy (MYI) 2015–2035 evaluation mechanism.**

# RESEARCH LIMITATION



# LITERATURE REVIEW

## Global Youth Development Index (YDI)

2013: 0.700  
2016: 0.729  
2020: 0.775

## ASEAN YDI

2017: 3/ 10 countries (Education; Employment & Opportunity; Health & Well-being; & Participation & Engagement)  
2021: Values, Awareness & Identity)

## Sustainable Development Goals (SDG) 2030

Goal 1: No Poverty  
Goal 3: Good Health & Well-being  
Goal 4: Quality Education

Goal 6: Clean Water & Sanitation  
Goal 8: Decent Work & Economic Growth  
Goal 17: Partnership for The Goals

## Twelfth Malaysia Plan (2021 – 2025)

Theme 2: Strengthening Security, Well-being and Inclusivity

## Shared Prosperity Vision 2030

Target Group - Youth

## Malaysian Youth Policy (MYP) 2015 – 2035

Six MYP mechanism 2015 – 2035

# LITERATURE REVIEW

## KBS Strategic Plan 2021-2025

Strategic Thrust 1: Empowering inclusive youths in accordance to the new youth development model

## Develop a Madani Nation

Eight Main Thrusts that is:

1. Economics & Finance
2. Legal
3. Institutions
4. Education
5. Cultural
6. Society/Community
7. Urban
8. Rural

## Youth Political Socialisation, Nationhood and Democracy

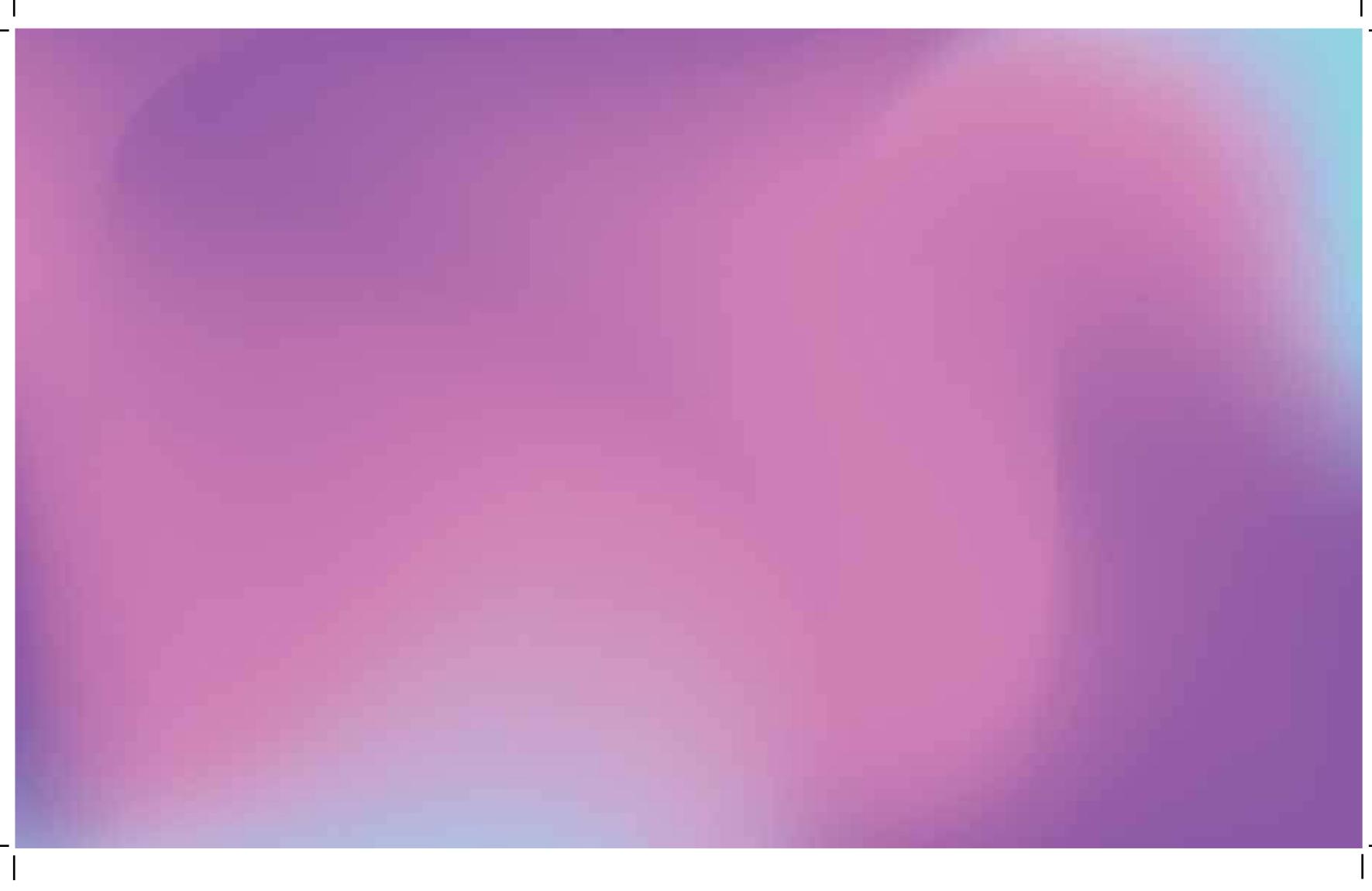
Initiatives and strategies to improve political literacy, nationhood and democracy.

## Youth Unity

Initiatives and strategies to enhance unity among youths

## Youth Bankruptcy

Initiatives and intervention strategies for youth bankruptcy



# TARGET ACHIEVEMENTS OF MALAYSIAN YOUTH INDEX (MYI) 2021-2025



# QUALITY & WELL-BEING ACHIEVEMENT TARGET FOR MALAYSIAN YOUTHS 2021-2025

Target increase by a score of 0.5 each year. Agreed and has been recognised at EPU and KBS level



Source: I2MP Target Score setting meeting on 5 Mar 2020 and Chapter 5, 12MP Document (2021-2025)

# CHRONOLOGY OF MALAYSIAN YOUTH INDEX (MYI)



# MALAYSIAN YOUTH INDEX (MYI) CHRONOLOGY

## ASEAN Workplan on Youth 2016-2020

- 2016- Presentation of Malaysian Youth Index 2015 (MYI'15) at the ASEAN secretariat level.
- The formation of Malaysian Youth Index is an initiative under the ASEAN Workplan on Youth 2016-2020.
- 2017 – Presentation of Malaysian Youth Index 2015 (MYI'15) at the Commonwealth Secretariat level.

## MYI Domain and Indicator updates and improvements

- Update and improvement of Malaysian Youth Index through six (6) Domains and 41 Indicators.
- Domain scores with weightage value.

## MYI as inputs of the Thirteenth Malaysia Plan (2026-2030)

- Inputs for the strategic planning of youth development at the national level.



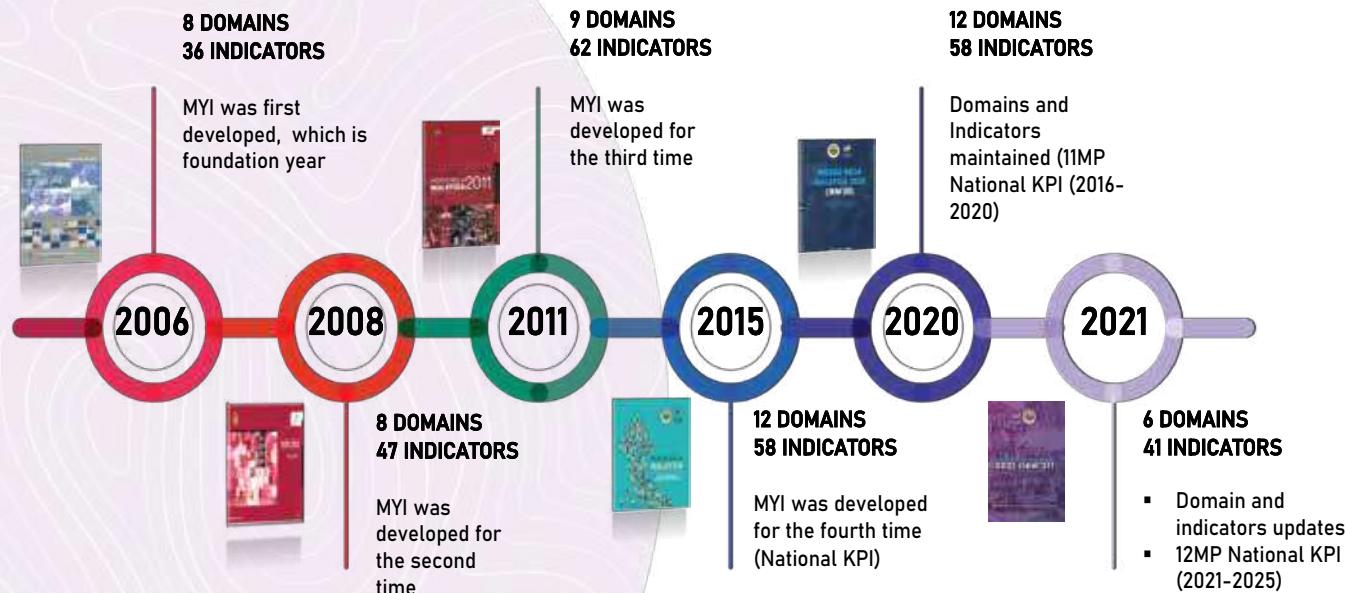
## Global Youth Development Index (GYDI) 2020

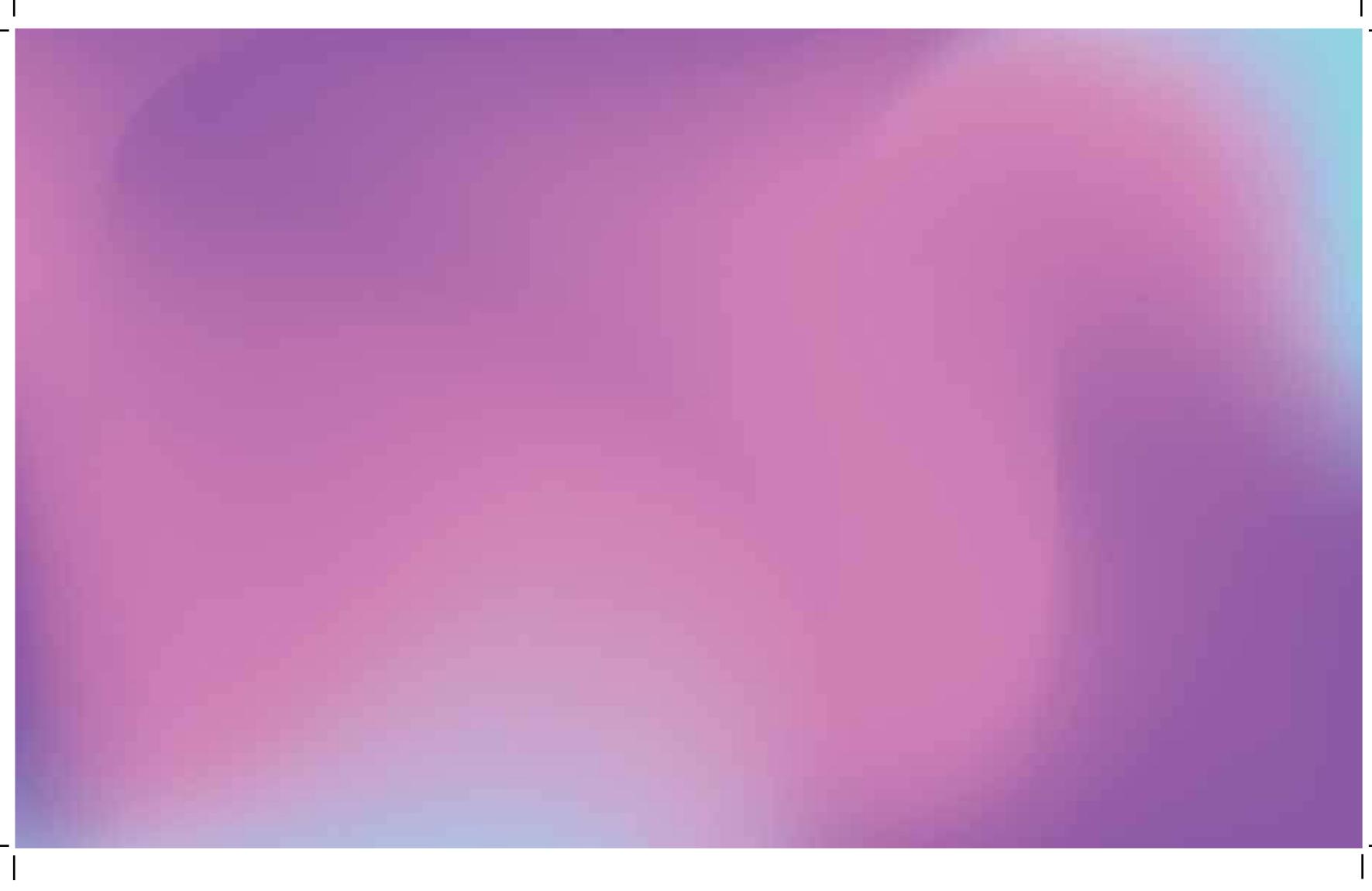
- Update of domains and indicators at the global level.

## National Key Performance Indicator (KPI) (12MP)

- MYI is the National Key Performance Indicator (KPI) for Twelfth Malaysia Plan.
- MYI score target of 70.8 (moderate) in 2025.
- The implementation of the Malaysian Youth Index is an initiative under the ASEAN Workplan on Youth 2021-2025

# MYI DOMAINS AND INDICATORS CHRONOLOGY





# QUALITY OF LIFE & WELL-BEING CONCEPT OF MALAYSIAN YOUTHS

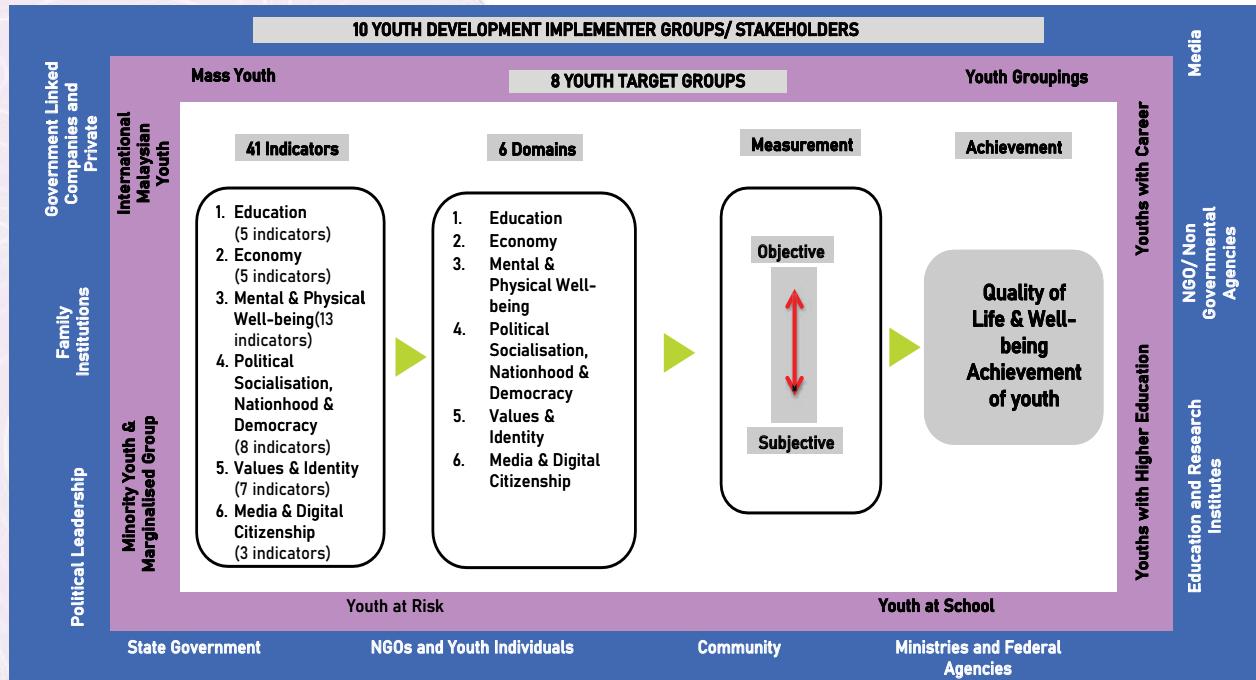


# QUALITY OF LIFE AND WELL-BEING CONCEPT



Source : Bubolz et al. 1980, Ventegodt et al., 2003, Zaimah Ramli et al. 2012, Sulaiman Md Yasin et al. 2015

# QUALITY OF LIFE & WELL-BEING CONCEPT FRAMEWORK THROUGH NATIONAL KEY YOUTH DEVELOPMENT AREA (NKYDA) 2021-2025



Source: Adapted and modified based on Global Youth Development Index 2016 conceptual framework and Malaysian Youth Policy (MYP) 2015-2035

# 6 DOMAIN DEFINITION OF QUALITY OF LIFE AND WELL-BEING FOR MALAYSIAN YOUTH



## EDUCATION

Access to Education, highest academic attainment and mastery in reading and writing.



## MENTAL & PHYSICAL WELL-BEING

Health literacy levels, mental and physical well-being, free from illness associated with lifestyle practices and risky behaviour.



## VALUES & IDENTITY

The principles/guidelines of life, psychological characteristics, spirit, series of beliefs, self-worth, strength and ability in a person that can be optimally developed towards achieving a superior personality and strong identity.



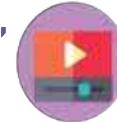
## ECONOMY

The economic level of a person reflects the extent of his financial position/ financial standing.



## POLITICAL SOCIALIZATION, NATIONHOOD & DEMOCRACY

Involvement in political activities including the existence of youth-related policies, the existence of voter education, freedom of voice, discussions, participation and following developments in political nationhood and democracy related issues.



## MEDIA & DIGITAL CITIZENSHIP

All forms of medium/channels to convey information and the ability to manage and monitor behaviour when using technology including ethics, norms and culture.

# DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH



**EDUCATION** Access to Education, highest education attainment and mastery in reading and writing.

<b>EDUCATIONAL ACHIEVEMENT</b>	Post-secondary educational achievement of youth
<b>SECONDARY EDUCATION ENROLLMENT</b>	The ratio of secondary education enrollments (without age limit) to the population refers to the age group corresponding to that education level.
<b>SECONDARY EDUCATION COMPLETION/GRADUATION RATE</b>	The proportion of youth who completed secondary education.
<b>EDUCATIONAL LITERACY</b>	Reading and writing skills to understand brief statements in everyday life
<b>TERTIARY ENROLLMENT</b>	The ratio of tertiary education enrollment (without age limit) to the population refers to the age group corresponding to that Education level.

# DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH



**ECONOMY** The economic level of a person reflects the extent of his financial position/ financial standing.

<b>FINANCIAL SECURITY</b>	A situation in which a person has careful financial planning i.e. savings or investments, allowing him to go through retirement age without worries.
<b>FINANCIAL LITERACY</b>	The ability to use knowledge and skills to manage financial resources effectively to achieve financial well-being.
<b>DEBT-FREE</b>	The ability to maintain a comfortable lifestyle and at the same time have future savings and avoid debt burdens.
<b>EMPLOYABILITY</b>	Ability to get employment that corresponds with the qualification level.
<b>YOUTH UNEMPLOYMENT RATE</b>	The proportion of unemployed (non-working) youth to the number of youth population in the workforce

# DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH



## MENTAL AND PHYSICAL WELL-BEING

**The level of health literacy, mental and physical well-being, free from diseases associated with lifestyle practices and risky behaviour.**

<b>MENTAL HEALTH</b>	The ability to overcome stress, anxiety and depression due to events/ incidents
<b>PERSONAL AND ENVIRONMENTAL SAFETY</b>	Feeling safe and free from fear
<b>SANITATION</b>	Personal and public hygiene system
<b>BMI (WEIGHT AND HEIGHT RATIO)</b>	Weight proportionate to one's own height
<b>LEISURE TIME</b>	Frequency of activities according to interest such as hobbies, activities, entertainment and association engagement
<b>SMOKING/ VAPE</b>	Youth smoking/vape rates
<b>BALANCED DIET PRACTICES</b>	Healthy and balanced diet practices of youth
<b>ALCOHOL ABUSE</b>	Dangerous use of alcohol can damage physical and mental capabilities.
<b>DRUG ABUSE</b>	Misuse of drug as opposed to its importance for treatment
<b>HIV RATE</b>	HIV infection rate
<b>SEXUALLY TRANSMITTED INFECTIONS (STI)</b>	Diseases that can infect the reproductive health system from an infected person.
<b>BIRTH RATE (ASFR)</b>	The rate is per 1,000 girls aged 15-30
<b>CRUDE DEATH RATE (CDR)</b>	The rate is per 1,000 residents aged 15-30 years

# DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH



## POLITICAL SOCIALIZATION, NATIONHOOD & DEMOCRACY

Involvement in political activities including the existence of youth-related policies, the existence of voter education, freedom of voice, discussion, participation and following developments related to political issues, Nationhood and Democracy.

<b>EXISTENCE OF POLICIES RELATED TO YOUTH DEVELOPMENT</b>	Refers to a formally agreed action as the basis for decision-making or implementation according to the availability of youth and spurring them to a higher level.
<b>EXISTENCE OF VOTER EDUCATION (VOTER EDUCATION)</b>	Programmes fostering multi-layered public awareness and promoting transparency and efficient of election management and planning, developing as well as implementing awareness program on democracy and elections.
<b>FREEDOM OF YOUTH VOICE</b>	Freedom to speak freely on formal and trusted platforms/channels.
<b>POLITICAL DISCUSSION, NATIONHOOD AND DEMOCRACY</b>	Discussions on political, nationhood and democracy issues with friends, family, cyber friends, teachers and others
<b>KEEPING UP WITH POLITICAL, NATIONHOOD AND DEMOCRACY ACTIVITIES</b>	Kept updated on the latest developments in politics, nationhood and democracy
<b>PARTICIPATION IN POLITICAL ACTIVITIES, NATIONHOOD AND DEMOCRACY</b>	Take part in political, nationhood and democracy activities, including voting, attending political talks and being active in political part
<b>PATRIOTISM</b>	Love for one's country
<b>UNITY SPIRIT</b>	Unity and social cohesion displayed by society

# DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH



## VALUES AND IDENTITY

The principles/ guidelines of life, psychological characteristics, spirit, series of beliefs, self-worth, strength and ability in a person that can be optimally developed towards achieving a superior personality and strong identity.

EMPOWERMENT	A person's ability to remain committed in everything they do, despite challenges and obstacles
SENSITIVITY/ CONCERN	Concern for the values and culture of society as well as care for the environment.
SOCIAL RELATIONS	Link between an individual and another person.
SELF-CONCEPT	Self-appreciation is the degree of appreciation and recognition towards oneself/self-worth. Self-efficiency means believing in one's capability/ability to complete a task well.
LIFESTYLE	Trust and the manifestation of faith in God, who seeks to serve as a guide, a moral formation and a source of political values.
LEADERSHIP	One's ability to lead, ability to make tough decisions and handle challenges.
SELF-CONTROL	Self-control encompasses displaying sincerity, openness, transparency, trustworthiness, truthfulness, ethics, not easily influenced, believable, fulfilling promises, not engaging in social misconduct, and youth potential.

## **DEFINITION OF INDICATORS FOR EACH QUALITY OF LIFE & WELL-BEING DOMAIN OF MALAYSIAN YOUTH**



### **MEDIA & DIGITAL CITIZENSHIP**

All forms of channel/ medium in which to convey information and the ability to manage and monitor one's use of technology which encompasses ethics, norms and culture.

<b>ACCESS TO MEDIA</b>	Frequency of media consumption/ use.
<b>SECURITY WHEN USING THE INTERNET/INTERNET SECURITY</b>	Feel safe/ secure when using digital technology, including for financial transaction
<b>DIGITAL LITERACY</b>	Using digital media efficiently, responsibly and ethically for communication and information

# RESEARCH METHODOLOGY



# RESEARCH METHODOLOGY

## MALAYSIAN YOUTH INDEX 2022 (MYI'22)



# MALAYSIAN YOUTH SCORE 2022 (MYI'22)

## FORMULATION METHOD

Indicator Score:  $\bar{x}_{indicator} = \frac{\sum_k \frac{M_k - M_k^S}{R}}{n_{item}} \times 100 \quad k = 1, 2, \dots, n_{item}$

Remarks :

$M_k^S$  = minimum scale value

$M_k$  = min

$R$  = maximum scale value – minimum scale value

$n$  = number

Domain Score :  $\bar{x}_{domain} = \frac{\sum_i \bar{x}_{indicator}}{n_{indicator}} \quad i = 1, 2, \dots, n_{indicator}$

Index ::  $\bar{x}_{index} = \frac{\sum_d \bar{x}_{domain}}{n_{domain}} \quad d = 1, 2, \dots, n_{domain}$

This study uses the "0" index as the minimum score and "100" index as the maximum score. The higher the score, the better the life quality and well-being of every youth in Malaysia, based on the following scale



# MYI'22 DOMAIN WEIGHTAGE

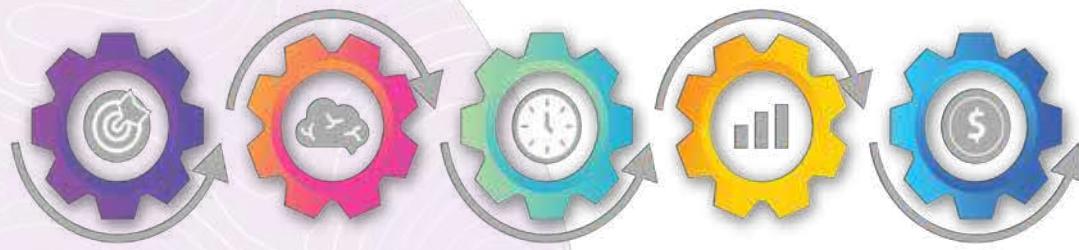
NO.	DOMAIN	WEIGHTAGE (%)		
		GLOBAL	ASEAN	MALAYSIA
1	EDUCATION	25% (Global Youth Index, 2016)	30% (Youth Development Index, 2017)	<b>20.0%</b>
2	ECONOMY	25% (Global Youth Index, 2016)	30% (Youth Development Index, 2017)	<b>20.0%</b>
3	MENTAL & PHYSICAL WELL-BEING	25% (Global Youth Index, 2016)	30% (Youth Development Index, 2017)	<b>20.0%</b>
4	POLITICAL SOCIALISATION, NATIONHOOD & DEMOCRACY	15% (Global Youth Index, 2016)	-	<b>15.0%</b>
5	VALUES & IDENTITY	10% (Global Youth Index, 2016)	10% (Youth Development Index, 2017)	<b>12.5%</b>
6	MEDIA & DIGITAL CITIZENSHIP	10.94% (The Global Youth Wellbeing Index, 2017)	-	<b>12.5%</b>
<b>TOTAL</b>		-	<b>100%</b>	<b>100%</b>

Source: First ASEAN Youth Development Index (2017); Global Youth Index and Report (2016) & (2020) and The Global Youth Wellbeing Index (2017)

# MALAYSIAN YOUTH INDEX (MYI) 2015-2022 ACHIEVEMENT TREND



# MYI'22 HIGHLIGHTS



01

The MYI'22 score increased **0.46** to **70.25** compared to the MYI'21 score of **69.79**

02

The three MYI'22 domain scores are **increasing**, namely **Education; Mental & physical well-being; and Values & Identity**

03

The three MYI'22 domain scores were on a **decline** in **Economy; Political Socialisation, Nationhood & Democracy; and Media & Digital Citizenship**

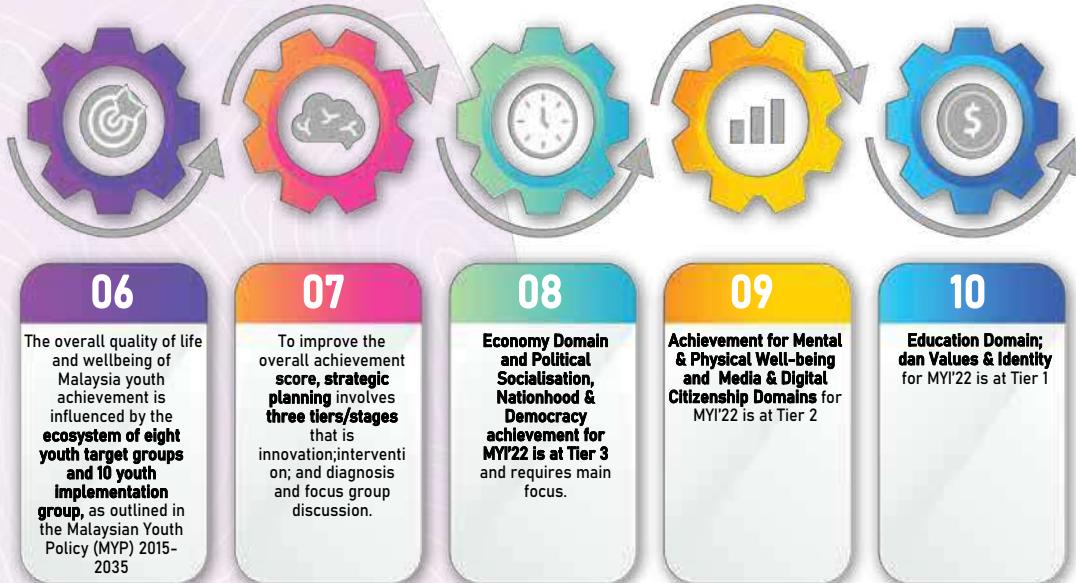
04

The domain of Political Socialisation, Nationhood & Democracy has a decline from **Tier II: Intervention and Specific Observation Approaches** to **Tier III: Diagnosis and Group Discussion Approaches**

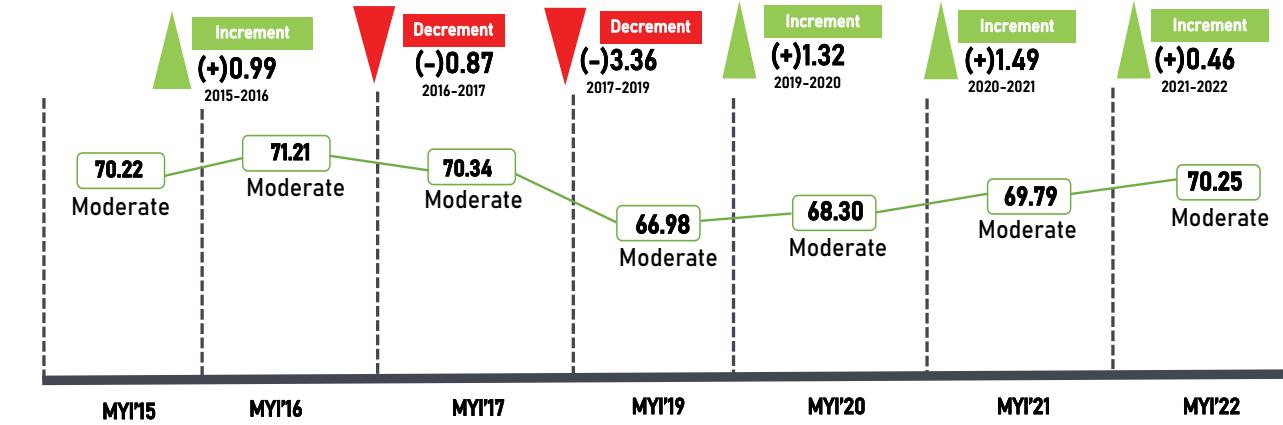
05

**The Education Domain** recorded the highest score achievement (83.64) at a very satisfactory level and the **Economy Domain** recorded the lowest score achievement (58.55) at a Less Satisfactory level.

# MYI'22 HIGHLIGHTS



# MALAYSIAN YOUTH QUALITY OF LIFE AND WELL-BEING ACHIEVEMENT TRENDS 2015-2022



Source:

Institute for Youth Development Malaysia. (2022). Malaysian Youth Index. Putrajaya: IYRES  
 Institute for Youth Development Malaysia. (2021). Malaysian Youth Index. Putrajaya: IYRES  
 Institute for Youth Development Malaysia. (2020). Malaysian Youth Index. Putrajaya: IYRES  
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 Institute for Youth Development Malaysia. (2016). Malaysian Youth Index Outcome Assessment Study . Putrajaya: IYRES  
 Institute for Youth Development Malaysia. (2015). Malaysian Youth Index . Putrajaya: IYRES



NO.	DOMAIN	DOMAINS SCORE MYI'21	DOMAINS SCORE MYI'22	INDICATORS	INDICATORS SCORE MYI'21	INDICATORS SCORE MYI'22
1	EDUCATION	82.50	83.64	1. Academic Achievement	97.20	96.78
				2. Educational Literacy	95.00	94.97
				3. High-School Education Enrolment	89.41	92.11
				4. High-School Graduation Rate	82.30	84.59
				5. Tertiary Enrolment	48.59	49.75
2	ECONOMY	59.07	58.55	1. Financial Security	50.45	41.67
				2. Financial Literacy	62.90	62.72
				3. Debt Free	45.08	47.74
				4. Employability	42.10	44.02
				5. Youth Unemployment Rate	9.20	7.40
3	MENTAL & PHYSICAL WELL-BEING	68.91	72.23	1. Mental Health	85.03	88.56
				2. Personal Safety and Environment	54.20	69.47
				3. Sanitation	33.70	67.85
				4. BMI (Weight and Height Ratio)	59.00	42.05
				5. Leisure Time	48.49	42.43
				6. Smoking/ Vaping	16.39	26.47
				7. Balanced Diet	46.11	44.69
				8. Alcohol Abuse	0.01	0.01
				9. Drugs Abuse	0.10	0.08
				10. HIV rate	0.02	0.02
				11. Sexually Transmitted Infections (STI)	0.04	0.04
				12. Age-Specific Fertility Rate (ASFR)	53.60	58.20
				13. Crude Death Rate (CDR)	0.58	0.60
4	POLITICAL SOCIALIZING, NATIONHOOD & DEMOCRACY	60.31	58.64	1. Existence of Policy Related to Youth Development	70.87	68.12
				2. Existence of Voter Education	69.12	67.21
				3. Youth Freedom of Speech	71.19	68.09
				4. Political Discussion, Nationhood and Democracy	47.63	47.34
				5. Following the Developments of Political Activities, Nationhood and Democracy	42.86	42.87
				6. Involvement in Political Activities, Nationhood and Democracy	35.52	34.66
				7. Patriotism	65.40	63.37
				8. Spirit of Unity	79.89	77.44
5	VALUES & IDENTITY	75.00	75.22	1. Resilient	67.52	75.34
				2. Sensitivity/ Concern (environment and volunteerism)	68.50	67.72
				3. Social Relationships (with parent/family, relationship with community and with peers)	74.01	73.90
				4. Self-Concept (self efficacy and self actualization)	74.30	73.37
				5. Lifestyle (religion and culture)	78.87	77.90
				6. Leadership	74.50	72.67
				7. Self-Regulation (integrity and deviant behaviour)	87.28	85.62
6	MEDIA & DIGITAL CITIZENSHIP	74.23	73.21	1. Access to Media	68.33	64.63
				2. Safety while on Internet	81.70	84.57
				3. Digital Literacy	72.65	70.43
<b>TOTALS</b>				<b>69.79</b>	<b>70.25</b>	

# MYI'21 AND MYI'22 OVERALL SCORE



- The overall score achievement of IBM'22 (70.25) increased by 0.46 compared to IBM'21 (69.79);
- Score calculation using primary and secondary data; and
- The calculation of the score is based on the weighting according to the priority domain.

## MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
1	EDUCATION	20	82.50	83.64	1. Educational Achievements 2. Educational Literacy 3. Secondary Education Enrollment 4. Secondary Education Completion/Graduation Rate 5. Tertiary Enrollment	97.20 95.00 89.41 82.30 48.59	96.78 94.97 92.11 84.59 49.75	Primary Secondary Secondary Secondary Secondary

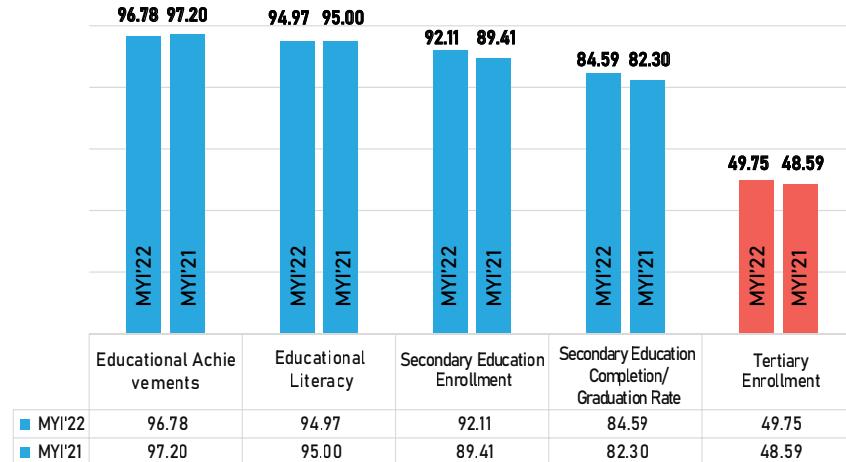




## MYI'21 & MYI'22 EDUCATION DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary & Secondary Data)

**EDUCATION DOMAIN SCORE**

MYI'22	83.64 (Very Satisfactory)
MYI'21	82.50 (Very Satisfactory)



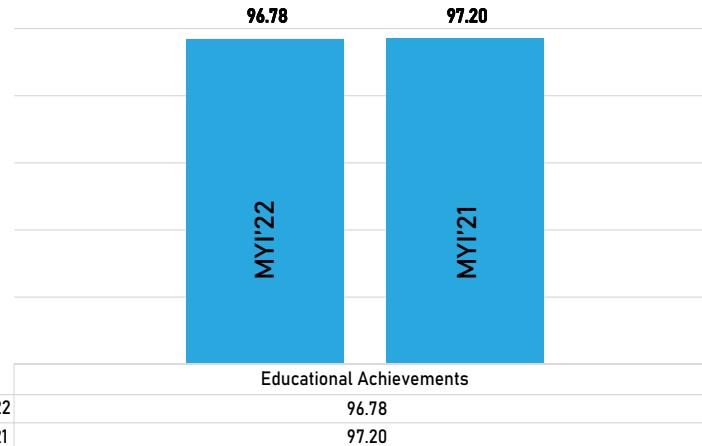
Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES





## MYI'21 & MYI'22 EDUCATION DOMAIN AND INDICATORS ACHIEVEMENT (Primary Data)

EDUCATION DOMAIN SCORE	
MYI'22	83.64 (Very Satisfactory)
MYI'21	82.50 (Very Satisfactory)



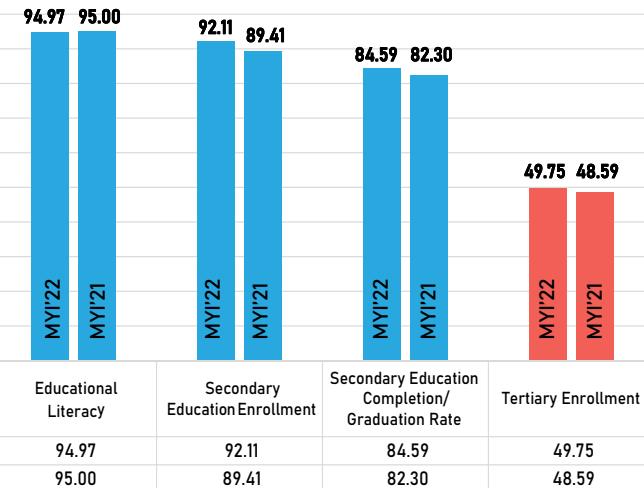
Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES





## MYI'21 & MYI'22 EDUCATION DOMAIN AND INDICATORS ACHIEVEMENT (Secondary Data)

EDUCATION DOMAIN SCORE	
MYI'22	83.64 (Very Satisfactory)
MYI'21	82.50 (Very Satisfactory)

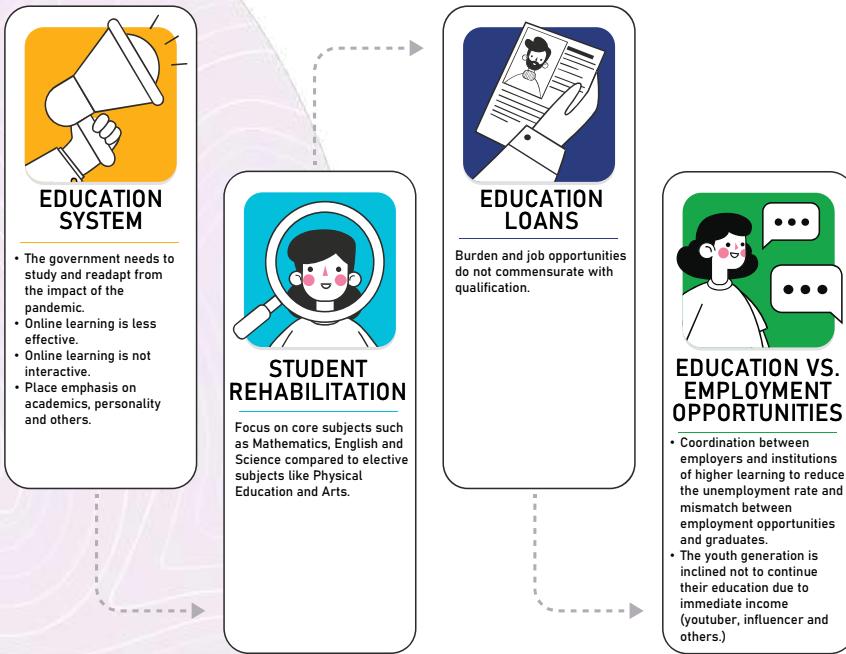


Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## EDUCATION DOMAIN (YOUTH)



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## EDUCATION (IMPLEMENTERS GROUP)



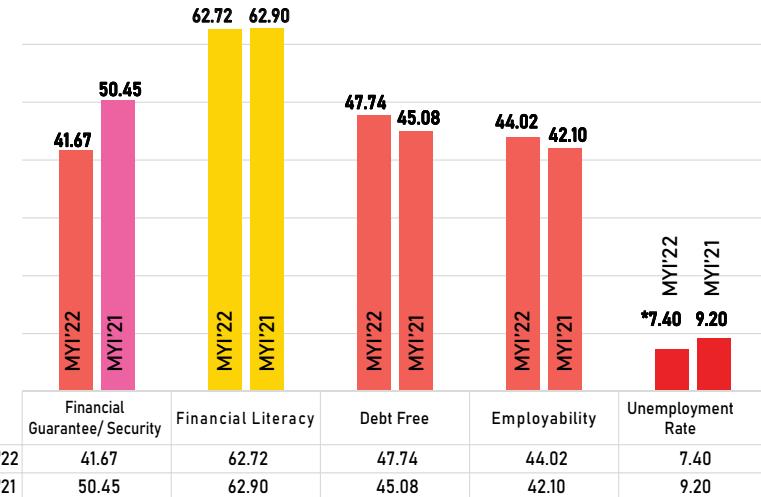
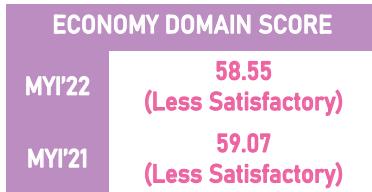
## MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
2	ECONOMY	20	59.07	58.55	1. Financial Guarantee/Security 2. Financial Literacy 3. Debt Free 4. Employability 5. Unemployment Rate	50.45 62.90 45.08 42.10 9.20	41.67 62.72 47.74 44.02 7.40	Primary Primary Primary Primary Secondary





## MYI'21 & MYI'22 ECONOMY DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary & Secondary Data)



Source:

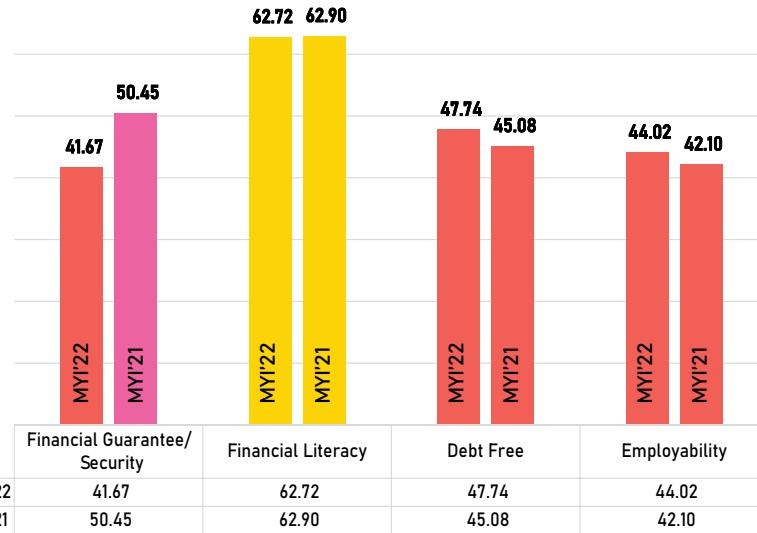
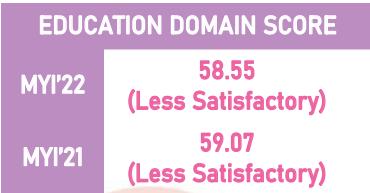
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES

\* Note: Youth Unemployment Rate is the ratio of unemployed population (not working) to the total amount of population in the labor force. This ratio measures the percentage of population in the labor force who are not working (percentage decrease in 2021 (9.20%) compared to March 2020 (11.3%)).





## MYI'21 & MYI'22 ECONOMY DOMAIN AND INDICATORS ACHIEVEMENT (Primary Data)



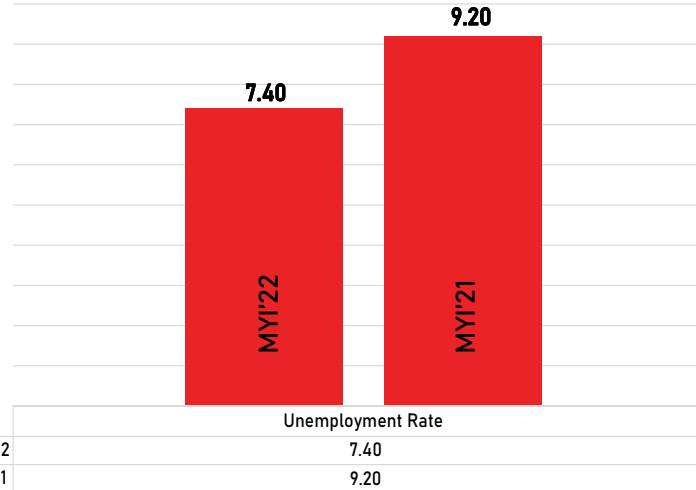
Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES





## MYI'21 & MYI'22 ECONOMY DOMAIN AND INDICATORS ACHIEVEMENT (Secondary Data)

ECONOMY DOMAIN SCORE	
MYI'22	58.55 (Less Satisfactory)
MYI'21	59.07 (Less Satisfactory)



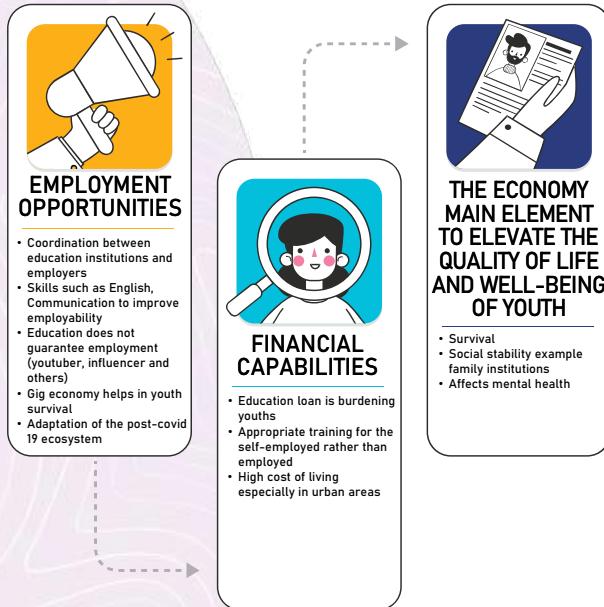
Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES

\* Note: Youth Unemployment Rate is the ratio of unemployed population (not working) to the total amount of population in the labor force. This ratio measures the percentage of population in the labor force who are not working (percentage decrease in 2021 (9.20%) compared to March 2020 (11.3%).



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## ECONOMY DOMAIN (YOUTH)



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## ECONOMY DOMAIN (IMPLEMENTERS GROUP)



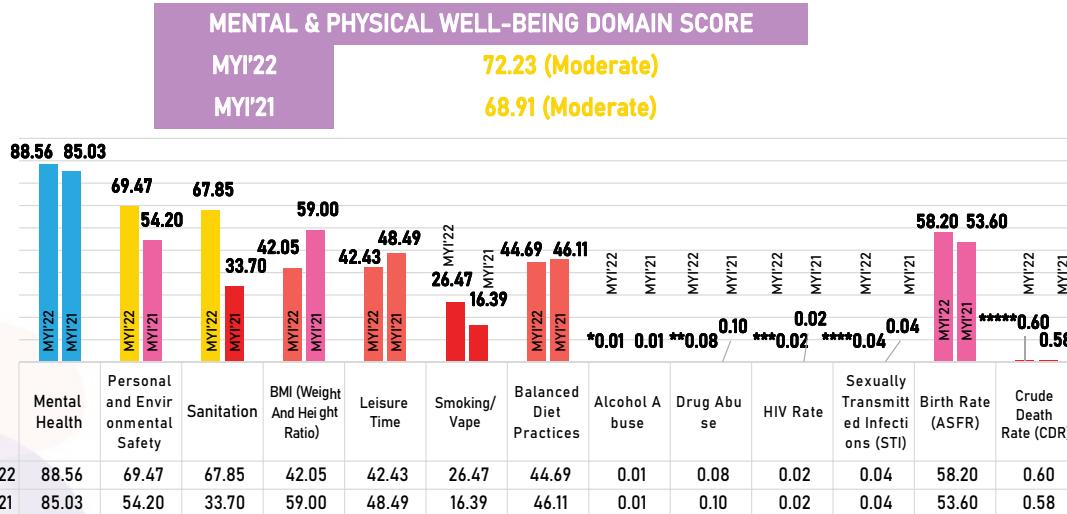
# MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
3	MENTAL & PHYSICAL WELL-BEING	20	68.91	72.23	1. Mental Health 2. Personal and Environmental Safety 3. Sanitation 4. BMI (Weight And Height Ratio) 5. Leisure Time 6. Smoking/ Vape 7. Balanced Diet Practices 8. Alcohol Abuse 9. Drug Abuse 10. HIV Rate 11. Sexually Transmitted Infections (STI) 12. Birth Rate (ASFR) 13. Crude Death Rate (CDR)	85.03 54.20 33.70 59.00 48.49 16.39 46.11 0.01 0.10 0.02 0.04 53.60 0.58	88.56 69.47 67.85 42.05 42.43 26.47 44.69 0.01 0.08 0.02 0.04 58.20 0.60	Primary Primary Primary Primary Primary Primary Primary Secondary Secondary Secondary Secondary Secondary





## MYI'21 & MYI'22 MENTAL & PHYSICAL WELL-BEING DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary & Secondary Data)



Source:

Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22), Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21), Putrajaya: IYRES

\*Note: No Alcohol Abuse is at 99.99 (Very Satisfactory)

\*\*Note: No Drugs Abuse is at 99.92 (Very Satisfactory)

\*\*\*Note: No HIV Rate is at 99.98 (Very Satisfactory)

\*\*\*\*Note: No STI Rate is at 99.96 (Very Satisfactory)

\*\*\*\*\*Note: Gross Death Rate refers to total amount of death for every 1,000 population with 5.4 for Malaysian population in total.





## MYI'21 & MYI'22 MENTAL & PHYSICAL WELL-BEING DOMAIN AND INDICATORS ACHIEVEMENT (Primary Data)

### MENTAL & PHYSICAL WELL-BEING DOMAIN SCORE

MYI'22

72.23 (Moderate)

MYI'21

68.91 (Moderate)

88.56

85.03

69.47

54.20

67.85

33.70

42.05

59.00

42.43

48.49

26.47

16.39

44.69

46.11

	Mental Health	Personal and Environmental Safety	Sanitation	BMI (Weight And Height Ratio)	Leisure Time	Smoking/Vape	Balanced Diet Practices
MYI'22	88.56	69.47	67.85	42.05	42.43	26.47	44.69
MYI'21	85.03	54.20	33.70	59.00	48.49	16.39	46.11

Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES





## MYI'21 & MYI'22 MENTAL & PHYSICAL WELL-BEING DOMAIN AND INDICATORS ACHIEVEMENT (Secondary Data)

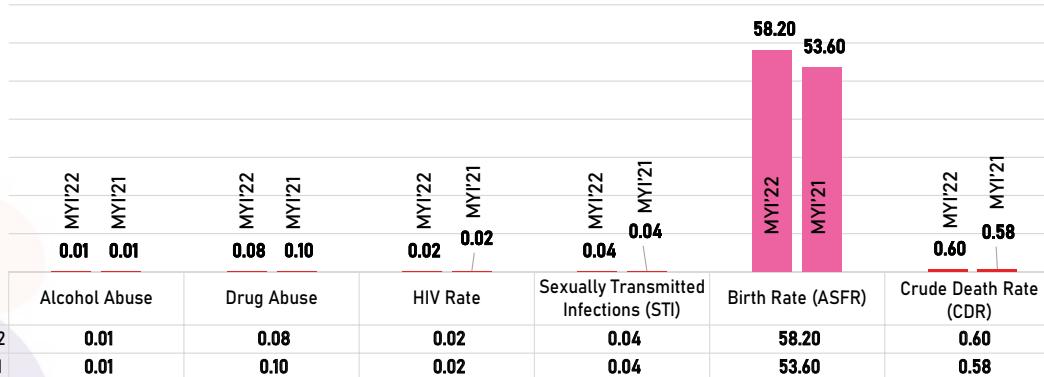
### MENTAL & PHYSICAL WELL-BEING DOMAIN SCORE

MYI'22

72.23 (Moderate)

MYI'21

68.91 (Moderate)



#### Source:

Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES

\*Note: No Alcohol Abuse is at 99.99 (Very Satisfactory)

\*\*Note: No Drugs Abuse is at 99.92 (Very Satisfactory)

\*\*\*Note: No HIV Rate is at 99.98 (Very Satisfactory)

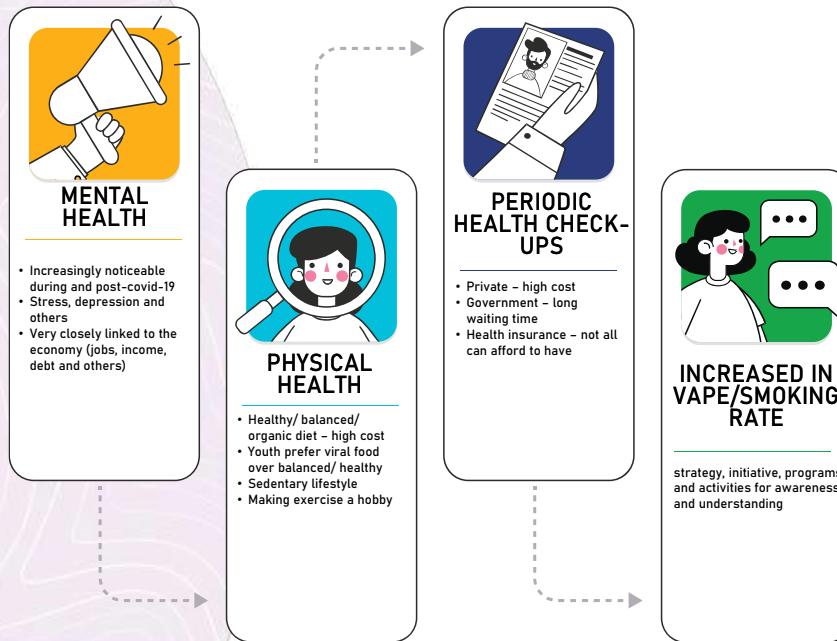
\*\*\*\*Note: No STI Rate is at 99.96 (Very Satisfactory)

\*\*\*\*\*Note: Gross Death Rate refers to total amount of death for every 1,000 population with 5.4 for Malaysian population in total.



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## MENTAL & PHYSICAL WELL-BEING DOMAIN (YOUTH)



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## MENTAL & PHYSICAL WELL-BEING DOMAIN (IMPLEMENTERS GROUP)



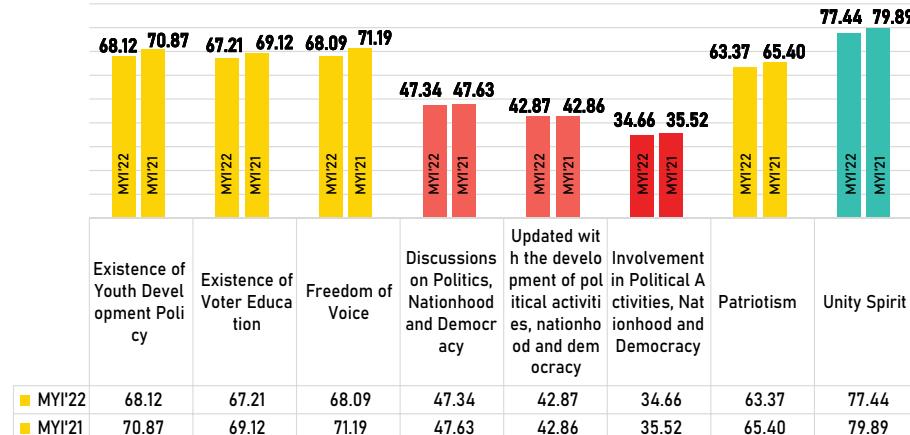
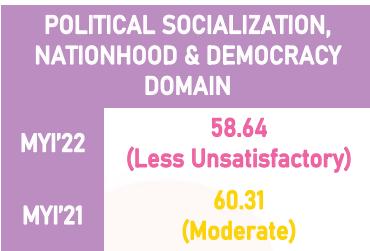
# MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
4	POLITICAL SOCIALIZATION, NATIONHOOD & DEMOCRACY	15	60.31	58.64	1. Existence of Youth Development Policy 2. Existence of Voter Education 3. Freedom of Voice 4. Discussions on Politics, Nationhood and Democracy 5. Updated with the development of political activities, nationhood and democracy 6. Involvement in Political Activities, Nationhood and Democracy 7. Patriotism 8. Unity Spirit	70.87 69.12 71.19 47.63 42.86 35.52 65.40 79.89	68.12 67.21 68.09 47.34 42.87 34.66 63.37 77.44	Primary Primary Primary Primary Primary Primary Primary Primary





## MYI'21 & MYI'22 POLITICAL SOCIALIZATION, NATIONHOOD & DEMOCRACY DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary Data)



Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## POLITICAL SOCIALIZATION, NATIONHOOD AND DEMOCRACY DOMAIN (YOUTH)



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## POLITICAL SOCIALIZATION, NATIONHOOD AND DEMOCRACY DOMAIN (IMPLEMENTERS GROUP)



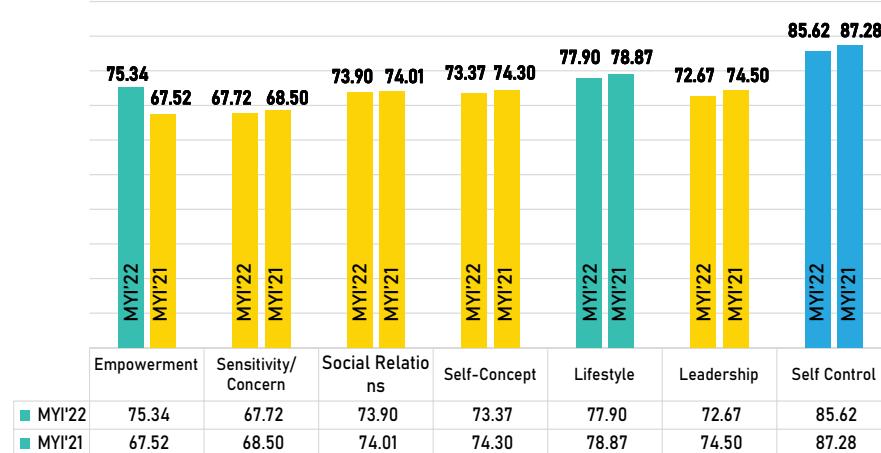
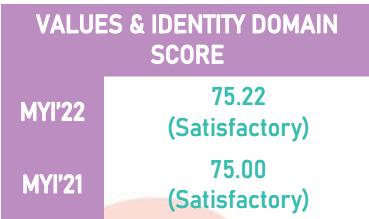
# MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
5	VALUES & IDENTITY	12.5	75.00	75.22	1. Empowerment 2. Sensitivity/Concern 3. Social Relations 4. Self-Concept 5. Lifestyle 6. Leadership 7. Self Control	67.52 68.50 74.01 74.30 78.87 74.50 87.28	75.34 67.72 73.90 73.37 77.90 72.67 85.62	Primary





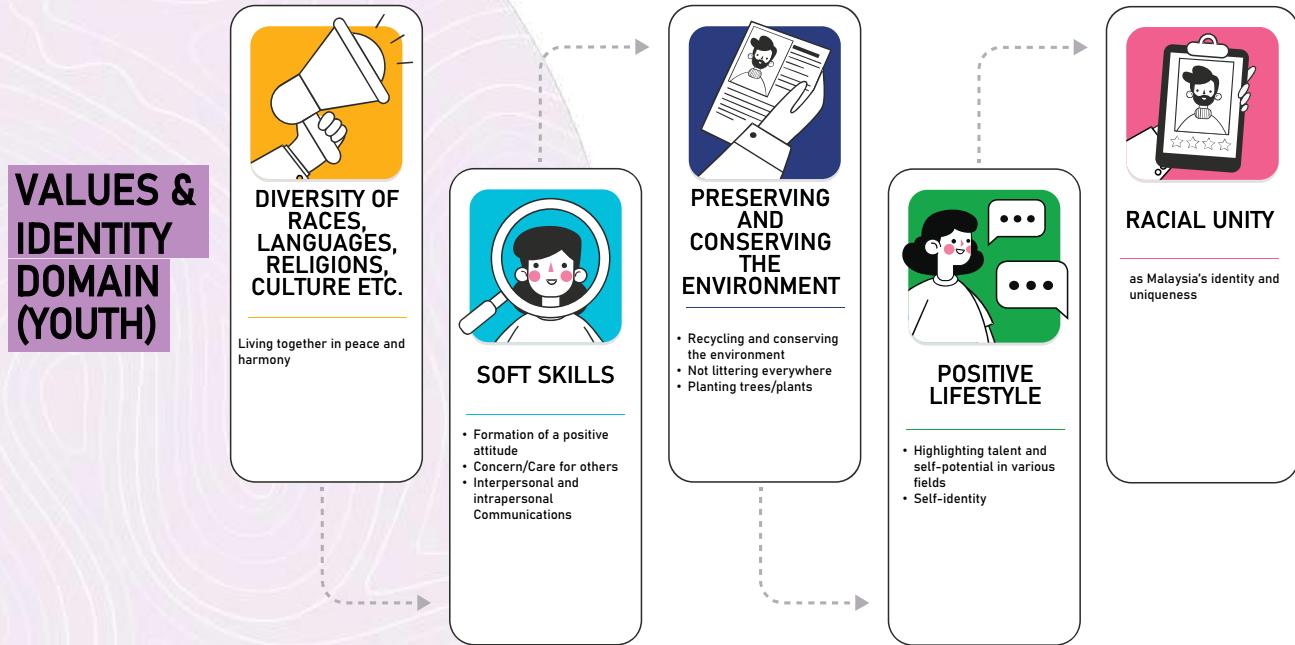
## MYI'21 & MYI'22 VALUES & IDENTITY DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary Data)



Source:  
Institute For Youth Research Malaysia. (2022). Malaysian Youth Index 2022 (MYI'22). Putrajaya: IYRES  
Institute For Youth Research Malaysia. (2021). Malaysian Youth Index 2021 (MYI'21). Putrajaya: IYRES



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## VALUES & IDENTITY DOMAIN (IMPLEMENTERS GROUP)



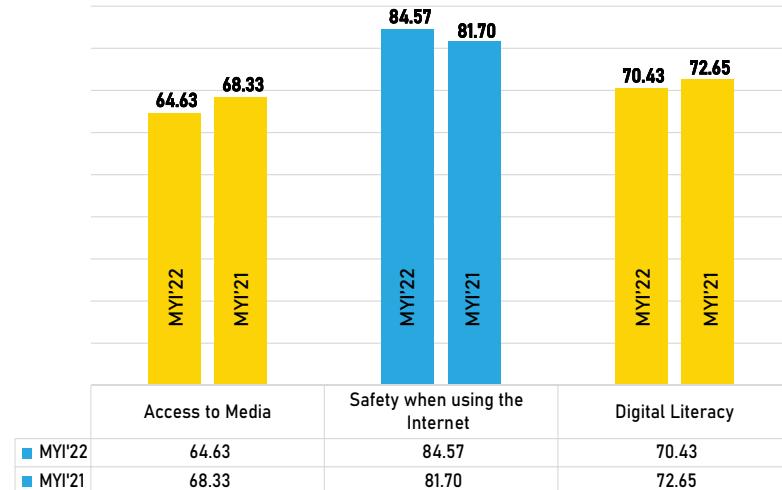
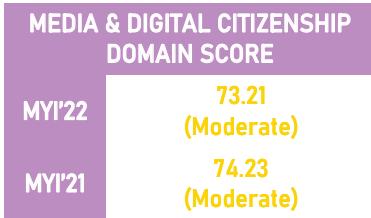
## MYI'21 AND MYI'22 SCORE ACCORDING TO DOMAIN & INDICATOR

No.	Domain	Weightage (%)	MYI'21 Domain Score	MYI'22 Domain Score	Indicator	MYI'21 Indicator Score	MYI'22 Indicator Score	Data Type
6	<b>MEDIA &amp; DIGITAL CITIZENSHIP</b>	12.5	74.23	73.21	1. Access to Media	68.33	64.63	Primary
					2. Safety when using the Internet	81.70	84.57	Primary
					3. Digital Literacy	72.65	70.43	Primary



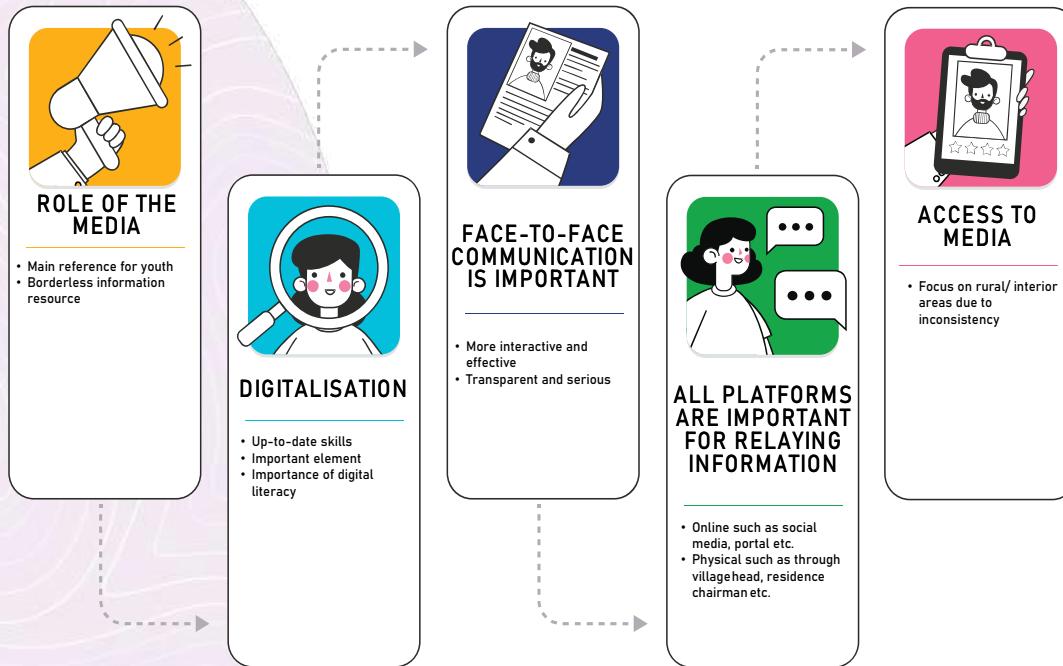


## MYI'21 & MYI'22 MEDIA & DIGITAL CITIZENSHIP DOMAIN AND INDICATORS ACHIEVEMENT (Entire Primary Data)



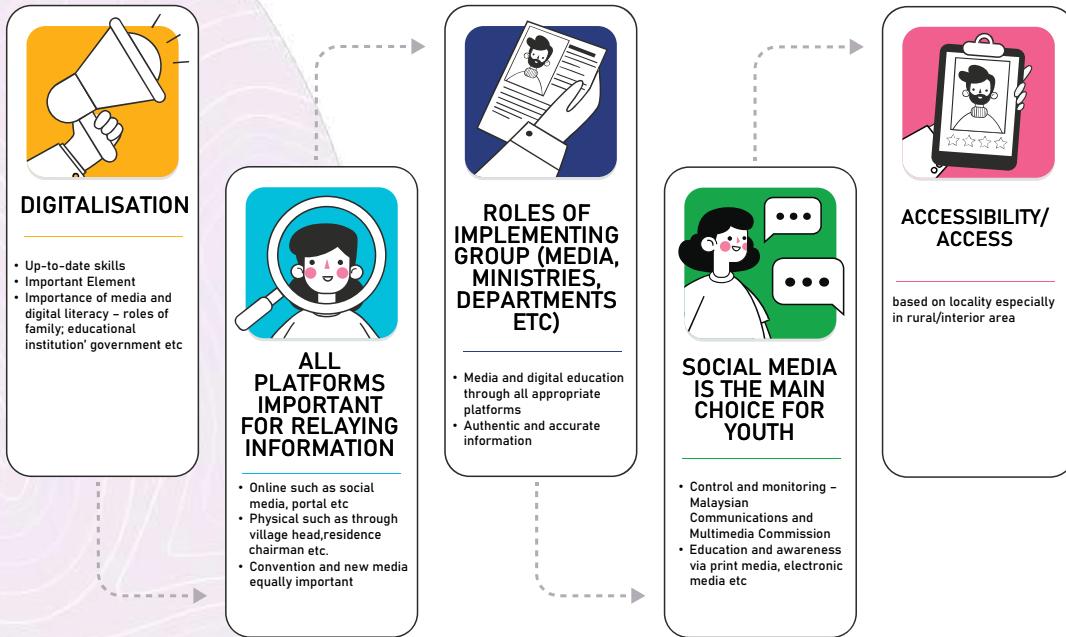
# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

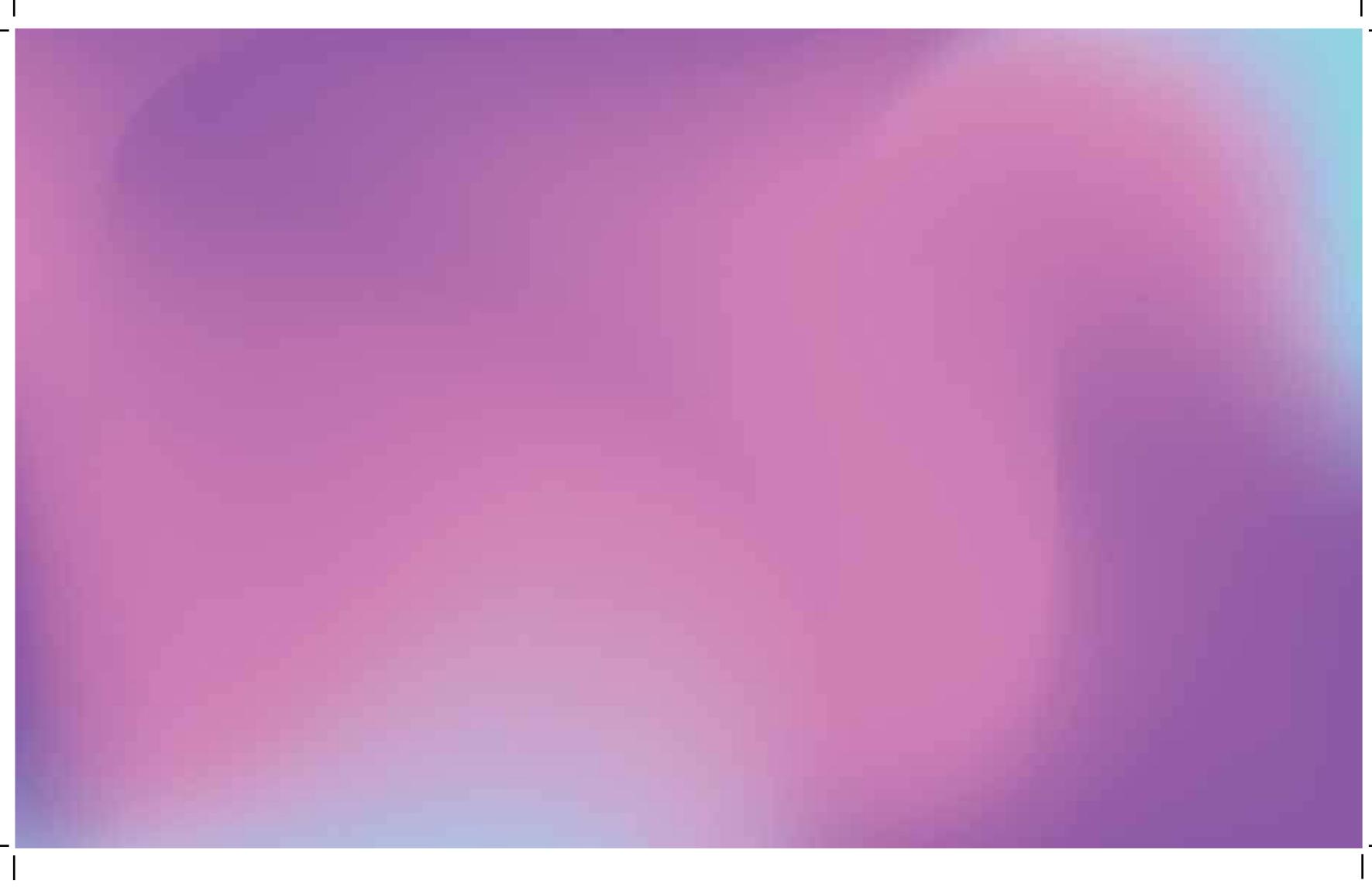
## MEDIA & DIGITAL CITIZENSHIP DOMAIN (YOUTH)



# STUDY FINDINGS THROUGH FOCUS GROUP DISCUSSION (FGD) SESSION

## MEDIA & DIGITAL CITIZENSHIP DOMAIN (IMPLEMENTERS GROUP)





# MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT AT NATIONAL LEVEL



# MYI ACHIEVEMENT UP TO 2022

1

National KPI 11MP (2016-2020) and 12MP(2021-2025)

2

Presented at National Social Council (2016)

3

Presentation of Malaysian Youth Index at the Youth Cyber Wellness in the Digital Era Seminar in conjunction with Safer Internet Day (SID) 2019 #mydigitalH20 (2019)

4

Government Wide Approach through cross-ministerial cooperation for youth development (2016 – 2021)

5

Malaysian Youth Policy (MYP) 2015-2035 assessment mechanism:

- **Malaysian Youth Index**
- Malaysian Youth Asset Study
- Youth Development Study
- Comparison at international level

6

IYRES 2020, 2021 & 2022 Townhall

7

Department of Statistics Malaysia (DOSM) & University Malaysia Pahang (UMP) Statistics Forum

# MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT AT INTERNATIONAL LEVEL



# MYI ACHIEVEMENT UP TO 2022

1

Reference by

- Commonwealth Secretariate for the Formation of the Commonwealth Youth Index (2013)
- ASEAN Secretariate for the Formation of ASEAN Youth Index (2016)
- ASEAN Work Plan On Youth (2016-2020, 2021-2025) Strategy document

2

- Appointed as Task Force for the formation of ASEAN Youth Index (2016-2020)
- Appointed as Task Force for the formation of ASEAN Youth Index (2021-2025)

3

Panel for Emirates Centre for Strategic Studies and Research (ECSSR): The Role of Malaysian Youth Index as Result Based Management for Malaysian Youth Policy (2016)

4

Presented at Commonwealth level: Evidence Based Policies On Youth Development in Asia and Southeast Asia Workshop, Bangkok, Thailand (2017)

# YOUTH DEVELOPMENT INDEX (YDI)

## YDI REPORT 2020

### INFO II

**MALAYSIA**  
YDI Overall Score  
0.775 (High)

- YDI Domain:**
- **Education**  
(0.83 (Very High))
  - **Employment & Opportunity**  
(0.881 (Very High))
  - **Equality & Inclusion**  
(0.887 (Very High))
  - **Health & Wellbeing**  
(0.724 (High))
  - **Peace & Security**  
(0.844 (Very High))
  - **Political & Civic Participation**  
(0.311 (Low))

**GLOBAL LEVEL:**  
Malaysia – 50/181 Countries

**COMMONWEALTH LEVEL:**  
Malaysia – 11/48 Countries

Source:  
Global Development Index & Report, 2020



Youth Age In  
Index  
15-30  
Years

### Malaysian Youth Index 2015

12 Domains & 58 Indicators

- Self-Development
- Social Relationships
- Identity
- Self-Potential
- Health
- Economic Wellness
- Safety
- Political Socialization
- Media Usage
- Leisure Time
- Free from Deviant Behavior



Youth Age In  
Index  
15-30  
Years

### Brunei Darussalam Youth Development Index 2016

8 Domains & 41 Indicators

- Self-Development
- Leisure Time Activities
- Value & Identity
- Health
- Self-Potential
- Multimedia Exposure
- Community Integration
- Social Problems



Youth Age In  
Index  
15-30  
Years

### Philippine Youth Development Index 2016

5 Domains & 17 Indicators

- Education
- Employment
- Health
- Participation
- Organization



Youth Age In  
Index  
15-30  
Years

### Indonesian Youth Development Index 2016

5 Domains & 20 Indicators

- Education
- Health
- Welfare
- Leadership Development
- Gender Sensitivity



Youth Age In  
Index  
15-30  
Years

### ASEAN Youth Development Index 2016

12 Domains & 58 Indicators

- Education
- Employment & Opportunity
- Health & Well-Being
- Youth Participation & Engagement
- Value & Identity



Youth Age In  
Index  
15-29  
Years

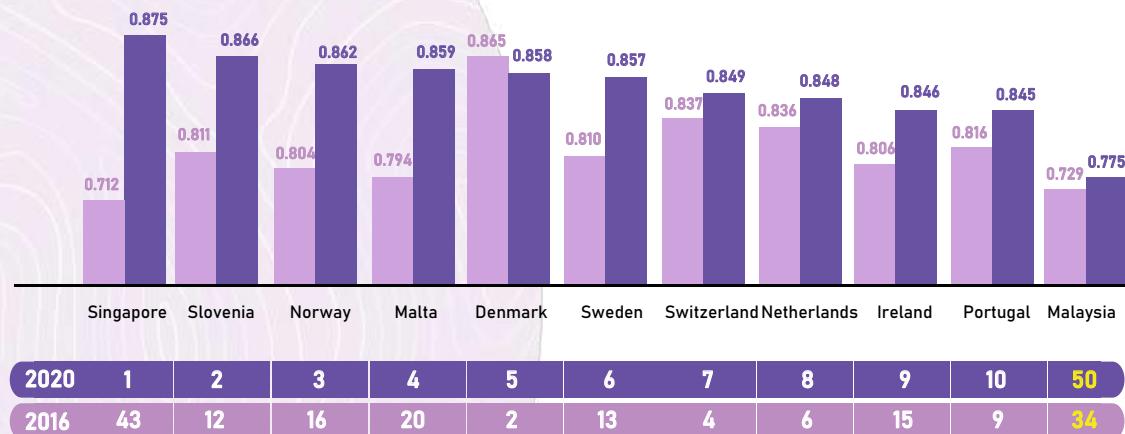
### The Commonwealth's Youth Development Index (YDI) 2016

12 Domains & 58 Indicators

- Education
- Health & Well-Being
- Employment
- Political Participation
- Civic Participation

Sources: IYRES, 2020, Global Youth Development Index, The Commonwealth, 2020, Global Youth Development Index and Report

# COMPARISON OF QUALITY OF LIFE AND WELL-BEING LEVELS OF MALAYSIAN YOUTH AT INTERNATIONAL LEVEL - RANKING AMONG COUNTRIES OF THE WORLD



Indicator	
0.000-0.595	Low
0.595-0.691	Medium
0.691-078	High
0.78-1000	Very High

Note:  
2016: Malaysia ranked 34/183 countries  
2020: Malaysia ranked 50/181 countries

Source: GYDI 2016 & 2020

# COMPARISON OF THE QUALITY AND WELL-BEING LEVELS OF MALAYSIAN YOUTH AT INTERNATIONAL LEVEL – RANKING AMONG COMMONWEALTH COUNTRIES

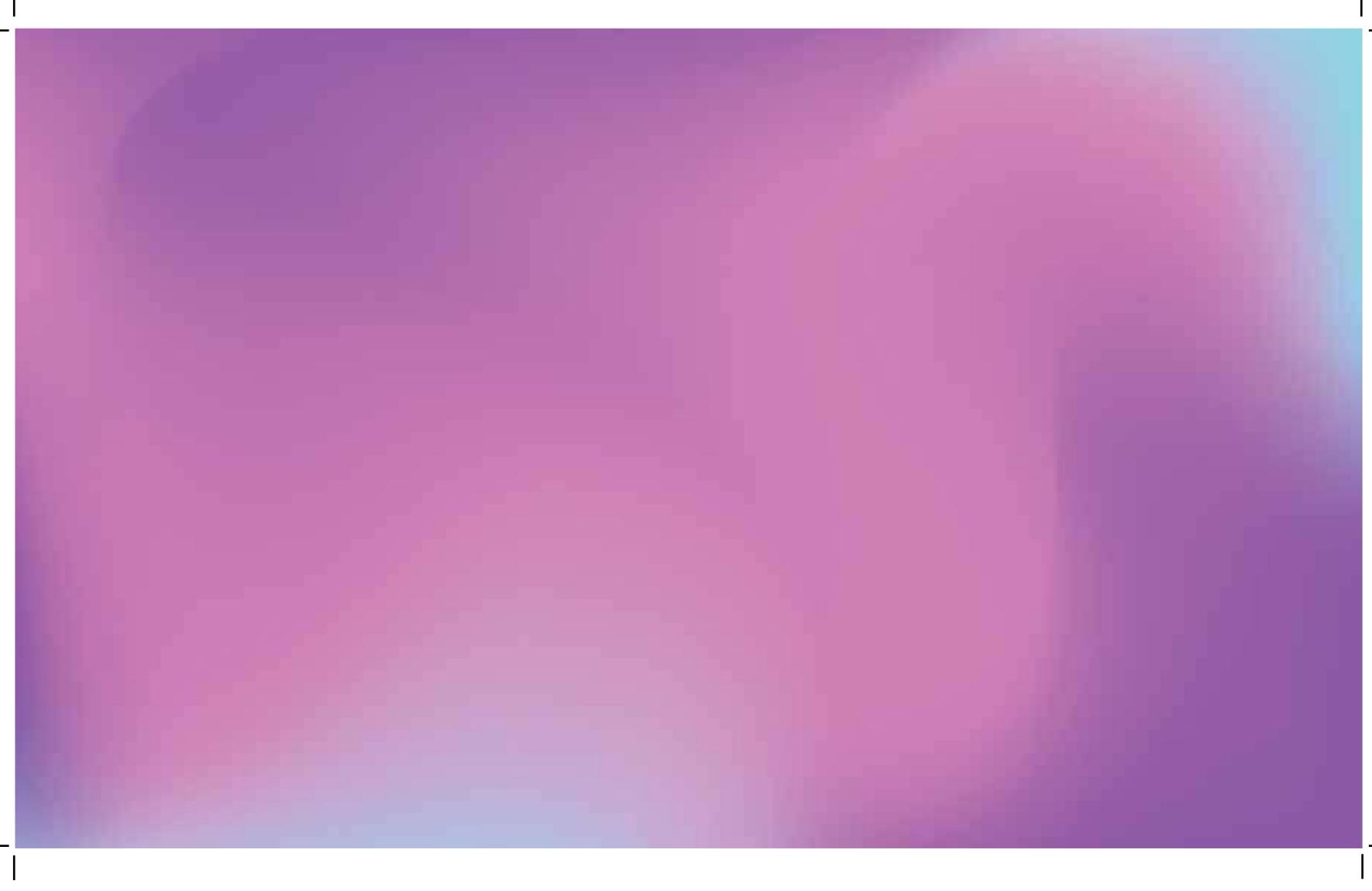


	Singapore	Malta	Cyprus	New Zealand	Australia	Canada	Maldives	United Kingdom	Barbados	Brunei	Malaysia
2020	1	2	3	4	5	6	7	8	9	10	11
2016	11	5	10	3	1	4	14	2	6	7	9

**Indicator**  
 0.000-0.595    Low  
 0.595-0.691    Medium  
 0.691-078    High  
 0.78-1000    Very High

Note:  
 2016: Malaysia ranked 9/49 countries  
 2020: Malaysia ranked 11/48 countries

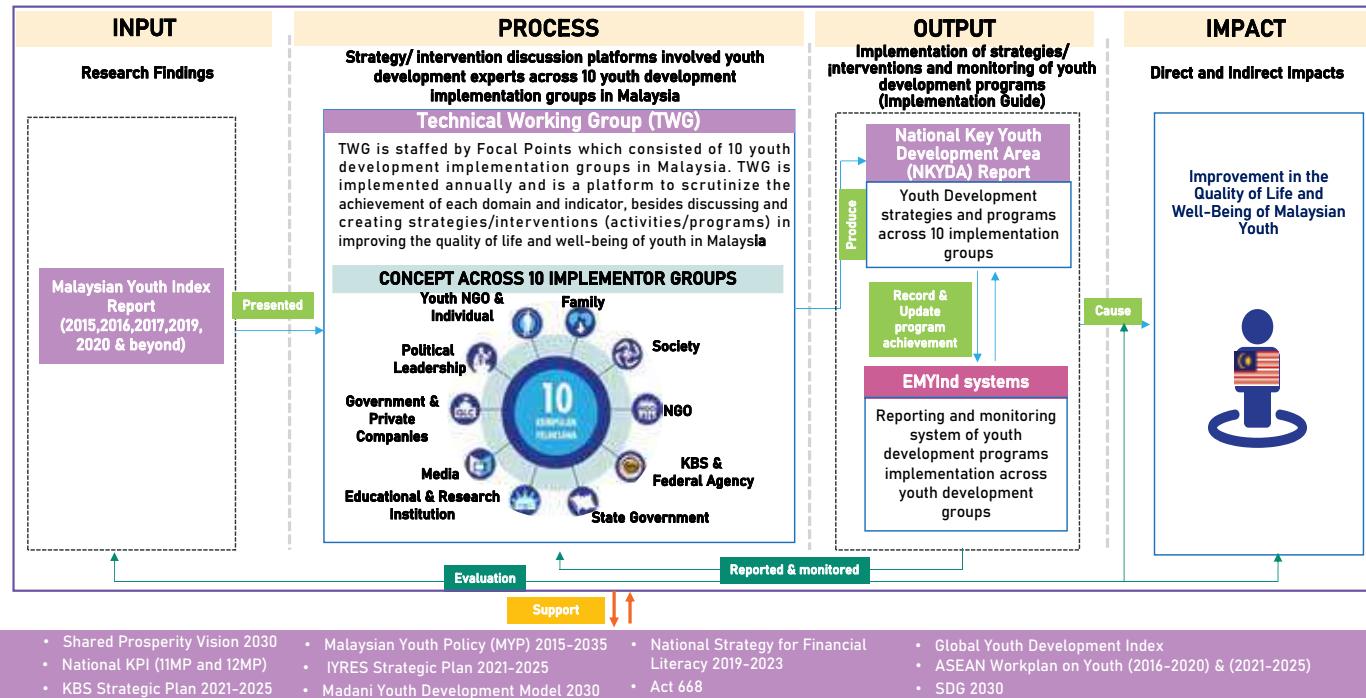
Source: GYDI 2016 & 2020



# MALAYSIAN YOUTH INDEX (MYI) ACHIEVEMENT IMPROVEMENT STRATEGY



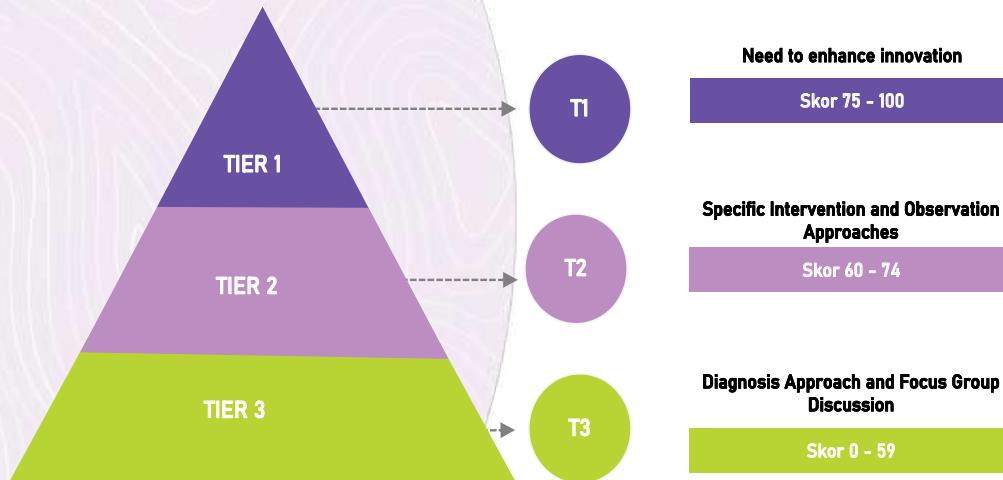
# IMPLEMENTATION ON MONITORING OF QUALITY OF LIFE AND WELL-BEING OF YOUTH THROUGH NATIONAL KEY YOUTH DEVELOPMENT AREA (NKYDA)



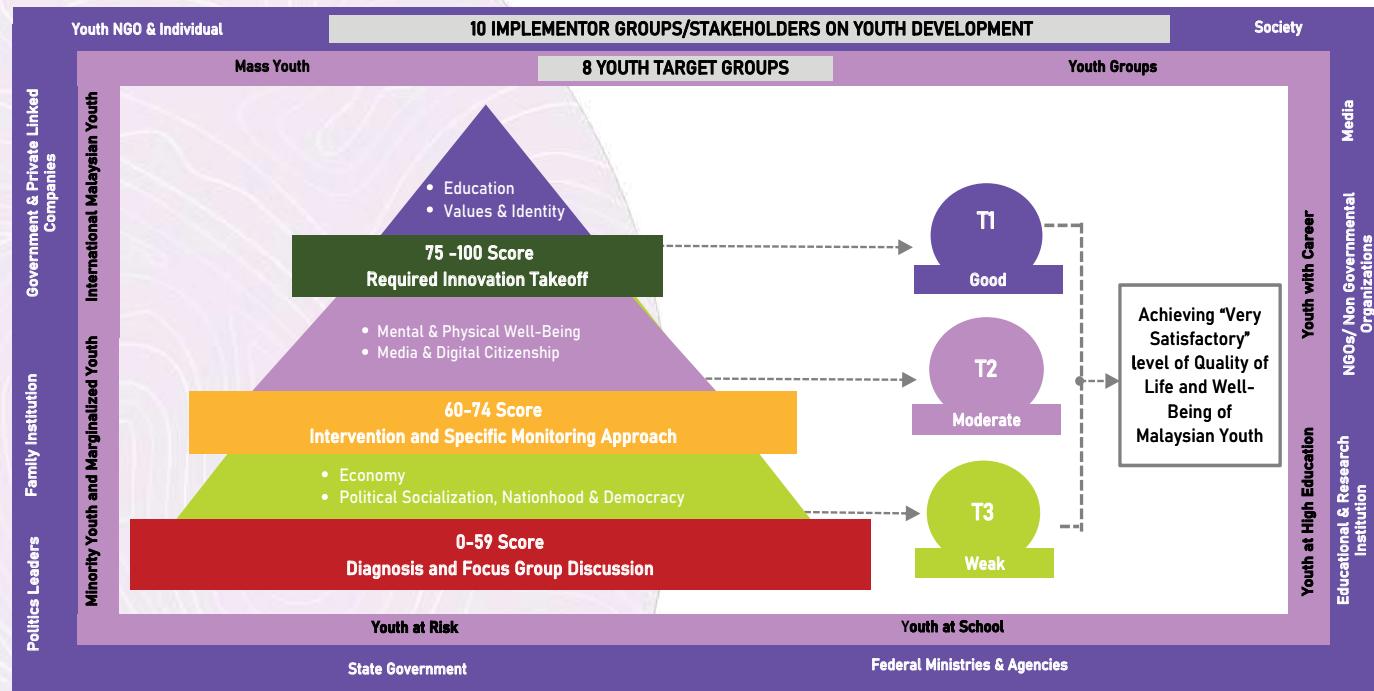
# STRATEGIES ACROSS YOUTH DEVELOPMENT IMPLEMENTERS/ STAKEHOLDERS

- The key challenges of youth development today is how to plan and implement programs that can maximumly impact the target group consistently, with limited sources of funding.
- The overall success of youth development programs can be determined if all stakeholders play their roles and functions as well as make MYI an input and reference in all youth programs and activities planning in Malaysia.

The Malaysian Youth Development Canvas Framework is proposed to be developed according to the three Tiers as follows:



# YOUTH DEVELOPMENT CANVAS FRAMEWORK



# FREQUENTLY ASKED QUESTIONS (FAQ)



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## What is Malaysian Youth Index (MYI) ?

Malaysian Youth Index is an index developed to measure the level of quality and well-being of youth in Malaysia and provide a more comprehensive description of the current status of the youth generation in the country.



## What are the elements or domains that are involved in MYI ? And how was this domain selection made

- a) MYI'15- MYI'20 has been developed with 12 Domains and 58 Indicators that are important in the development of the individual youth. Positive indicators are selected to be in tandem with positive youth development approach or "positive youth development (PYD)". The indicators have been developed are categorized into twelve (12) domains, namely:

- |                        |                             |
|------------------------|-----------------------------|
| 1. Self-Development    | 7. Economic Wellbeing       |
| 2. Social Relationship | Safety                      |
| 3. Identity            | Political Socialisation     |
| 4. Self-Potential      | Media Penetration           |
| 5. Health              | Leisure Time                |
| 6. Education           | Free from Deviant Behaviour |

- b) MYI'21 has been developed with Six Domains and 41 Indicators after going through improvement process based on current needs, based on analytic model and realignment with Global Youth Development Index (Global, ASEAN). These Indicators which has been developed are categorized into six domains, namely:

- |  |  |
|--|--|
| 1. Education   |  |
| 2. Economy   |  |
| 3. Mental & Physical Well-Being                      |  |
| 4. Political Socialization, Nationhood and Democracy |  |
| 5. Values & Identity                                 |  |
| 6. Media & Digital Citizenship                       |  |

Several syndication series (syndication) with youth development stakeholders involving various ministries, agencies, corporate companies, NGOs, academic experts, mass youth from various categories and individual who contributed ideas were implemented to obtain detailed information focused on development, quality and well-being of a comprehensive youth life.



## How was MYI developed?

MYI'15 – MYI'20 used review/survey utilizing questionnaire forms and score reports based on Primary data, while for MYI'21, review/survey method using the application of research system and score report based on Primary and Secondary data. Study sample selection represented youth population involving youth age categories, ethnicity, locality, gender and diverse background. The 2010 Census Calculation Block (CB) is used to determine the sample selection area to ensure that the target population has an equal opportunity to be selected. The advisory services of the Department of Statistic Malaysia (DOSM) are also taken into account to ensure that the samples involved are reflective of the national sampling.

Data collection was carried out by trained enumerators (IYRES Community Enumerator) representing 13 states and three (3) Federal Territories in Malaysia. A written manual covering all the required information has been provided along with a map of the Calculation Block (CB). A video clip recording of a simulation of the face-to-face interview handling session is also provided.



## What are MYI's improvement over previous years?

1. Data collection using the application of research system compared to previous years which utilized questionnaire forms.
2. Introduction of six domains and 41 Indicators compared to MYI'15 – MYI'20 which were reported through 12 domains and 58 indicators.
3. MYI'21 score report used Primary and Secondary data.
4. Change in target group respondents of 15-30 years old in-tandem with new definition of youth age based on Malaysian Youth Policy (MYP) 2015-2035.
5. Improvement in the benchmark for the score scale from four levels (poor, moderately good, good and very good) to six (6) levels (Very Unsatisfactory, Unsatisfactory, Less Satisfactory, Moderate, Satisfactory, Very Satisfactory) as required by current needs of youth development.
6. Commenced in 2016, the "Outcome" evaluation study of the Malaysian Youth Index will be implemented periodically for the purpose of monitoring and evaluating the performance of the quality of life and well-being of youth.



## To what extent is the MYI data validation done?

MYI data will be presented in Technical Working Group (TWG) platform which involves "Focal Point" across Ministries/Agencies/ Departments/ Academic Specialists/ Youth Development NGOs in Malaysia. TWG is implemented annually starting from 2016 and it is used as a platform to scrutinise the achievements of each domain and indicators in MYI based on the implementation of initiatives and programs carried out by the 10 implementor groups involving ministries and agencies related to Youth Development Agenda in Malaysia.



## Can this MYI be compared to other indices Internationally?

No. The measurements used are different, domains and indicators were formed based on socio-cultural and scope of development as well as current ecosystem in Malaysia. Additionally, the indices at international level were reported through secondary data only.



## Why the outcome evaluation for MYI'21 has to be implemented every year?

Outcome evaluation that is implemented annually after the formation of the Malaysian Youth Index 2021 (MYI'21) is more focused on the impact or outcome results from MYI'21 to measure the achievement of the quality of life and well-being of youth and the comparison can be seen annually based on the base year, 2021, and the achievement of scores may represent the need for improvisation in youth development activities by related youth stakeholders consisting of Youth NGO & Individual, Family, Community, NGOs, Ministry of Youth & Sports and Federal Agencies, State Government, Educational & Research Institution, Media, Government & Private Linked Companies and Political Leadership based on Malaysian Youth Policy (MYP) 2015-2035



## What are the importance of MYI to youth development in Malaysia?

1. As the benchmark to measure the quality of life and well-being of Malaysian youth.
2. Providing input for the formation or amendment of policies and principles.
3. Guiding the formation of action plans to improve the quality of life and well-being of Malaysian youth.
4. As an indicator to measure the achievement of Malaysian Youth Policy (MYP) 2015-2035; and
5. To guide stakeholders related to youth development.



## Who should use this MYI?

- |  |  |
|--|--|
| 1. Youth Development policy and principle makers   | 6. Youth Stakeholders  |
| 2. Corporate Bodies  | 7. Other individual with an interest in youth development management                                   |
| 3. Youth Leaders   |  |
| 4. Youth development experts   |  |
| 5. 8 Youth Target Groups namely:<br>i. Youth at School<br>ii. Youth at Higher Education<br>iii. Youth with Career<br>iv. Youth Groups<br>v. Mass Youth | vi. International Malaysian Youth<br>vii. Minority Youth and Marginalized Youth<br>viii. Youth at Risk |



## How can this book for information on MYI be obtained?

You can get this MYI collection as follows:

- **MYI Book Publishing:**  
Institute of Youth Research Malaysia  
Level 10, KBS Tower,  
No.27 Persiaran Perdana,  
62570 Putrajaya

OR can be downloaded free through IYRES Portal <http://www.iyres.gov.my>.

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